

Goulart Steven J
 Form 3
 May 06, 2011

FORM 3 UNITED STATES SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549

OMB APPROVAL

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INITIAL STATEMENT OF BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934,
 Section 17(a) of the Public Utility Holding Company Act of 1935 or Section
 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person *		2. Date of Event Requiring Statement	3. Issuer Name and Ticker or Trading Symbol	
Â Goulart Steven J		(Month/Day/Year)	METLIFE INC [MET]	
(Last)	(First)	(Middle)	05/01/2011	
200 PARK AVENUE			4. Relationship of Reporting Person(s) to Issuer	5. If Amendment, Date Original Filed(Month/Day/Year)
(Street)			(Check all applicable)	
NEW YORK,Â NYÂ 10166			<input type="checkbox"/> Director <input type="checkbox"/> 10% Owner	6. Individual or Joint/Group Filing(Check Applicable Line)
(City)	(State)	(Zip)	<input checked="" type="checkbox"/> Officer <input type="checkbox"/> Other	<input checked="" type="checkbox"/> Form filed by One Reporting Person
			(give title below) (specify below)	<input type="checkbox"/> Form filed by More than One Reporting Person
			EVP & Chief Investment Officer	

Table I - Non-Derivative Securities Beneficially Owned

1. Title of Security (Instr. 4)	2. Amount of Securities Beneficially Owned (Instr. 4)	3. Ownership Form: Direct (D) or Indirect (I) (Instr. 5)	4. Nature of Indirect Beneficial Ownership (Instr. 5)
Common Stock	4,108	D	Â

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly. SEC 1473 (7-02)

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Table II - Derivative Securities Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 4)	2. Date Exercisable and Expiration Date (Month/Day/Year)	3. Title and Amount of Securities Underlying Derivative Security (Instr. 4)	4. Conversion or Exercise Price of Derivative Security	5. Ownership Form of Derivative Security: Direct (D) or Indirect	6. Nature of Indirect Beneficial Ownership (Instr. 5)
	Date Exercisable	Expiration Date	Title	Amount or Number of	

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				Shares		(I) (Instr. 5)	
Employee Stock Option (Right to Buy)	Â (1)	02/26/2017	Common Stock	10,500	\$ 62.8	D	Â
Employee Stock Option (Right to Buy)	Â (2)	02/25/2018	Common Stock	10,500	\$ 60.51	D	Â
Employee Stock Option (Right to Buy)	Â (3)	02/23/2019	Common Stock	14,000	\$ 23.3	D	Â
Employee Stock Option (Right to Buy)	Â (4)	02/22/2020	Common Stock	17,100	\$ 34.84	D	Â
Employee Stock Option (Right to Buy)	Â (5)	02/22/2021	Common Stock	18,300	\$ 45.79	D	Â

Reporting Owners

Reporting Owner Name / Address	Relationships			
	Director	10% Owner	Officer	Other
Goulart Steven J 200 PARK AVENUE NEW YORK, NY 10166	Â	Â	Â EVP & Chief Investment Officer	Â

Signatures

Richard S. Collins, authorized
signer

05/06/2011

__Signature of Reporting Person

Date

Explanation of Responses:

* If the form is filed by more than one reporting person, *see* Instruction 5(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

(1) The option became exercisable in three equal installments on February 27, 2008, 2009 and 2010.

(2) The option became exercisable in three equal installments on February 26, 2009, 2010 and 2011.

(3) Two-Thirds (2/3) of this option is currently exercisable and the remaining one-third (1/3) will become exercisable on February 24, 2012.

(4) One-Third (1/3) of this option is currently exercisable and the remaining two-thirds (2/3) will become exercisable on February 23, 2012 and 2013

(5) The option will become exercisable in three equal installments on February 23, 2012, 2013 and 2014

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *See* Instruction 6 for procedure.

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