

SONDE RESOURCES CORP.  
Form 40-F  
March 27, 2014

UNITED STATES  
SECURITIES AND EXCHANGE COMMISSION  
Washington, D.C. 20549

FORM 40-F

REGISTRATION STATEMENT PURSUANT TO SECTION 12 OF THE  
SECURITIES EXCHANGE ACT OF 1934

ANNUAL REPORT PURSUANT TO SECTION 13(a) OR 15(d) OF THE  
SECURITIES EXCHANGE ACT OF 1934

For the fiscal year ended December 31, 2013

Commission File Number: 1-31395

Sonde Resources Corp.  
(Exact name of Registrant as specified in its charter)

Alberta (Province or other Jurisdiction of Incorporation or Organization)	1311 (Primary Standard Industrial Classification Code Number)	98-1006618 (I.R.S. Employer Identification No.)
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Suite 3100, 500-4<sup>th</sup> Avenue SW  
Calgary, Alberta, Canada  
T2P 2V6  
(403) 294-1411  
(Address and telephone number of Registrant's principal executive offices)

CT Corporation System  
111 Eighth Avenue  
New York, New York, 10011  
(212) 894-8940  
(Name, address (including zip code) and telephone number  
(including area code) of agent for service in the United States)

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Securities registered or to be registered pursuant to Section 12(b) of the Act:

Title of Each Class	Name of Each Exchange on Which Registered
Common Shares	NYSE MKT LLC

Securities registered or to be registered pursuant to Section 12(g) of the Act:  
None

Securities for which there is a reporting obligation pursuant to Section 15(d) of the Act:  
None

For annual reports, indicate by check mark the information filed with this Form:

Annual information form

Audited annual financial statements

Indicate the number of outstanding shares of each of the issuer's classes of capital or common stock as of the close of the period covered by the annual report:

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The Registrant had 56,071,313 Common Shares outstanding as at December 31, 2013

Indicate by check mark whether the Registrant (1) has filed all reports required to be filed by Section 13 or 15(d) of the Exchange Act during the preceding 12 months (or for such shorter period that the Registrant was required to file such reports) and (2) has been subject to such filing requirements for the past 90 days.

Yes  No

Indicate by check mark whether the Registrant has submitted electronically and posted on its corporate Web site, if any, every Interactive Data File required to be submitted and posted pursuant to Rule 405 of Regulation S-T (§232.405 of this chapter) during the preceding 12 months (or for such shorter period that the Registrant was required to submit and post such files).

Yes  No

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#### A. Disclosure Controls and Procedures

Disclosure controls and procedures are defined in Rule 13a-15(e) under the Exchange Act as those controls and other procedures that are designed to ensure that information required to be disclosed by the Registrant in reports filed or submitted by it under the Exchange Act is recorded, processed, summarized and reported within the time periods specified in the United States Securities and Exchange Commission's (the "SEC") rules and forms and designed to ensure that such information required to be disclosed by the Registrant is accumulated and communicated to our management, including our Chief Executive Officer and Chief Financial Officer, as appropriate to allow timely decisions regarding required disclosure.

The Registrant's Chief Executive Officer and Chief Financial Officer have evaluated the Registrant's disclosure controls and procedures as of the end of the period covered by this Annual Report and have determined that such disclosure controls and procedures were effective. See "Management's Discussion and Analysis of Operations and Financial Position - Disclosure controls and procedures and internal control over financial reporting" included in Exhibit 1.3 to this Annual Report.

#### B. Management's Annual Report on Internal Control Over Financial Reporting

See "Management's Discussion and Analysis of Operations and Financial Position - Management's annual report on internal control over financial reporting" for the fiscal year ended December 31, 2013 included in Exhibit 1.3 to this Annual Report. The Registrant's external auditors, Deloitte LLP, have issued an attestation report on management's assessment of the Registrant's internal control over financial reporting.

#### C. Attestation Report of the Registered Public Accounting Firm

The attestation report of Deloitte LLP, dated March 27, 2014, accompanies the Registrant's audited consolidated financial statements for the fiscal year ended December 31, 2013, filed as Exhibit 1.2 to this Annual Report.

#### D. Changes in Internal Control Over Financial Reporting

See "Management's Discussion and Analysis of Operations and Financial Position - Disclosure controls and procedures and internal control over financial reporting" included in Exhibit 1.3 to this Annual Report.

#### E. Audit Committee Financial Expert

The Registrant's board of directors has determined that W. Gordon Lancaster is an audit committee financial expert serving on our audit committee (as defined in paragraph 8(b) of General Instruction B to Form 40-F). The Registrant's board of directors has determined that Mr. Lancaster is independent within the meaning of Rule 10A-3 under the Exchange Act and Section 803A of the NYSE Amex Company Guide. For a description Mr. Lancaster's relevant experience in financial matters, see his employment history in the section "Directors and Officers" in our Annual Information Form for the year ended December 31, 2013, which is filed as Exhibit 1.1 to this Annual Report.

