QEP RESOURCES, INC.

Form 4

August 03, 2010

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB Number: 3235-0287

OMB APPROVAL

Check this box if no longer subject to Section 16.

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Expires: January 31, 2005
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0.5

Form 4 or Form 5 obligations may continue.

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

burden hours per response...

may continue.

See Instruction

30(h) of the Investment Company Act of 1940

1040

1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person ** RATTIE KEITH O			2. Issuer Name and Ticker or Trading Symbol	5. Relationship of Reporting Person(s) to Issuer		
			QEP RESOURCES, INC. [QEP]	(Check all applicable)		
(Last)	(First)	(Middle)	3. Date of Earliest Transaction			
			(Month/Day/Year)	X Director 10% Owner		
1050 17TH STREET, SUITE 500			07/30/2010	Officer (give title below) Other (specify below)		
	(Street)		4. If Amendment, Date Original	6. Individual or Joint/Group Filing(Check		
			Filed(Month/Day/Year)	Applicable Line)		
				X Form filed by One Reporting Person		
DENVER, CO 80265				Form filed by More than One Reporting Person		
(City)	(Ctata)	(7:n)				
(City)	(State)	(Zip)	Table I - Non-Derivative Securities Acc	quired, Disposed of, or Beneficially Owner		

(City)	(State)	(Zip) Tab	ole I - Non-	Derivative	Secui	rities Acq	uired, Disposed o	of, or Benefici	ally Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. 4. Securities Acquired Transaction(A) or Disposed of (D) Code (Instr. 3, 4 and 5) (Instr. 8)				5. Amount of Securities Beneficially Owned Following	6. Ownership Form: Direct (D) or Indirect	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code V	Amount	(A) or (D)	Price	Reported Transaction(s) (Instr. 3 and 4)	(I) (Instr. 4)	
Common Stock	07/30/2010		M	14,584	A		284,916	D	
Common Stock	07/30/2010		M	8,714	A	\$ 7.78	293,630	D	
Common Stock	07/30/2010		M	2,826	A	\$ 23.98	296,456	D	
Common Stock							2,539.4947 (1)	I	Employee Investment Plan

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474 (9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	Secu Acqu or Di (D)	rities nired (A) isposed of r. 3, 4,	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount Number Shares
Stock Option	\$ 9.29 (2)	07/30/2010		M		14,584	08/01/2001	02/01/2011	Common Stock	14,584
Stock Option	\$ 7.78 (2)	07/30/2010		M		8,714	08/11/2002	02/11/2012	Common Stock	8,714
Stock Option	\$ 23.98 (2)	07/30/2010		M		2,826	(3)	03/05/2016	Common Stock	2,826
Phantom Stock Units	\$ 0						<u>(4)</u>	<u>(4)</u>	Phantom Stock Units	0
Restricted Stock Unit	\$ 0						(5)	(5)	Common Stock	0
Stock Option	\$ 9.49 (2)						08/13/2001	02/13/2011	Common Stock	200,00
Stock Option	\$ 9.19 (2)						08/11/2003	02/11/2013	Common Stock	300,00
Stock Option	\$ 27.84 (2)						<u>(6)</u>	02/13/2015	Common Stock	80,000
Stock Option	\$ 36.48 (2)						<u>(7)</u>	02/12/2016	Common Stock	30,000
Stock Option	\$ 26.14 (2)						<u>(8)</u>	10/24/2012	Common Stock	200,00
Stock Option	\$ 27.55 (2)						<u>(9)</u>	03/05/2017	Common Stock	125,00

Reporting Owners

Relationships

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Director 10% Owner Officer Other

RATTIE KEITH O 1050 17TH STREET, SUITE 500 X DENVER, CO 80265

Signatures

Abigail L. Jones, Attorney-in-Fact 08/02/2010

**Signature of Reporting Person Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) As of July 30, 2010, I have 2,539.4947 equivalent shares of stock in QEP's Employee Investment Plan. The number of equivalent shares will fluctuate as Questar's stock price changes; this fluctuation does not reflect any transactions that should be reported.
- (2) This number varies from prior Form 4 due to rounding.
- (3) The option vests in three annual installments which began on March 5, 2010.
- Vested shares of phantom stock units will be payable in cash on the date of, or at a designated anniversary date following, the first to occur of the reporting person's (i) separation from service from QEP (subject to 6-month delay if necessary to comply with IRC 409A),
- (ii) death or (iii) disability, pursuant to the QEP Resources, Inc. Deferred Compensation Wrap Plan.

 The restricted stock units vest in three equal annual installments beginning on July 1, 2011, subject to accelerated vesting upon the
- occurence of certain events as set forth in the award agreement.
- (6) The option vests in three annual installments which began on February 13, 2010.
- (7) The option vests in three annual installments which began on February 12, 2010.
- (8) The option vested on February 1, 2010.
- (9) The option vests in three annual installments beginning on March 5, 2011, subject to accelerated vesting upon the occurrence of certain events as set forth in the award agreement.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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