HEALTHSTREAM INC

Form 4 April 01, 2013

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

OMB APPROVAL OMB

3235-0287 Number:

January 31, Expires: 2005

Estimated average burden hours per

response... 0.5

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Check this box

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, obligations Section 17(a) of the Public Utility Holding Company Act of 1935 or Section may continue. 30(h) of the Investment Company Act of 1940 See Instruction

1(b).

Common

Common

Stock

Stock

03/28/2013

03/28/2013

(Print or Type Responses)

1. Name and Address of Reporting Person * MCLAREN JEFFREY L				2. Issuer Name and Ticker or Trading Symbol				5. Rela Issuer	5. Relationship of Reporting Person(s) to Issuer			
(Last) (First) (Middle)				HEALTHSTREAM INC [HSTM] 3. Date of Earliest Transaction					(Check all applicable)			
			((Month/Day/Year)				Director		Owner		
209 10TH AVENUE SOUTH, SUITE 450			Η, (03/28/2013				below)	omicer (give u	titleOther (specify below)		
(Street)			4	4. If Amendment, Date Original				6. Indi	6. Individual or Joint/Group Filing(Check			
NASHVILLE, TN 37203				Filed(Month/Day/Year)				_X_ For	Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person			
	(City)	(State)	(Zip)	Table	e I - Non-D	erivative S	Securities A		Disposed of,	or Beneficiall	y Owned	
	1.Title of	2. Transaction Date			3.		ies Acquired		nount of	6.	7. Nature of	
	Security (Instr. 3)	(Month/Day/Year)	Execution L any	on Date, if Transaction(A) or Disposed of (D) Code (Instr. 3, 4 and 5)				rities ficially	Ownership Form: Direct	Indirect Beneficial		
	(111011110)		(Month/Day	y/Year)	(Instr. 8)	(1115111.5)		Own	•	(D) or	Ownership	
								Follo Repo	wing	Indirect (I) (Instr. 4)	(Instr. 4)	
							(A)		saction(s)	(111511. 4)		
					Code V	Amount	or (D) Pric	(Instr	r. 3 and 4)			

6,000

6,000

(1)

\$ 3.53

23.046

\$

(2)

D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

M

S

Persons who respond to the collection of SEC 1474 information contained in this form are not (9-02)required to respond unless the form displays a currently valid OMB control number.

19,467

13,467

D

D

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. 5. Number Transaction Derivative Code Securities (Instr. 8) Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Employee Stock Option (right to buy)	\$ 3.53	03/28/2013		M	6,000	05/24/2007	05/24/2017	Common Stock	6,000

Reporting Owners

Reporting Owner Name / Address Relationships

Director 10% Owner Officer Other

MCLAREN JEFFREY L 209 10TH AVENUE SOUTH, SUITE 450 X NASHVILLE, TN 37203

Signatures

Jeffrey McLaren 04/01/2013

**Signature of Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) The sales reported in this Form 4 were affected pursuant to a Rule 10b-1 sales plan adopted by the reporting person on March 21, 2013.
- This transaction was executed in multiple trades at prices ranging from \$23.00 to \$23.20. The price reported above reflects the weighted (2) average purchase price. The reporting person hereby undertakes to provide upon request to the SEC staff, the issuer or a security holder of the issuer full information regarding the number of shares and prices at which the transactions were effected.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

Reporting Owners 2