## Edgar Filing: BARD JOHN F - Form 4

BARD JOHN Form 4	F										
July 07, 2011 <b>FORM</b>	4 UNITED S	Washington, D.C. 20549         STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES         Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section         20(b) of the Invastment Company Act of 1940								PPROVAL 3235-0287	
Check this if no longe subject to Section 16 Form 4 or Form 5 obligations may contin <i>See</i> Instruct 1(b).	Filed purson Filed purson Section 17(a)									January 31 Expires: 200 Estimated average burden hours per response 0.	
(Print or Type Ro	esponses)										
BARD JOHN F Symbol WEIGH				uer Name <b>and</b> Ticker or Trading l GHT WATCHERS RNATIONAL INC [WTW]				5. Relationship of Reporting Person(s) to Issuer (Check all applicable)			
				f Earliest Transaction Day/Year) 011				_X_Director10% Owner Officer (give title below) Other (specify below)			
				ndment, Date Original tth/Day/Year)				<ul> <li>6. Individual or Joint/Group Filing(Check</li> <li>Applicable Line)</li> <li>_X_ Form filed by One Reporting Person</li> <li> Form filed by More than One Reporting</li> </ul>			
NEW YORK	L, NY 10010							Person	More than One R	eporting	
(City)	(State) (Z	Zip)	Table	I - Non-De	erivative S	Securit	ties Ace	quired, Disposed o	of, or Beneficia	lly Owned	
1.Title of Security (Instr. 3)	ecurity (Month/Day/Year) Execution		n Date, if	3. Transactic Code (Instr. 8)	Disposed (Instr. 3,	(A) o of (D 4 and (A) or	) 5)	Securities Beneficially Owned	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
Common Stock	07/05/2011			Code V A	Amount 123 (1)	(D) A	Price \$ 0	10,481	D		
Common Stock								3,266	I	By Trust	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	4. Transactio Code (Instr. 8)	5. ofNumber of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		ate	7. Titl Amou Under Secur (Instr.	int of rlying	8. Price of Derivative Security (Instr. 5)	9. Nu Deriv Secur Bene Owne Follo Repo Trans (Instr
			Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		

## **Reporting Owners**

<b>Reporting Owner Name / Address</b>	Relationships							
FB	Director	10% Owner	Officer	Other				
BARD JOHN F 11 MADISON AVE., 17TH FLOOR NEW YORK, NY 10010	Х							
Signatures								
/s/ Stephanie Delavale, as Attorney-In Bard	07	//07/2011						
<u>**</u> Signature of Reporting Perso	Date							

## **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) The shares listed represent shares of Common Stock subject to transfer restrictions.
- (2) The name of the trust is the John F. Bard Trust.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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