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HEALTHSTREAM INC	
Form 4	
March 13, 2014	
FORM 4 UNITED STATES SECURITIES AND EXCHANCE COMMISSIO	OMB APPROVAL
Washington, D.C. 20549	N OMB 3235-0287 Number:
Check this box if no longer	Expires: January 31,
subject to STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF	Estimated average
Section 16. SECURITIES	burden hours per
Form 4 or Form 5 Filed purcuent to Section 16(a) of the Securities Exchange Act of 1034	response 0.5
chliantians	
section 17(a) of the Public Utility Holding Company Act of 1955 of Section	on
<i>See</i> Instruction 30(h) of the Investment Company Act of 1940	
1(b).	
(Print or Type Responses)	
	of Reporting Person(s) to
MCLAREN JEFFREY L Symbol Issuer	
HEALTHSTREAM INC [HSTM]	eck all applicable)
(Last) (First) (Middle) 3. Date of Earliest Transaction	
(Month/Day/Year)X_Director	10% Owner
209 10TH AVENUE SOUTH, 03/11/2014Officer (give below)	ve title Other (specify below)
SUITE 450	, ,
(Street) 4. If Amendment, Date Original 6. Individual or	Joint/Group Filing(Check
Filed(Month/Day/Year) Applicable Line)	
Form filed by	y One Reporting Person More than One Reporting
NASHVILLE, TN 37203	<i>-</i>
(City) (State) (Zip) Table I - Non-Derivative Securities Acquired, Disposed	of, or Beneficially Owned
1.Title of 2. Transaction Date 2A. Deemed 3. 4. Securities 5. Amount of	6. Ownership 7. Nature of
Security (Month/Day/Year) Execution Date, if TransactionAcquired (A) or Securities	Form: Direct Indirect
(Instr. 3) any Code Disposed of (D) Beneficially (Marth (Day (Marth 2) (Instr. 2) 4 and 5) Owned	(D) or Beneficial
(Month/Day/Year) (Instr. 8) (Instr. 3, 4 and 5) Owned Following	Indirect (I)Ownership(Instr. 4)(Instr. 4)
Reported	
(A) Transaction(s) or (L + 2 - 1 - 1 - 1)	
Code V Amount (D) Price (Instr. 3 and 4)	
Common 13,467	
Stock	D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

 (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transacti Code (Instr. 8)	5. Number on f Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	vative Expiration Date ies (Month/Day/Yea ed ed of		7. Title and A Underlying S (Instr. 3 and	Securities De	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares	
Restricted Share Units	\$ 0 <u>(1)</u>	03/11/2014		А	2,235	(2)	(3)	Common Stock	2,235	\$

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Reporting Owners

Reporting Owner Name / Address	Relationships				
	Director	10% Owner	Officer	Other	
MCLAREN JEFFREY L 209 10TH AVENUE SOUTH, SUITE 450 NASHVILLE, TN 37203	Х				
Signatures					
Jeffrey McLaren 03/13/2014					

<u>**</u>Signature of Reporting Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Each restricted share unit (RSU) represents the contingent right to receive one share of common stock upon vesting of the unit.
- (2) The RSU's are subject to a three year vesting schedule, contingent upon continued service at the time of vesting. The RSU's vest annually beginning March 11, 2015 in three equal installments.
- (3) Not applicable.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.