EIDSON DENNIS Form 4

May 19, 2009

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

OMB Number:

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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

1(b).

(Print or Type Responses)

See Instruction

1. Name and Address of Reporting Person * 5. Relationship of Reporting Person(s) to 2. Issuer Name and Ticker or Trading **EIDSON DENNIS** Issuer Symbol SPARTAN STORES INC [SPTN] (Check all applicable) (First) (Middle) (Last) 3. Date of Earliest Transaction (Month/Day/Year) _X__ Director 10% Owner Other (specify X_ Officer (give title C/O 850 - 76TH STREET SW 05/15/2009 below) President & C.E.O. (Street) 4. If Amendment, Date Original 6. Individual or Joint/Group Filing(Check Filed(Month/Day/Year) Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting **GRAND RAPIDS, MI 49518** Person

(City)	(State)	(Zip) Tabl	e I - Non-D	Derivative S	Securi	ities Acqu	iired, Disposed of	, or Beneficial	ly Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transactic Code (Instr. 8)	4. Securit on(A) or Dis (Instr. 3, 4)	sposed	of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
Common Stock (1)	05/15/2009		A	39,600	A	\$0	127,677	D	
Common Stock (2)	05/18/2009		F	838	D	\$ 13.34	126,839	D	
Common Stock							1,560.048	I	By 401(k) Plan

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	5. Number of orDerivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Stock Option (Right to Buy) (3)	\$ 13.87	05/15/2009		A	9,350	05/01/2010	05/15/2019	Common Stock	9,350
Stock Option (Right to Buy) (3)	\$ 13.87	05/15/2009		A	9,350	05/01/2011	05/15/2019	Common Stock	9,350
Stock Option (Right to Buy) (3)	\$ 13.87	05/15/2009		A	9,350	05/01/2012	05/15/2019	Common Stock	9,350
Stock Option (Right to Buy) (3)	\$ 13.87	05/15/2009		A	9,350	05/01/2013	05/15/2019	Common Stock	9,350
Restricted Stock Unit	<u>(4)</u>	05/15/2009		A	20,400 (5)	<u>(4)</u>	<u>(4)</u>	Common Stock	20,400

Reporting Owners

Reporting Owner Name / Address	Relationships						
· · · · · · · · · · · · · · · · · · ·	Director	10% Owner	Officer	Other			
EIDSON DENNIS C/O 850 - 76TH STREET SW GRAND RAPIDS, MI 49518	X		President & C.E.O.				
Signatures							
/s/ Daniel C. Persinger, By Pow Attorney	er of	05/19/2009					
**Signature of Reporting Person		Date					

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Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- Reports the grant of shares of restricted stock under the Spartan Stores, Inc. Stock Incentive Plan of 2005 ("Plan"). These shares will vest at the rate of 20% each year beginning on May 1, 2010, and will be fully vested on May 1, 2014. Prior to vesting, these shares will remain subject to restrictions in accordance with the Plan and the terms of the grant.
- (2) These shares were withheld by Spartan Stores, Inc. to satisfy tax withholding obligations incident upon the vesting of shares of restricted stock, the grant of which was previously reported.
- Reports the grant of options to purchase shares of stock under the Plan. The options will vest at the rate of 25% each year beginning on (3) May 1, 2010, and will be fully vested on May 1, 2013. Prior to vesting, the options will remain subject to restrictions in accordance with the Plan and the terms of the grant.
- Represents the award of Restricted Stock Units ("RSUs") under the Plan. Each RSU represents the contingent right to receive one share of Spartan Stores, Inc. common stock. The conversion of these RSUs into common stock is contingent upon the Company's achievement of specified levels of the performance measure for the fiscal year ending March 27, 2010.
- Represents the target grant number. The actual number of shares that will be paid in respect of the RSU award may range from 0% to 200% of the target grant number depending upon the Company's achievement of specified levels of the performance measure for the fiscal year ending March 27, 2010.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.