

TOWN SPORTS INTERNATIONAL HOLDINGS INC  
Form DEFA14A  
April 02, 2019

UNITED STATES  
SECURITIES AND EXCHANGE COMMISSION  
WASHINGTON, D.C. 20549

SCHEDULE 14A  
Proxy Statement Pursuant to Section 14(a) of the  
Securities Exchange Act of 1934

Filed by the Registrant  Filed by a party other than the Registrant   
Check the appropriate box:

- Preliminary Proxy Statement
- Confidential, for Use of the Commission (as permitted by Rule 14a-6(e)(2))

Definitive Proxy Statement only

- Definitive Additional Materials
- Soliciting Material Pursuant to §240.14a-12

TOWN SPORTS INTERNATIONAL HOLDINGS, INC.  
(Name of Registrant as Specified In Its Charter)  
(Name of Person(s) Filing Proxy Statement, if other than the Registrant)  
Payment, of Filing Fee (Check the appropriate box):

No fee required.

- Fee computed on table below per Exchange Act Rules 14a-6(i)(4) and 0-11.

(1) Title of each class of securities to which transaction applies:

(2) Aggregate number of securities to which transaction applies:

(3) Per unit price or other underlying value of transaction computed pursuant to Exchange Act Rule 0-11 (set forth the amount on which the filing fee is calculated and state how it was determined):

(4) Proposed maximum aggregate value of transaction:

(5) Total fee paid:

- Fee paid previously with preliminary materials.

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Check box if any part of the fee is offset as provided by Exchange Act Rule 0-11(a)(2) and identify the filing for which the offsetting fee was paid previously. Identify the previous filing by registration statement number, or the Form or Schedule and the date of its filing.

- (1) Amount Previously Paid:
  - (2) Form, Schedule or Registration Statement No.:
  - (3) Filing party:
  - (4) Date Filed:
-

\*\*\* Exercise Your Right to Vote \*\*\*

Important Notice Regarding the Availability of Proxy Materials for the  
Stockholder Meeting to Be Held on May 15, 2019.

TOWN SPORTS INTERNATIONAL HOLDINGS, INC.

Meeting Information

Meeting Type: Annual  
Meeting

For holders as of: March  
20, 2019

Date: May 15, 2019 Time:  
10:00 AM EDT

Location: Crowne  
Plaza  
Times  
Square  
1605  
Broadway  
15th  
Floor  
New  
York,  
NY  
10019

TOWN SPORTS INTERNATIONAL HOLDINGS, INC.  
ATTN: Carolyn Spatafora  
399 EXECUTIVE BOULEVARD  
ELMSFORD, NY 10523

You are receiving this communication because you hold shares in the above named company. This is not a ballot. You cannot use this notice to vote these shares. This communication presents only an overview of the more complete proxy materials that are available to you on the Internet. You may view the proxy materials online at [www.proxyvote.com](http://www.proxyvote.com) or easily request a paper copy (see reverse side).

We encourage you to access and review all of the important information contained in the proxy materials before voting.

See the reverse side of this notice to obtain proxy

materials and voting  
instructions.

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— Before You Vote —

How to Access the Proxy Materials

Proxy Materials Available to VIEW or RECEIVE:

1. Notice & Proxy Statement 2. Annual Report

How to View Online:

Have the information that is printed in the box marked by the arrow (located on the following page) and visit: [www.proxyvote.com](http://www.proxyvote.com).

How to Request and Receive a PAPER or E-MAIL Copy:

If you want to receive a paper or e-mail copy of these documents, you must request one. There is NO charge for requesting a copy. Please choose one of the following methods to make your request:

1) BY INTERNET: [www.proxyvote.com](http://www.proxyvote.com)

2) TELEPHONE: 1-800-579-1639

3) BY E-MAIL\*: [sendmaterial@proxyvote.com](mailto:sendmaterial@proxyvote.com)

\* If requesting materials by e-mail, please send a blank e-mail with the information that is printed in the box marked by the arrow (located on the following page) in the subject line.

Requests, instructions and other inquiries sent to this e-mail address will NOT be forwarded to your investment advisor. Please make the request as instructed above on or before May 01, 2019 to facilitate timely delivery.

— How To Vote —

Please Choose One of the Following Voting Methods

Vote In Person:

Many stockholder meetings have attendance requirements including, but not limited to, the possession of an attendance ticket issued by the entity holding the meeting.

Please check the meeting materials for any special requirements for meeting attendance.

At the meeting, you will need to request a ballot to vote these shares.

Vote By Internet: To vote now by Internet, go to [www.proxyvote.com](http://www.proxyvote.com). Have the information

that is printed in the box marked by the arrow (located on the following page) available and follow the instructions.

Vote By Mail: You can vote by mail by requesting a paper copy of the materials, which will include a proxy card.

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Voting  
Items

The Board of  
Directors  
recommends you  
vote FOR the  
following:

1. Election of  
Directors  
Nominees:  
01 Martin J. Annese 02  
Marcus B. Dunlop 03  
Thomas J. Galligan III  
04 Mandy Lam 05  
Patrick Walsh  
06 L. Spencer  
Wells

The Board of Directors  
recommends you vote FOR  
proposals 2 and 3.

- Proposal to ratify the  
Audit Committee's  
appointment of  
PricewaterhouseCoopers  
LLP as the independent  
registered public  
accounting firm of the  
Company for the fiscal  
year ending December  
31, 2019.
- Advisory Vote on  
Executive  
Compensation: To  
approve, in a  
non-binding advisory  
vote, the compensation  
paid to our named  
executive officers.
- 3.

The Board of Directors  
recommends you vote 1  
YEAR on the following  
proposal:

4. Advisory Vote on  
Frequency of  
Stockholder Votes on  
Executive  
Compensation: To  
determine, in a

non-binding advisory  
vote, whether a  
Stockholder vote to  
approve the  
compensation paid to our  
named executive officers  
should occur annually.

The Board of Directors  
recommends you vote FOR  
the following proposal:

5. Proposal to approve  
Amendment No. 3 to the  
Town Sports  
International Holdings,  
Inc. 2006 Stock Incentive  
Plan (as amendment and  
restated effective April 2,  
2015) to increase the  
number of shares  
available for issuance  
thereunder by two  
million shares.

NOTE: To transact such  
other business as may  
properly come before the  
meeting or any adjournment  
thereof.

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