RECANATI OUDI

Form 4 June 23, 2006

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

OMB Number:

3235-0287

Expires:

January 31, 2005

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OMB APPROVAL

response...

if no longer subject to Section 16. Form 4 or Form 5

obligations

may continue.

See Instruction

Check this box

SECURITIES Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

30(h) of the Investment Company Act of 1940

1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person * **RECANATI OUDI**

2. Issuer Name and Ticker or Trading

Symbol

OVERSEAS SHIPHOLDING

5. Relationship of Reporting Person(s) to

Issuer

GROUP INC [OSG]

(Check all applicable)

(Last) (First) (Middle) 3. Date of Earliest Transaction (Month/Day/Year) 06/21/2006

_X__ Director Officer (give title

X__ 10% Owner _ Other (specify

9A CHEMIN DE LA PERRIERE, 1223, COLOGNY

> (Street) 4. If Amendment, Date Original

> > Filed(Month/Day/Year)

6. Individual or Joint/Group Filing(Check

Applicable Line)

X Form filed by One Reporting Person Form filed by More than One Reporting

GENEVA, V8 1223

(City)	(State)	(Zip) Table	e I - Non-D	erivative S	Securi	ties Acqu	ired, Disposed of	, or Beneficiall	y Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transactio Code (Instr. 8)	4. Securities Acquired on(A) or Disposed of (D) (Instr. 3, 4 and 5) (A) or		of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
Common Stock, par value \$1.00 per share	06/21/2006		Code V S	Amount 21,905 (1)	(D)	Price \$ 57	(Instr. 3 and 4) 681,874	D	
Common Stock, par value \$1.00 per share	06/21/2006		S	7,059 (1)	D	\$ 57.01	674,815	D	
Common Stock, par value \$1.00	06/21/2006		S	1,954 (1)	D	\$ 57.02	672,861	D	

per share							
Common Stock, par value \$1.00 per share	06/21/2006	S	322 (1)	D	\$ 57.03	672,539	D
Common Stock, par value \$1.00 per share	06/21/2006	S	943 (1)	D	\$ 57.04	671,596	D
Common Stock, par value \$1.00 per share	06/21/2006	S	1,770 (1)	D	\$ 57.05	669,826	D
Common Stock, par value \$1.00 per share	06/21/2006	S	1,172 (1)	D	\$ 57.06	668,654	D
Common Stock, par value \$1.00 per share	06/21/2006	S	230 (1)	D	\$ 57.07	668,424	D
Common Stock, par value \$1.00 per share	06/21/2006	S	46 (1)	D	\$ 57.08	668,378	D
Common Stock, par value \$1.00 per share	06/21/2006	S	115 (1)	D	\$ 57.09	668,263	D
Common Stock, par value \$1.00 per share	06/21/2006	S	138 (1)	D	\$ 57.1	668,125	D
Common Stock, par value \$1.00 per share	06/21/2006	S	138 (1)	D	\$ 57.13	667,987	D
Common Stock, par value \$1.00 per share	06/21/2006	S	253 (1)	D	\$ 57.14	667,734	D
Common Stock, par value \$1.00 per share	06/21/2006	S	276 (1)	D	\$ 57.15	667,458	D

Common Stock, par value \$1.00 per share	06/21/2006	S	529 (1)	D	\$ 57.16	666,929	D
Common Stock, par value \$1.00 per share	06/21/2006	S	276 (1)	D	\$ 57.17	666,653	D
Common Stock, par value \$1.00 per share	06/21/2006	S	138 (1)	D	\$ 57.18	666,515	D
Common Stock, par value \$1.00 per share	06/21/2006	S	368 (1)	D	\$ 57.19	666,147	D
Common Stock, par value \$1.00 per share	06/21/2006	S	253 (1)	D	\$ 57.2	665,894	D
Common Stock, par value \$1.00 per share	06/21/2006	S	92 (1)	D	\$ 57.21	665,802	D
Common Stock, par value \$1.00 per share	06/21/2006	S	138 (1)	D	\$ 57.23	665,664	D
Common Stock, par value \$1.00 per share	06/21/2006	S	184 (1)	D	\$ 57.25	665,480	D
Common Stock, par value \$1.00 per share	06/21/2006	S	621 (1)	D	\$ 57.26	664,859	D
Common Stock, par value \$1.00 per share	06/21/2006	S	115 (1)	D	\$ 57.27	664,744	D
Common Stock, par value \$1.00 per share	06/21/2006	S	161 (1)	D	\$ 57.28	664,583	D
	06/21/2006	S	114 (1)	D		664,697	D

Common \$ Stock, par 57.29

value \$1.00 per share

Common

Stock, par value \$1.00 $I_{\frac{(2)}{2}}$ (2)

per share

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474

(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

•	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transact Code (Instr. 8)	5. ionNumber of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		ate	7. Titl Amou Under Secur (Instr.	int of lying	8. Price of Derivative Security (Instr. 5)	
				Code \	7 (A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		

Reporting Owners

Reporting Owner Name / Address	Kelationships						
- 0	Director	10% Owner	Officer	Other			
RECANATI OUDI							
9A CHEMIN DE LA PERRIERE	X	X					
1223, COLOGNY	Λ	Λ					
GENEVA V8 1223							

Signatures

/s/James I. Edelson, Attorney-in-Fact pursuant to a power of attorney previously filed

06/23/2006

9. Nu Deriv Secur Bene Own Follo Repo Trans (Instr

**Signature of Reporting Person

Date

Reporting Owners 4

Explanation of Responses:

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Sold pursuant to a trading plan adopted pursuant to Rule 10b5-1 under the Securities Exchange Act of 1934, as amended.
- (2) Held indirectly through various entities.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.