Rubel Matthew E Form 4 April 02, 2019

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

OMB Number:

3235-0287

Expires:

January 31, 2005

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OMB APPROVAL

response...

if no longer subject to Section 16. Form 4 or Form 5 obligations

may continue.

See Instruction

Check this box

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person *

Rubel Matthew E Issuer Symbol TreeHouse Foods, Inc. [THS] (Check all applicable) (First) (Middle) (Last) 3. Date of Earliest Transaction (Month/Day/Year) X_ Director 10% Owner Other (specify Officer (give title 2021 SPRING ROAD, SUITE 600 03/29/2019 below) (Street) 4. If Amendment, Date Original 6. Individual or Joint/Group Filing(Check

2. Issuer Name and Ticker or Trading

Filed(Month/Day/Year)

(Zip)

Applicable Line)

X Form filed by One Reporting Person Form filed by More than One Reporting

5. Relationship of Reporting Person(s) to

Person

OAK BROOK, IL 60523

(State)

(City)

(- 3)	(1 abie	1 - Non-De	erivative S	ecurii	nes Ac	quirea, Disposea (oi, or Beneficial	lly Owned
1.Title of	2. Transaction Date	2A. Deemed	3.	4. Securit	ties		5. Amount of	6. Ownership	7. Nature of
Security	(Month/Day/Year)	Execution Date, if	TransactionAcquired (A) or			r	Securities	Form: Direct	Indirect
(Instr. 3)		any	Code	Disposed of (D)		Beneficially	(D) or	Beneficial	
		(Month/Day/Year)	(Instr. 8)	(Instr. 3,	4 and	5)	Owned	Indirect (I)	Ownership
							Following	(Instr. 4)	(Instr. 4)
				(4)		Reported			
					(A)		Transaction(s)		
			Code V	Amount	or (D)	Price	(Instr. 3 and 4)		
Common Stock	03/29/2019		$M_{\underline{(1)}}$	830	A	\$0	830	D	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

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1. Title of	2.	3. Transaction Date		4.	5. 1	Number	6. Date Exer	cisable and	7. Title and A		8. Price
Derivative	Conversion	(Month/Day/Year)	Execution Date, if	Transa	ctionof		Expiration Date		Underlying Securities		Deriva
Security	or Exercise		any	Code	De	rivative	(Month/Day	/Year)	(Instr. 3 and 4)		Securit
(Instr. 3)	Price of		(Month/Day/Year)	(Instr.	8) Sec	curities					(Instr.
	Derivative				Ac	quired					
	Security				(A)	or					
	·				Dis	posed					
					of (
						str. 3, 4,					
					and						
				Code	V (A)	(D)	Date	Expiration	Title	Amount	
							Exercisable	-		or	
										Number	
										of	
										Shares	
										Silaros	
Restricted				(1)			(2)	(2)	Common		
Stock Unit	<u>(2)</u>	03/29/2019		$M_{\underline{1}}$		830	(3)	(3)	Stock	830	\$ (

Reporting Owners

Reporting Owner Name / Address	Relationships						
1	Director	10% Owner	Officer	Other			
Rubel Matthew E 2021 SPRING ROAD SUITE 600 OAK BROOK, IL 60523	X						

Signatures

Thomas E. O'Neill, by power of attorney

04/02/2019

**Signature of Reporting Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Settlement of restricted stock units into shares of common stock.
- (2) Each restricted stock unit represents a contingent right to receive one share of common stock of TreeHouse Foods, Inc.
- (3) The restricted stock units have a grant date of March 29, 2018. Unless deferred, the restricted stock units vest and settle in stock or cash upon the 12-month anniversary of the grant date.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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