CareTrust REIT, Inc.

Check this box if

no longer subject

to Section 16.

5 obligations

may continue.

Form 5

January 26, 2016

FORM 5 UNITED STATES SECURITIES AND EXCHANGE COMMISSION

OMB APPROVAL

OMB 3235-0362 Number:

January 31, Expires: 2005

1.0

Estimated average burden hours per

response...

ANNUAL STATEMENT OF CHANGES IN BENEFICIAL Form 4 or Form OWNERSHIP OF SECURITIES

Washington, D.C. 20549

See Instruction Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, 1(b). Form 3 Holdings Section 17(a) of the Public Utility Holding Company Act of 1935 or Section Reported 30(h) of the Investment Company Act of 1940

Form 4

Transactions Reported

1. Name and Ad Stapley Grego	_	orting Person *	2. Issuer Name and Ticker or Trading Symbol CareTrust REIT, Inc. [CTRE]	5. Relationship of Reporting Person(s) to Issuer			
(Last)	st) (First) (Middle) 3. Statem (Month/E		3. Statement for Issuer's Fiscal Year Ended (Month/Day/Year) 12/31/2015	(Check all applicable) _X Director 10% Owner _X Officer (give title Other (specify			
905 CALLE AMANECER, SUITE 300			12/01/2010	below) below) President, Chairman and CEO			
	(Street)		4. If Amendment, Date Original Filed(Month/Day/Year)	6. Individual or Joint/Group Reporting (check applicable line)			

SAN CLEMENTE, CAÂ 92673

X Form Filed by One Reporting Person Form Filed by More than One Reporting

(City)	(State)	(Zip) Tabl	le I - Non-Der	ivative Se	curitie	es Acqu	ired, Disposed	of, or Benefici	ally Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5) (A) or Amount (D) Price		5. Amount of Securities Beneficially Owned at end of Issuer's Fiscal Year (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
Common Stock, par value \$0.01	05/29/2015	Â	G	7,149	D	\$0	147,866 (1)	D	Â
Common Stock, par value \$0.01	06/18/2014	Â	W	1,722 (2)	A	\$0	1,722	I	Marian K. Stapley Estate (3)
Common Stock, par value \$0.01	Â	Â	Â	Â	Â	Â	475,520	I	Stapley Family Trust dated

								4/25/2006 (4)
Common Stock, par Â value \$0.01	Â	Â	Â	Â	Â	28,732	I	By wife as UGMA custodian for children (5)
Common Stock, par Â value \$0.01	Â	Â	Â	Â	Â	53,819	I	Marian K. Stapley Revocable Trust dated 4/29/1965 (6)
Reminder: Report on a separate	Persons v	vho resn	and to	the c	allection of in	formation	SEC 2270	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

SEC 2270 (9-02)

Of D So B O

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of	2.	3. Transaction Date	3A. Deemed	4.	5.	6. Date Exerc	isable and	7. Titl	e and	8. Price of
Derivative	Conversion	(Month/Day/Year)	Execution Date, if	Transaction	Number	Expiration Da	ate	Amou	int of	Derivative
Security	or Exercise		any	Code	of	(Month/Day/	Year)	Under	lying	Security
(Instr. 3)	Price of		(Month/Day/Year)	(Instr. 8)	Derivative	e		Securi	ities	(Instr. 5)
	Derivative				Securities			(Instr.	3 and 4)	
	Security				Acquired					
					(A) or					
					Disposed					
					of (D)					
					(Instr. 3,					
					4, and 5)					
									Amount	
									or	
						Date	Expiration	Title	Number	
						Exercisable Date	of			
					(A) (D)				Shares	
					()					

Reporting Owners

Reporting Owner Name / Address	Relationships							
	Director	10% Owner	Officer	Other				
Stapley Gregory K. 905 CALLE AMANECER SUITE 300 SAN CLEMENTE, CA 92673	ÂX	Â	President, Chairman and CEO	Â				

Reporting Owners 2

Signatures

/s/ William M. Wagner, attorney-in-fact

01/25/2016

**Signature of Reporting Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- Reflects the transfer of shares to the Stapley Family Trust dated 4/25/2006. Also reflects a correction in the number of shares beneficially owned by the reporting person as reported in a Form 4 filed on August 17, 2015. The number of shares reported as acquired by the reporting person in such report were acquired by the Stapley Family Trust dated 4/25/2006 and not directly by the reporting person.
- (2) Includes shares that were issued in connection with the December 2014 stock dividend.
- (3) These shares are directly owned by the Estate of Marian K. Stapley and indirectly by Gregory K. Stapley as the executor of the estate.
- (4) These shares are directly owned by the Stapley Family Trust dated 4/25/2006 and indirectly by Gregory K. Stapley as Trustee of the Trust.
 - These shares are directly owned by Deborah Stapley as custodian for the minor children of Gregory K. Stapley and Deborah Stapley under the California Uniform Transfers to Minors Act and reflects a correction to the number of shares previously reported in the Form
- (5) 4/A filed on December 19, 2014. The reporting person disclaims beneficial ownership of the shares owned by his children, and this report should not be deemed an admission that the reporting person is the beneficial owner of such shares for the purposes of Section 16 or any other purpose.
- (6) These shares are directly owned by the Marian K. Stapley Revocable Trust dated 4/29/65 and indirectly by Gregory K. Stapley as Trustee of the Trust.

Note: File three copies of this Form, one of which must be manually signed. If space provided is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

Signatures 3