HEALTHSTREAM INC

Form 4

March 04, 2013

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

OMB

OMB APPROVAL

Number:

3235-0287

Expires:

5. Relationship of Reporting Person(s) to

January 31, 2005

0.5

Estimated average burden hours per

response...

if no longer subject to Section 16. Form 4 or Form 5 obligations may continue.

Check this box

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

2. Issuer Name and Ticker or Trading

1(b).

Common

Stock

03/01/2013

(Print or Type Responses)

1. Name and Address of Reporting Person *

See Instruction

MCLAREN JEFFREY L			Symbol HEALTHSTREAM INC [HSTM]					Issuer			
(Last) (First) (Middle) 209 10TH AVENUE SOUTH,			3. Date of Earliest Transaction (Month/Day/Year) 03/01/2013					(Check all applicable) _X_ Director 10% Owner Officer (give title Other (specify			
SUITE 450			03/01/2013					below)	below)		
	(Street)			4. If Amendment, Date Original				6. Individual or Joint/Group Filing(Check			
NASHVILLE, TN 37203			Filed(Month/Day/Year)					Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person			
(City)	(State)	(Zip)	Tab	ole I - Non-	Derivative	Secui	rities Acqu	ired, Disposed of,	or Beneficiall	y Owned	
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)		Date, if	3. Transacti Code (Instr. 8)	omr Dispos (Instr. 3, 4	ed of (5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
Common Stock	03/01/2013			M	10,000	A	\$ 1.54	72,467	D		
Common Stock	03/01/2013			M	5,000	A	\$ 2.17	77,467	D		
Common Stock	03/01/2013			M	5,000	A	\$ 2.88	82,467	D		

\$

(1)

29,262 D

21.8991 53,205

D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

S

Edgar Filing: HEALTHSTREAM INC - Form 4

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

SEC 1474 (9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	TransactiorDerivative Code Securities		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Employee Stock Option (right to buy)	\$ 1.54	03/01/2013		M		10,000	05/30/2003	05/30/2013	Common Stock	10,000
Employee Stock Option (right to buy)	\$ 2.17	03/01/2013		M		5,000	05/27/2004	05/27/2014	Common Stock	5,000
Employee Stock Option (right to buy)	\$ 2.88	03/01/2013		M		5,000	05/26/2005	05/26/2015	Common Stock	5,000

Reporting Owners

Jeffrey McLaren

**Signature of

Reporting Person

Reporting Owner Name / Address	Relationships					
	Director	10% Owner	Officer	Other		
MCLAREN JEFFREY L 209 10TH AVENUE SOUTH, SUITE 450 NASHVILLE, TN 37203	X					
Signatures						

03/04/2013

Date

Reporting Owners 2

Edgar Filing: HEALTHSTREAM INC - Form 4

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- This transaction was executed in multiple trades at prices ranging from \$21.75 to \$22.00. The price reported above reflects the weighted
- (1) average purchase price. The reporting person hereby undertakes to provide upon request to the SEC staff, the issuer or a security holder of the issuer full information regarding the number of shares and prices at which the transactions were effected.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.