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COLLOCK TAMADA

Form 4	MIAKA										
March 06, 20	19										
FORM 4 UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549								-	PPROVAL 3235-0287		
Check this				Sington	Expires:	January 31,					
if no longe subject to Section 16 Form 4 or Form 5	51AIEN 5.			SECUI	Estimated burden hou response	urs per					
obligation may contin <i>See</i> Instruct 1(b).	s Section 17(a) of the l	Public U	Itility Hol	ding Cor		nge Act of 1934, of 1935 or Secti 940				
(Print or Type R	esponses)										
1. Name and Address of Reporting Person <u>*</u> SCHOCK TAMARA			Symbol	er Name an IFE INC		Trading	5. Relationship of Reporting Person(s) to Issuer				
(Last)	(Last) (First) (Middle)				ransaction		(Check all applicable)				
METLIFE, II AVENUE	(Month/Day/Year) 03/04/2019				Director 10% Owner X_ Officer (give title Other (specify below) below) EVP & Chief Accounting Officer						
	4. If Amendment, Date Original Filed(Month/Day/Year)				 6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting 						
NEW YORK	X, NY 10166						Person	More than one R	eporting		
(City)	(State)	(Zip)	Tab	le I - Non-J	Derivative	Securities A	cquired, Disposed	of, or Beneficia	lly Owned		
	2. Transaction Date Month/Day/Year)	2A. Deemo Execution any (Month/Da	Date, if	Code (Instr. 8)	4. Securit mAcquired Disposed (Instr. 3, 4 Amount	(A) or of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
D 1 1 D			c								
keminder: Kepo	rt on a separate line	e tor each cl	ass of sec	urities bene	Perso inforn requir	ns who rest nation cont ed to resp lys a curre	or indirectly. spond to the collect tained in this form ond unless the fo ntly valid OMB co	n are not rm	SEC 1474 (9-02)		

 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

 (e.g., puts, calls, warrants, options, convertible securities)

(*e.g.*, puts, cans, warrants, options, convertible securities)

1. Title of	2.	3. Transaction Date	3A. Deemed	4.	5. Number	6. Date Exercisable and	7. Title and Amount of	8. Pr
Derivative	Conversion	(Month/Day/Year)	Execution Date, if	Transactio	onof Derivative	Expiration Date	Underlying Securities	Deriv
Security	or Exercise		any	Code	Securities	(Month/Day/Year)	(Instr. 3 and 4)	Secu

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(Instr. 3)	Instr. 3) Price of Derivative Security		(Month/Day/Year)	(Instr.	8)	Acquired (A) or Disposed (D) (Instr. 3, and 5)	d of					(Inst
				Code	V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares	
Restricted Stock Units	<u>(1)</u>	03/04/2019		А		6,790		<u>(1)</u>	(1)	Common Stock	6,790	e S
Repor	ting Owr	ners										
Reporting Owner Name / Address		Director 10%	Relationships Director 10% Owner Officer						Other			
SCHOCK TAMARA METLIFE, INC., 200 PARK AVENUE NEW YORK, NY 10166			EVP & Chief Accounting Officer									
Signat	ures											
Mark A. Schuman, Authorized Signer		03/06/2019										
**Signature of Reporting Person			Date	Date								

Explanation of Responses:

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Each Restricted Stock Unit is the contingent right to receive one share of MetLife, Inc. common stock on the third anniversary of the grant date.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.