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MATROS R	ICHARD K										
Form 4											
September 03	5, 2018										
FORM 4 UNITED STATES SECURITIES AND EXCHANGE COMMISSION										APPROVAL	
	UNITE	D STATES		Shington,			NGE	COMMISSIO	N OMB Number:	3235-0287	
Check thi if no long	ter.							Expires:	January 31, 2005		
subject to Section 1 Form 4 or		SECUR	RITIES	VNERSHIP OF	Estimated burden ho response.	l average ours per					
Form 5 obligations may continue. See Instruction 1(b). Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940											
(Print or Type R	Responses)										
MATROS RICHARD K Symbol				Issuer Name and Ticker or Trading bol ra Health Care REIT, Inc.				5. Relationship of Reporting Person(s) to Issuer			
			[SBRA]					(Check all applicable)			
(Last) (First) (Middle) 3. Date of (Month/Da				-				X Director 10% Owner X Officer (give title Other (specify below) below)			
	A HEALTH CA , 18500 VON F Suite 550		08/31/20	018				· · · · · · · · · · · · · · · · · · ·	n, CEO and Pr	esident	
	Filed(Mon				ate Origina	l		 6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting 			
IRVINE, CA	A 92612							Person	wore man one	Kepotting	
(City)	(State)	(Zip)	Tabl	e I - Non-I	Derivative	Secur	ities Ac	equired, Disposed	of, or Benefici	ally Owned	
1.Title of Security (Instr. 3)	2. Transaction Date 2A. Deemed (Month/Day/Year) Execution Da any (Month/Day/			3. Transactic Code (Instr. 8)	4. Securi onAcquirec Disposec (Instr. 3,	l (A) c l of (D))	SecuritiesIBeneficially(OwnedI	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		
				Code V	Amount	(A) or (D)	Price	Transaction(s) (Instr. 3 and 4)			
Common Stock	08/31/2018			А	2,960 (1)	А	\$0	158,085 <u>(2)</u>	D		
Common Stock								1,022,379	I	By R&A Matros Revocable Trust	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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information contained in this form are not
required to respond unless the formSEC 1474
(9-02)

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displays a currently valid OMB control number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	ise	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	5. ofNumber of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Nu Deriv Secu Bene Own Follo Repo Trans (Instr
Repo	rting O	wners		Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		

Reporting Owner Name / Address	Kelationships							
F B	Director	10% Owner	Officer	Other				
MATROS RICHARD K C/O SABRA HEALTH CARE REIT, INC. 18500 VON KARMAN AVENUE, SUITE 550 IRVINE, CA 92612	Х		Chairman, CEO and President					
Signatures								
/s/ Harold W. Andrews, Jr., as								
Attorney-in-Fact	09/05/	/2018						
**Signature of Reporting Person	Da	ate						
Explanation of Responses:								
* TC/L C ' C'L LL /L /'	т.,	4(1)()						

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Represents stock units credited to the reporting person in the form of dividend equivalent payments on stock units previously granted to the reporting person that are outstanding under the Issuer's 2009 Performance Incentive Plan, calculated on the basis of the market value

- (1) The reporting person that are outstanding under the issuer's 2009 Performance incentive Plan, calculated on the basis of the market value of the Issuer's common stock on the dividend payment date. These units will vest and become payable on the same terms as the original stock units to which they relate.
- (2) Consists of stock units that, upon settlement, will be paid on a one-for-one basis in shares of the Issuer's Common Stock.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.