PUCHNER ALEX

Form 4 January 15, 2009

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

OMB APPROVAL

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if no longer subject to Section 16. Form 4 or Form 5

Check this box

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, obligations Section 17(a) of the Public Utility Holding Company Act of 1935 or Section may continue. 30(h) of the Investment Company Act of 1940 See Instruction

(Print or Type Responses)

1(b).

1. Name and Address of Reporting Person * PUCHNER ALEX			2. Issuer Name and Ticker or Trading Symbol BJs RESTAURANTS INC [BJRI]	5. Relationship of Reporting Person(s) to Issuer		
(Last)	(First)	(Middle)	3. Date of Earliest Transaction	(Check all applicable)		
			(Month/Day/Year)	Director 10% Owner		
7755 CENTER 300	AVENUE,	SUITE	12/31/2008	X Officer (give title Other (specification) Sr. Vice President Brewing Ops		
	(Street)		4. If Amendment, Date Original	6. Individual or Joint/Group Filing(Check		
HUNTINGTO	N BEACH,	CA 92647	Filed(Month/Day/Year)	Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person		

(City)	(State)	(Zip) Table	e I - Non-D)erivative	Secur	rities Acq	uired, Disposed o	f, or Beneficial	ly Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securion(A) or D (Instr. 3,	ispose 4 and (A) or	ed of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
Common Stock, no par value							51,455 <u>(5)</u>	I	By Trust
Common Stock	12/31/2008		A	5,000	A	\$ 10.11	0 (4)	D	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transacti Code (Instr. 8)	5. Number of orDerivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisal Expiration Date (Month/Day/Yea		7. Title and 2 Underlying 9 (Instr. 3 and	Securitie
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amour or Number of Shar
Common Stock Purchase Option	\$ 3.65					06/08/2002(1)	06/08/2011	Common Stock	75,00
Common Stock Purchase Option	\$ 13.57					02/09/2005(2)	04/15/2014	Common Stock	2,50
Common Stock Purchase Option	\$ 15.5					02/22/2007(3)	02/22/2015	Common Stock	4,57
Common Stock Purchase Option	\$ 23.26					01/04/2007(2)	01/04/2016	Common Stock	10,00
Common Stock Purchase Option	\$ 19.96					01/03/2008(2)	01/03/2017	Common Stock	7,50
Non Qualified Stock Options	\$ 16.63					01/02/2009(2)	01/02/2018	Common Stock	4,70
Non Qualified Stock Options	\$ 10.11	12/31/2008		A	10,500	12/31/2009 <u>(2)</u>	12/31/2018	Common Stock	10,50

Reporting Owners

Reporting Owner Name / Address		Relationships						
	Director	10% Owner	Officer	Other				

Reporting Owners 2

PUCHNER ALEX 7755 CENTER AVENUE SUITE 300 HUNTINGTON BEACH, CA 92647

Sr. Vice President Brewing Ops

Signatures

Dianne Scott, Attorney-in-fact for Alex Puchner

01/15/2009

**Signature of Reporting Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) The options vest 33 1/3% per year beginning on the first anniversary of the date of grant.
- (2) The options vest 20% per year beginning on the first anniversary of the date of grant.
- (3) The options vest 33 1/3% per year beginning on the third anniversary of the date of grant.
- (4) These shares represent a restricted stock award vesting in five equal installments beginning on 12/31/2009.
- (5) Of this amount 1955 shares represent a restricted stock award vesting in five equal installments beginning on 1/2/2009 and 49,500 shares are held in by Trust.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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