| Symmetry Medical Inc. |
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| Form 8-K              |
| October 30, 2014      |

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#### SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

#### FORM 8-K

#### **CURRENT REPORT**

Pursuant to Section 13 or 15(d) of the Securities Exchange Act of 1934

Date of Report (Date of earliest event reported): October 30, 2014

#### SYMMETRY MEDICAL INC.

(Exact name of Registrant as specified in its charter)

Delaware 001-32374 35-1996126 (State or other jurisdiction (IRS Employer

(Commission File Number)

of incorporation) Identification No.)

3724 N State Road 15, Warsaw, Indiana 46582

(Address of Principal executive offices, including Zip Code)

(574) 268-2252

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(Registrant's telephone number, including area code)

## (Former name or former address, if changed since last report)

Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions (see General Instruction A.2. below):

"Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)

"Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)

"Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))

"Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))

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#### Item 2.02. Results of Operations and Financial Condition

On October 30, 2014, Symmetry Medical Inc. ("Symmetry") issued a press release entitled, "Symmetry Medical Reports Third Quarter 2014 Financial Results," in which it announced its third fiscal quarter 2014 financial results.

A copy of this press release is being furnished as Exhibit 99.1.

### Item 9.01. Financial Statements and Exhibits

(d) Exhibits

99.1 "Symmetry Medical Reports Third Quarter 2014 Financial Results," Press Release issued by Symmetry Medical, Inc. dated October 30, 2014.

#### **SIGNATURES**

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

## **Symmetry Medical Inc.**

/s/ Fred L. Hite

Date: October 30, 2014 Name: Fred L. Hite

Title: Chief Financial Officer

## **EXHIBIT INDEX**

# **Exhibit Description**

99.1 "Symmetry Medical Reports Third Quarter 2014 Financial Results," Press Release issued by Symmetry Medical, Inc. dated October 30, 2014.