ALTRIMEGA HEALTH CORP Form NT 10-Q May 16, 2003

SECURITIES AND EXCHANGE COMMISSION WASHINGTON, D.C. 20549

FORM 12b-25

	Commission File Numbe	r: 000-29057		
	NOTIFICATION OF LATE FILING			
	(Check One): [] Form 10-K [] Form 11-K [] Form 20F [X]	Form 10-Q		
[]] Form N-SAR			
	For Period Ended: March 31, 2003			
[]	Transition Report on Form 10-K [] Transition Report	on Form 10-Q		
[]] Transition Report on Form 20-F [] Transition Report	on Form N-SAR		
[]] Transition Report on Form 11-K			
	For the Transition Period Ended:			
type.	Nothing in this form shall be construed to imply that the Co	-		
verified any information contained herein. If the notification relates to a portion of the filing checked above, identify the item(s) to which the notification relates:				
	PART I REGISTRANT INFORMATION			
Full :	ll name of registrant: Altrimega Health Corporation /d/b Holding & Marketing Corp.	/a Creative		
Forme	rmer name if applicable: N/A			
(Str	dress of principal executive office Street and number): 4702 Oleander Drive, Suite ty, state and zip code: Myrtle Beach, South Carolin			
PART II RULE 12b-25 (b) AND (c)				

If the subject report could not be filed without unreasonable effort or

(a) The reasons described in reasonable detail in Part III of this form

expense and the registrant seeks relief pursuant to Rule $12b-25\,(b)$, the

could not be eliminated without unreasonable effort or expense;

following should be completed. (Check appropriate box.)

- [X] (b) The subject annual report, semi-annual report, transition report on Form 10-K, 20-F, 11-K or Form N-SAR, or portion thereof will be filed on or before the 15th calendar day following the prescribed due date; or the subject quarterly report or transition report on Form 10-Q, or portion thereof will be filed on or before the fifth calendar day following the prescribed due date; and
- [] (c) The accountant's statement or other exhibit required by Rule 12b-25(c) has been attached if applicable.

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PART III NARRATIVE

State below in reasonable detail the reasons why Form 10-K, 11-K, 10-Q, N-SAR or the transition report portion thereof could not be filed within the prescribed time period. (Attach extra sheets if needed.)

Registrant requires additional time to comply with recent Federal securities laws, particularly regarding the internal controls requirements. Consequently, Registrant's accounting department requires additional time to review its financial information in order to evaluate internal controls, and cannot, without unreasonable effort and expense, file its Form 10-QSB on or before the prescribed filing date. Registrant hopes to obtain all required data within the next several days and, as a result, hopes to file the Form 10-QSB within five days after the prescribed filing date.

PART IV OTHER INFORMATION

1. Name and telephone number of person to contact in regard to this notification:

John W. Gandy	(843)	497-7028		
(Name)	(Area code)	(Telephone number)		

2. Have all other periodic reports required under Section 13 or $15\,(d)$ of the Securities Exchange Act of 1934 or Section 30 of the Investment Registrant Act of 1940 during the preceding 12 months or for such shorter period that the registrant was required to file such report(s) been filed? If the answer is no, identify report(s).

[] Yes [X] No

The Registrant has not filed an Amendment to its Form 8-K, filed August 16, 2002, with respect to Item 2 - Acquisition or Disposition of Assets.

The Registrant has not filed an Amendment to its Form 8-K, filed November 13, 2002 with respect to Item 2 - Acquisition or Disposition of Assets.

The Registrant has not filed its Form 10-KSB for fiscal year ended December 31, 2002.

3. Is it anticipated that any significant change in results of operations from the corresponding period for the last fiscal year will be reflected by the earnings statements to be included in the subject report or portion thereof?

[] Yes [X] No

If so: attach an explanation of the anticipated change, both narratively and quantitatively, and, if appropriate, state the reasons why a reasonable estimate of the results cannot be made.

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ALTRIMEGA HEALTH CORPORATION

(NAME OF REGISTRANT AS SPECIFIED IN CHARTER)

Has caused this notification to be signed on its behalf by the undersigned thereunto duly authorized.

Date: May 15, 2003 By: /s/ John W. Gandy

John W. Gandy President

INSTRUCTION. The form may be signed by an executive officer of the registrant or by any other duly authorized representative. The name and title of the person signing the form shall be typed or printed beneath the signature. If the statement is signed on behalf of the registrant by an authorized representative (other than an executive officer), evidence of the representative's authority to sign on behalf of the registrant shall be filed with the form.

ATTENTION

Intentional misstatements or omissions of fact constitute Federal criminal violations (see 18 U.S.C. 1001).

GENERAL INSTRUCTIONS

- 1. This form is required by Rule 12b-25 of the General Rules and Regulations under the Securities Exchange Act of 1934.
- 2. One signed original and four confirmed copies of this form and amendments thereto must be completed and filed with the Securities and Exchange Commission, Washington, DC 20549, in accordance with Rule 0-3 of the General Rules and Regulations under the Act. The information contained in or filed with the form will be made a matter of the public record in the Commission files.
- 3. A manually signed copy of the form and amendments thereto shall be filed with each national securities exchange on which any class of securities of the registrant is registered.
- 4. Amendments to the notifications must also be filed on Form 12b-25 but need not restate information that has been correctly furnished. The form shall be clearly identified as an amended notification.
- 5. Electronic Filers. This form shall not be used by electronic filers unable to timely file a report solely due to electronic difficulties. Filers

unable to submit a report within the time period prescribed due to difficulties in electronic filing should comply with either Rule 201 or Rule 202 of Regulation S-T or apply for an adjustment in filing date pursuant to Rule 13(b) of Regulation S-T.