LARSON GREGORY J

Form 4

November 30, 2005

FORM 4 UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL

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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Form 4 or Form 5 obligations may continue. See Instruction

Check this box

if no longer

Section 16.

subject to

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

1(b).

Stock

(Print or Type Responses)

1. Name and Ad LARSON GF	ldress of Reporting P	Symbol	er Name and Ticker or Trading	5. Relationship of Reporting Person(s) to Issuer			
		HOST	MARRIOTT CORP/ [HMT]	(Check all applicable)			
(Last)	(First) (M	Giddle) 3. Date o	of Earliest Transaction				
6002 DOCKI	LEDGE DRIVE,		Day/Year)	Director 10% Owner X Officer (give title Other (specify			
1500	LEDGE DRIVE,	SUITE 11/29/2	2005	below) Sr. Vice President & Treasurer			
(Street)		4. If Ame	endment, Date Original	6. Individual or Joint/Group Filing(Check			
		Filed(Mo	onth/Day/Year)	Applicable Line) _X_ Form filed by One Reporting Person			
BETHESDA	, MD 20817			Form filed by More than One Reporting Person			
(City) (State) (Zip) Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned							
1.Title of Security (Instr. 3)	Security (Month/Day/Year) Execution		Code (D) (Instr. 8) (Instr. 3, 4 and 5)	5. Amount of Securities Form: Direct Indirect Beneficially (D) or Beneficial Owned Indirect (I) Ownership Following (Instr. 4) (Instr. 4) Reported			
			(A) or Code V Amount (D) Price	Transaction(s) (Instr. 3 and 4)			
Common Stock	11/29/2005		M 3,200 A \$ 8.24	25,087 D			
Deferred Bonus Stock Award				3,355 D			
Restricted Stock				21,307 D			

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474

(9-02)

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displays a currently valid OMB control number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	Secur Acqu (A) o Dispo (D)	rities nired or osed of r. 3, 4,	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amour Underlying Securit (Instr. 3 and 4)	
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amo or Num of Sh
Non-Qualified Stock Option (right to buy)	\$ 0	11/29/2005		M		3,200	11/01/2002	11/01/2017	Common Stock	3,2
Non-Qualified Stock Option (right to buy)	\$ 0						02/02/1999	02/02/2014	Common Stock	2,5
Non-Qualified Stock Option (right to buy)	\$ 0						11/02/1999	11/02/2014	Common Stock	11,2
Non-Qualified Stock Option (right to buy)	\$ 0						11/08/2000	11/08/2015	Common Stock	32,5
Non-Qualified Stock Option (right to buy)	\$ 0						11/02/2001	11/02/2016	Common Stock	10,0

Reporting Owners

Reporting Owner Name / Address	Relationships				
Transfer de la companya de la compan	Director	10% Owner	Officer	Other	
LARSON GREGORY J 6903 ROCKLEDGE DRIVE SUITE 1500 BETHESDA, MD 20817			Sr. Vice President & Treasurer		

Signatures

By: Elizabeth A. Abdoo For: Gregory J.
Larson 11/30/2005

**Signature of Reporting Person Date

Reporting Owners 2

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Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.