The SEC has indicated that the designation or identification of a person as an audit committee financial expert does not make such person an "expert" for any purpose, impose any duties, obligations or liability on such person that are greater than those imposed on members of the audit committee and the board of directors who do not carry this designation or identification, or affect the duties, obligations or liability of any other member of the audit committee or board of directors.

#### F. Code of Ethics

The Registrant's board of directors has adopted a code of business conduct and ethics that applies to all directors, officers, employees and consultants, including its Chief Executive Officer, Chief Financial Officer and other senior officers. The Registrant will provide a copy of the code of business conduct and ethics without charge to any person that requests a copy by contacting the Chief Financial Officer of the Registrant at the address that appears on the cover page of this Annual Report.

#### G. Principal Accountant Fees and Services

##### Audit Fees

The aggregate fees billed by Deloitte LLP, the Registrant's external auditors, for the fiscal years ended December 31, 2013 and 2012 for professional services rendered by Deloitte LLP for the audit of the Registrant's annual financial statements or services that are normally provided by Deloitte LLP in connection with statutory and regulatory filings or engagements for such years were Cdn\$319,395 and Cdn\$352,725, respectively.

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### Audit-Related Fees

The aggregate fees billed by Deloitte LLP for the fiscal years ended December 31, 2013 and 2012 for assurance and related services rendered by it that are reasonably related to the performance of the audit or review of the Registrant's financial statements and that are not reported above as "audit fees" were Cdn\$30,709 and Cdn\$6,125, respectively. Such fees were paid for services rendered in connection with the review of the Registrant's quarterly financial statements and management's discussion thereon and consulting with the board of directors and audit committee regarding financial reporting and accounting standards.

### Tax Fees

The aggregate fees billed by Deloitte LLP for the fiscal years ended December 31, 2013 and 2012 for professional services rendered by it for tax compliance, tax advice, tax planning and other services were Cdn\$33,705 and Cdn\$66,554, respectively. Such fees were paid for services rendered in connection with the preparation of tax returns during the fiscal year ended December 31, 2012 and December 31, 2011.

### Audit Committee Pre-Approval Policies and Procedures

All audit and non-audit services performed by the Registrant's external auditor are pre-approved by the audit committee of the Registrant.

### H. Off-Balance Sheet Arrangements

The Registrant is not a party to any off-balance sheet arrangements that have or are reasonably likely to have a current or future effect on its financial condition, changes in financial condition, revenues or expenses, results of operations, liquidity, capital expenditures or capital resources that is material to investors.

### I. Tabular Disclosure of Contractual Obligations

The following table sets out aggregate information about the Registrant's contractual obligations:

(CDN\$ thousands)	2014	2015	2016	2017	2018	Thereafter	Total
Accounts payable and accrued liabilities	10,135	—	—	—	—	—	10,135
Share based compensation liability	326	—	—	—	—	—	326
North Africa exploration commitments	31,908	15,954	—	—	—	—	47,862
Office rent payable	1,492	1,507	1,513	1,513	1,528	5,751	13,304
	43,861	17,461	1,513	1,513	1,528	5,751	71,627

### J. Identification of the Audit Committee

The Registrant has established a separately-designated standing audit committee in accordance with Section 3(a)(58)(A) of the Exchange Act. The audit committee is comprised of W. Gordon Lancaster, Kerry Brittain and William Roach. Each of the members of the audit committee is independent as that term is defined by the rules and regulations of the NYSE MKT LLC.

### K. Critical Accounting Policies

See "Management's Discussion and Analysis of Operations and Financial Position - Critical Accounting Estimates," included in Exhibit 1.3 to this Annual Report.

#### UNDERTAKING AND CONSENT TO SERVICE OF PROCESS

##### A. Undertaking

The Registrant undertakes to make available, in person or by telephone, representatives to respond to inquiries made by the SEC staff, and to furnish promptly, when requested to do so by the SEC staff, information relating to the securities in relation to which the obligation to file an annual report on Form 40-F arises or transactions in said securities.

##### B. Consent to Service of Process

The Registrant has previously filed with the SEC a Form F-X in connection with its common shares. Any change to the name or address of the agent for service of process shall be communicated promptly to the SEC by an amendment to the Form F-X.

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EXHIBITS

The following exhibits are filed as part of this Annual Report:

Number	Description
1.1	Annual Information Form for the year ended December 31, 2013
1.2	Audited Consolidated Financial Statements for the year ended December 31, 2013
1.3	Management's Discussion and Analysis for the year ended December 31, 2013
23.1	Consent of Deloitte LLP
23.2	Consent of GLJ Petroleum Consultants
31.1	Section 302 Certifications
32.1	Section 906 Certifications

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SIGNATURE

Pursuant to the requirements of the Exchange Act, the Registrant certifies that it meets all of the requirements for filing on Form 40-F and has duly caused this annual report to be signed on its behalf by the undersigned, thereto duly authorized.

Dated: March 27, 2014

SONDE RESOURCES CORP.

By: /S/ Toufic Nassif

Name: Toufic Nassif

Title: President and Chief Executive Officer