Powell Kendall J Form 4 January 05, 2007

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

Check this box if no longer subject to Section 16. Form 4 or Form 5

obligations

1(b).

(Last)

may continue.

See Instruction

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF **SECURITIES**

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

2. Issuer Name and Ticker or Trading

GENERAL MILLS INC [GIS]

(Print or Type Responses)

1. Name and Address of Reporting Person * Powell Kendall J

> (First) (Middle)

GENERAL MILLS, INC., NUMBER ONE GENERAL MILLS BLVD.

(Street)

01/03/2007

3. Date of Earliest Transaction

(Month/Day/Year)

Symbol

4. If Amendment, Date Original Filed(Month/Day/Year)

5. Relationship of Reporting Person(s) to Issuer

(Check all applicable)

OMB APPROVAL

3235-0287

January 31,

2005

0.5

OMB

Number:

Expires:

response...

Estimated average

burden hours per

X Director 10% Owner Other (specify X_ Officer (give title _ below) PRESIDENT & COO

6. Individual or Joint/Group Filing(Check Applicable Line)

X Form filed by One Reporting Person Form filed by More than One Reporting

MINNEAPOLIS, MN 55426

(City)	(State) (Z	Table Table	I - Non-De	erivative S	ecurit	ies Acqui	red, Disposed of,	or Beneficial	ly Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transactic Code (Instr. 8)	(A) or		5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	cially Form: I Direct (D) ring or Indirect ed (I) ction(s) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
COMMON STOCK	01/03/2007		M	14,215	A	\$ 34.78	0	D	
COMMON STOCK	01/03/2007		M	3,580	A	\$ 32.25	0	D	
COMMON STOCK	01/03/2007		S	2,395 (2)	D	\$ 57.59	0	D	
COMMON STOCK	01/03/2007		S	500 (2)	D	\$ 57.6	0	D	
COMMON STOCK	01/03/2007		S	4,700 (2)	D	\$ 57.51	0	D	

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COMMON STOCK	01/03/2007	S	700 (2)	D	\$ 57.58	0	D	
COMMON STOCK	01/03/2007	S	100 (2)	D	\$ 57.54	0	D	
COMMON STOCK	01/03/2007	S	1,700 (2)	D	\$ 57.46	0	D	
COMMON STOCK	01/03/2007	S	2,200 (2)	D	\$ 57.53	0	D	
COMMON STOCK	01/03/2007	S	1,000 (2)	D	\$ 57.52	0	D	
COMMON STOCK	01/03/2007	S	300 (2)	D	\$ 57.56	0	D	
COMMON STOCK	01/03/2007	S	600 (2)	D	\$ 57.5	0	D	
COMMON STOCK	01/03/2007	S	200 (2)	D	\$ 57.48	0	D	
COMMON STOCK	01/03/2007	S	2,000 (2)	D	\$ 57.47	0	D	
COMMON STOCK	01/03/2007	S	600 (2)	D	\$ 57.61	0	D	
COMMON STOCK	01/03/2007	S	200 (2)	D	\$ 57.45	0	D	
COMMON STOCK	01/03/2007	S	100 (2)	D	\$ 57.42	0	D	
COMMON STOCK	01/03/2007	S	500 (2)	D	\$ 57.4	73,590	D	
COMMON STOCK						767	I	(See Footnote)

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

SEC 1474 (9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	Code	5. Number of onDerivative Securities Acquired (A) or Disposed of (D)	6. Date Exercisable and Expiration Date (Month/Day/Year)	7. Title and Amount of Underlying Securities (Instr. 3 and 4)
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(Instr. 3, 4, and 5)

					and .))				
			Code	V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amoun or Numbe of Shar
OPTION TO BUY	\$ 34.78	01/03/2007	M			14,215	08/01/1997	09/01/2007	COMMON STOCK	14,21
OPTION TO BUY	\$ 32.25	01/03/2007	M			3,580	06/23/2002	07/23/2007	COMMON STOCK	3,580

Reporting Owners

Reporting Owner Name / Address	Keiauonsnips							
	Director	10% Owner	Officer	Other				
Powell Kendall J								
GENERAL MILLS, INC.	X		PRESIDENT & COO					

NUMBER ONE GENERAL MILLS BLVD. MINNEAPOLIS, MN 55426

Signatures

Trevor Gunderson by Power of Attorney on behalf of KENDALL POWELL 01/05/2007

**Signature of Reporting Person Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Held in Trust by the Trustee of the General Mills Savings Plan.
- (2) Shares were sold pursuant to a 10b5-1 trading plan dated 11-8-2006
- (3) Employee option (right to buy) granted by the Compensation Committee of Board of Directors of General Mills, Inc. under shareholder-approved stock option plans.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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