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BCB BANCC Form 4	ORP INC										
August 09, 20 FORM Check this if no longe subject to Section 16 Form 4 or Form 5 obligation may conti <i>See</i> Instru- 1(b).	4 UNITED S s box er STATEM 5. 5. 5. 5. 5. 5. 5. 5. 5. 5.	ENT O	Wasl F CHANC Section 16	hington, GES IN I SECUR 5(a) of the lity Hold	D.C. 205 BENEFI ITIES e Securiti ling Com	549 CIA es Ex pany	L OW xchang Act o	COMMISSION NERSHIP OF ge Act of 1934, f 1935 or Sectio 40	OMB Number: Expires: Estimated a burden hou response	irs per	
(Print or Type R	esponses)										
LYGA JOSEPH Symb BCE (Last) (First) (Middle) 3. Da (Mon			2. Issuer Name and Ticker or Trading Symbol BCB BANCORP INC [BCBP]				g	5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Officer (give title10% Owner Other (specify below)			
			3. Date of 1 (Month/Da	B. Date of Earliest Transaction Month/Day/Year) 08/03/2005							
BAYONE, N	(Street) JJ 07002		4. If Amen Filed(Mont		-			6. Individual or Jo Applicable Line) _X_ Form filed by Form filed by P Person	One Reporting Pe	erson	
(City)	(State)	(Zip)	Table	I - Non-D	erivative S	Securi	ties Ac	quired, Disposed o	f. or Beneficial	llv Owned	
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	Executio any		3. Transactic Code (Instr. 8)	4. Securit onAcquired Disposed (Instr. 3,	ties l (A) c l of (D 4 and (A) or	or 9) 5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	-	
Common Stock	08/03/2005			Code V P	Amount 500	(D) A	Price \$ 20	31,012	D		
Common Stock								242	Ι	Son	
Common Stock								333	Ι	Wife	
Common Stock								333	Ι	Wife and son	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of SEC 1474 information contained in this form are not (9-02)

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required to respond unless the form displays a currently valid OMB control number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactio Code (Instr. 8)	5. of Derivati Securitie Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)			7. Title and Amount of Underlying Securities (Instr. 3 and 4)		8. Pri Deriv Secu (Instr
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares	
Stock options	\$ 8.26					07/08/2002	07/08/2012	Common stock	2,212	
Stock options	\$ 14.59					08/13/2003	08/13/2013	Common stock	2,044	
Stock options	\$ 18.5					08/12/2004	08/12/2014	Common stock	10,619	

Reporting Owners

Reporting Owner Name / Address	Relationships						
	Director	10% Owner	Officer Other				
LYGA JOSEPH							
104-110 AVE C	Х						
BAYONE, NJ 07002							
Signatures							

For: Joseph Lyga, by: Edward Quint, pursuant to power of attorney

**Signature of Reporting Person

Explanation of Responses:

* If the form is filed by more than one reporting person, see Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

08/07/2005

Date