FIRST HORIZON NATIONAL CORP

Form 4

August 29, 2016

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

OMB Number:

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OMB APPROVAL

if no longer subject to Section 16. Form 4 or Form 5 obligations

Check this box

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section may continue.

30(h) of the Investment Company Act of 1940

1(b).

(Last)

(Print or Type Responses)

See Instruction

1. Name and Address of Reporting Person * Valine Yousef A.

(First)

(Street)

2. Issuer Name and Ticker or Trading

Symbol

FIRST HORIZON NATIONAL

CORP [FHN]

(Month/Day/Year)

165 MADISON AVENUE 08/26/2016

(Middle)

4. If Amendment, Date Original

3. Date of Earliest Transaction

Filed(Month/Day/Year)

5. Relationship of Reporting Person(s) to

Issuer

(Check all applicable)

Director 10% Owner Other (specify _X__ Officer (give title . below)

EVP & Chief Risk Officer

6. Individual or Joint/Group Filing(Check

Applicable Line)

X Form filed by One Reporting Person Form filed by More than One Reporting

Person

MEMPHIS, TN 38103

(City)	(State)	(Zip) Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned									
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. 4. Securities Acquired (A) Transactionr Disposed of (D) Code (Instr. 3, 4 and 5) (Instr. 8)				5. Amount of Securities Beneficially Owned Following Reported Transaction(s)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
			Code V	Amount	or (D)	Price	(Instr. 3 and 4)	,			
Common Stock	08/26/2016		M	59,196	A	\$ 9.46	219,642	D			
Common Stock	08/26/2016		S	3,600 (1)	D	\$ 15.035	216,042	D			
Common Stock	08/26/2016		S	11,952 (1)	D	\$ 15.04	204,090	D			
Common Stock	08/26/2016		S	8,801 (1)	D	\$ 15.045	195,289	D			
Common Stock	08/26/2016		S	600 (1)	D	\$ 15.05	194,689	D			

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Common Stock	08/26/2016	S	31,543 (1)	D	\$ 15.055	163,146	D	
Common Stock	08/26/2016	S	500 (1)	D	\$ 15.058	162,646	D	
Common Stock	08/26/2016	S	100 (1)	D	\$ 15.06	162,546	D	
Common Stock	08/26/2016	S	500 (1)	D	\$ 15.061	162,046	D	
Common Stock	08/26/2016	S	1,600 (1)	D	\$ 15.065	160,446	D	
Common Stock						3,896	I	401(k)

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative	2. Conversion	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if	4. 5. Number of TransactionDerivative		6. Date Exercisable and Expiration Date		7. Title and Amount of Underlying Securities		
Security (Instr. 3)	or Exercise Price of Derivative Security	(Monan Day) Tean)	any (Month/Day/Year)	Code Securities (Instr. 8) Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		(Month/Day/Year)		(Instr. 3 and 4)		
				Code V		(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Stock Options (Right to Buy)	\$ 9.46	08/26/2016		M		59,196	02/14/2013	02/14/2019	Common Stock	59,196

Reporting Owners

Reporting Owner Name / Address	Relationships							
1	Director	10% Owner	Officer	Other				
Valine Yousef A. 165 MADISON AVENUE MEMPHIS, TN 38103			EVP & Chief Risk Officer					

Reporting Owners 2

Signatures

/s/ John A. Niemoeller, attorney-in-fact

08/29/2016

**Signature of Reporting Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Sales of option shares intended to cover the cost of exercise including taxes and for other purposes.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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