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BANK OF NOVA SCOTIA / Form 6-K August 29, 2006

SECURITIES AND EXCHANGE COMMISSION

Washington, DC 20549
Form 6-K
Report of Foreign Issuer
Pursuant to Rule 13a-16 or 15d-16 of
the Securities Exchange Act of 1934

For the month of: August, 2006 Commission File Number: 001-31316

THE BANK OF NOVA SCOTIA

(Name of registrant)

44 King Street West, 9th Floor, Scotia Plaza, Toronto, Ontario, M5H 1H1 416-866-4862

(Address of Principal Executive Offices)

Indicate by check mark whether the registrant files or will file annual reports under cover of Form 20-F or Form 40-F:

Form 20-F o Form 40-F b
Indicate by check mark whether the registrant by furnishing the information contained in this Form is also thereby furnishing the information to the SEC pursuant to Rule 12g3-2(b) under the Securities Exchange Act of 1934:

Yes o No þ

If Yes is marked, indicate the file number assigned to the registrant in connection with Rule 12g3-2(b): N/A

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SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned, thereunto duly authorized.

THE BANK OF NOVA SCOTIA

Date: August 29, 2006 By: /s/ Sean McGuckin

Name: Sean McGuckin

Title: Senior Vice-President, and Chief

Accountant

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EXHIBIT INDEX

Exhibit Description of Exhibit

99.1 Third Quarter 2006 Report to Shareholders