

Kinzler Morton H.  
Form 4  
September 30, 2010

# FORM 4

**UNITED STATES SECURITIES AND EXCHANGE COMMISSION  
Washington, D.C. 20549**

OMB APPROVAL

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## STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person \*  
Kinzler Morton H.

2. Issuer Name and Ticker or Trading Symbol  
BARNWELL INDUSTRIES INC  
[BRN]

5. Relationship of Reporting Person(s) to Issuer

(Check all applicable)

(Last) (First) (Middle)

3. Date of Earliest Transaction  
(Month/Day/Year)

Director  10% Owner  
 Officer (give title below)  Other (specify below)

1100 ALAKEA STREET, SUITE 2900

09/29/2010

Chairman and CEO

(Street)

4. If Amendment, Date Original Filed(Month/Day/Year)

6. Individual or Joint/Group Filing(Check Applicable Line)  
 Form filed by One Reporting Person  
 Form filed by More than One Reporting Person

HONOLULU, HI 96813

(City) (State) (Zip)

### Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Ownership (Instr. 4)
			Code	V	Amount or Price (A) or (D)		
Common Stock	09/29/2010		P		200 A \$ 3.04	1,343,608 <sup>(1)</sup>	D
Common Stock	09/29/2010		P		100 A \$ 3.13	1,343,708 <sup>(1)</sup>	D
Common Stock	09/29/2010		P		100 A \$ 3.2	1,343,808 <sup>(1)</sup>	D
Common Stock	09/29/2010		P		100 A \$ 3.21	1,343,908 <sup>(1)</sup>	D
Common Stock	09/29/2010		P		100 A \$ 3.22	1,344,008 <sup>(1)</sup>	D

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Common Stock	09/29/2010	P	100	A	\$ 3.24	1,344,108 <sup>(1)</sup>	D
Common Stock	09/29/2010	P	100	A	\$ 3.04	1,344,208 <sup>(1)</sup>	D
Common Stock	09/29/2010	P	100	A	\$ 3.11	1,344,308 <sup>(1)</sup>	D
Common Stock	09/29/2010	P	100	A	\$ 3.04	1,344,408 <sup>(1)</sup>	D
Common Stock	09/29/2010	P	100	A	\$ 3.15	1,344,508 <sup>(1)</sup>	D
Common Stock	09/29/2010	P	400	A	\$ 3.2	1,344,908 <sup>(1)</sup>	D
Common Stock	09/29/2010	P	2,200	A	\$ 3.24	1,347,108 <sup>(1)</sup>	D
Common Stock	09/29/2010	P	100	A	\$ 3.34	1,347,208 <sup>(1)</sup>	D
Common Stock	09/29/2010	P	500	A	\$ 3.14	1,347,708 <sup>(1)</sup>	D
Common Stock	09/29/2010	P	100	A	\$ 3.2	1,347,808 <sup>(1)</sup>	D
Common Stock	09/29/2010	P	600	A	\$ 3.2	1,348,408 <sup>(1)</sup>	D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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(9-02)

**Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned**  
(e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)	7. Title and Amount of Underlying Securities (Instr. 3 and 4)	8. Price of Derivative Security (Instr. 5)	9. Number of Derivative Securities Beneficially Owned (Instr. 6)
				Code	V (A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares

## Reporting Owners

Reporting Owner Name / Address	Relationships			
	Director	10% Owner	Officer	Other
Kinzler Morton H. 1100 ALAKEA STREET SUITE 2900 HONOLULU, HI 96813	X	X	Chairman and CEO	

## Signatures

Morton H. Kinzler	09/29/2010
**Signature of Reporting Person	Date

## Explanation of Responses:

- \* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

(1) Includes 1,848 shares owned by the reporting person's spouse, to which the reporting person disclaims beneficial ownership.

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