VALMONT INDUSTRIES INC

Form 4 May 11, 2006

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

OMB Number:

3235-0287

Expires:

January 31, 2005

0.5

Estimated average burden hours per

response...

OMB APPROVAL

if no longer subject to Section 16. Form 4 or Form 5 obligations

may continue.

Check this box

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940 See Instruction

1(b).

Stock

(Print or Type Responses)

POGGE P THOMAS Symbol			ALMONT INDUSTRIES INC				5. Relationship of Reporting Person(s) to Issuer (Check all applicable)			
(Last) 1715 NOR'	. , , , , , , , , , , , , , , , , , , ,			Pate of Earliest Transaction onth/Day/Year)				Director 10% Owner X Officer (give title Other (specify below)		
OMAHA	Filed(Mo			nendment, Date Original (onth/Day/Year)				6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person _Form filed by More than One Reporting		
OMAHA, I	NE 08114							Person		1 0
(City)	(State)	(Zip)	Tab	le I - Non-	Derivative	Secur	ities Acqu	uired, Disposed o	f, or Beneficial	lly Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	Executio any	med n Date, if Day/Year)	3. Transacti Code (Instr. 8)	4. Securit or(A) or Di (Instr. 3,	sposed	of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
Common Stock	05/09/2006			Code V S	Amount 1,300	(D)	Price \$ 56.4	3,114	D	
Common Stock	05/09/2006			M	1,300	A	\$ 13.91	4,414	D	
Common Stock	05/09/2006			M	2,000	A	\$ 24.78	6,414	D	
Common Stock	05/09/2006			M	5,500	A	\$ 21.88	11,914	D	
Common Stock	05/09/2006			M	3,667	A	\$ 23.46	15,581	D	

23.46

Edgar Filing: VALMONT INDUSTRIES INC - Form 4

Common Stock	05/10/2006	S	11,167	D	\$ 56	4,414	D	
Common Stock						1,209	I	by Managed Account

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

SEC 1474

(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	5. Number out Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amour Underlying Securit (Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amo or Num of Share
Non-Qualified Stock Option (right to buy)	\$ 13.91	05/09/2006		M	1,300	12/16/2002	12/15/2011	Common Stock	1,3
Non-Qualified Stock Option (right to buy)	\$ 21.88	05/09/2006		M	5,500	12/15/2003	12/14/2012	Common Stock	5,5
Non-Qualified Stock Option (right to buy)	\$ 23.46	05/09/2006		M	3,667	12/14/2004	12/14/2013	Common Stock	3,6
Non-Qualified Stock Option (right to buy)	\$ 24.78	05/09/2006		M	2,000	12/19/2005	12/19/2014	Common Stock	2,0

Reporting Owners

Reporting Owner Name / Address	Relationships						
1 8	Director	10% Owner	Officer	Other			
POGGE P THOMAS			VP - General Counsel				
1715 NORTH 102ND STREET							

Reporting Owners 2

Edgar Filing: VALMONT INDUSTRIES INC - Form 4

OMAHA, NE 68114

Signatures

By: Terry J. McClain For: P. Thomas Pogge 05/11/2006

**Signature of Reporting Person Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

Signatures 3