

REINSURANCE GROUP OF AMERICA INC

Form DEF 14A

April 08, 2010

Table of Contents

SCHEDULE 14A
(RULE 14a-101)
INFORMATION REQUIRED IN PROXY STATEMENT
SCHEDULE 14A INFORMATION
PROXY STATEMENT PURSUANT TO SECTION 14(a) OF THE SECURITIES
EXCHANGE ACT OF 1934 (AMENDMENT NO.)

Filed by the registrant

Filed by a party other than the registrant

Check the appropriate box:

- Preliminary proxy statement
- Confidential, for Use of the Commission
Only (as permitted by Rule 14a-6(e)(2))
- Definitive proxy statement
- Definitive additional materials
- Soliciting material pursuant to Rule 14a-12

REINSURANCE GROUP OF AMERICA, INCORPORATED

(Name of Registrant as Specified in Its Charter)

(Name of Person(s) Filing Proxy Statement, if other than the Registrant)

Payment of filing fee (Check the appropriate box):

No fee required.

Fee computed on table below per Exchange Act Rules 14a-6(i)(1) and 0-11.

(1) Title of each class of securities to which transaction applies:

(2) Aggregate number of securities to which transaction applies:

(3) Per unit price or other underlying value of transaction computed pursuant to Exchange Act Rule 0-11
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(4) Proposed maximum aggregate value of transaction:

(5) Total fee paid:

Fee paid previously with preliminary materials.

Check box if any part of the fee is offset as provided by Exchange Act Rule 0-11(a)(2) and identify the filing for which the offsetting fee was paid previously. Identify the previous filing by registration statement number, or the form or schedule and the date of its filing.

(1) Amount previously paid:

(2) Form, schedule or registration statement no.:

(3) Filing party:

(4) Date filed:

Table of Contents

**Notice of the Annual Meeting of
the Shareholders of
Reinsurance Group of America, Incorporated**

Chesterfield, Missouri
April 8, 2010

TO THE SHAREHOLDERS OF
REINSURANCE GROUP OF AMERICA, INCORPORATED

The Annual Meeting of the Shareholders of Reinsurance Group of America, Incorporated will be held at the Company's offices located at 1370 Timberlake Manor Parkway, Chesterfield, Missouri on May 19, 2010, commencing at 2:00 p.m., at which meeting only holders of record of the Company's common stock at the close of business on March 18, 2010 will be entitled to vote, for the following purposes:

1. To elect three directors for terms expiring in 2013 and one director for a term expiring in 2012;
2. To ratify the appointment of Deloitte & Touche LLP as the Company's independent auditor for the fiscal year ending December 31, 2010; and
3. To transact such other business as may properly come before the meeting.

REINSURANCE GROUP OF AMERICA,
INCORPORATED

By

J. Cliff Eason
Chairman of the Board

James E. Sherman
Secretary

Table of Contents

	Page No.
<u>Notice of the Annual Meeting of Shareholders</u>	i
<u>Information About the 2010 Annual Meeting and Proxy Voting</u>	1
<u>Proxy Statement</u>	1
<u>Item 1 - Election of Directors</u>	2
<u>Corporate Governance</u>	4
<u>Board of Directors and Committees</u>	8
<u>Compensation Discussion and Analysis</u>	9
<u>Compensation Committee Report</u>	21
<u>Executive Compensation</u>	21
<u>Summary Compensation Table</u>	21
<u>Grants of Plan-Based Awards in 2009</u>	22
<u>Outstanding Equity Awards at 2009 Fiscal Year-End</u>	24
<u>Option Exercises and Stock Vested During Fiscal 2009</u>	28
<u>Pension Benefits in Fiscal 2009</u>	29
<u>Nonqualified Deferred Compensation in Fiscal 2009</u>	30
<u>Potential Payments Upon Termination or Change of Control</u>	31
<u>Director Compensation</u>	33
<u>Securities Ownership of Directors, Management and Certain Beneficial Owners</u>	34
<u>Certain Relationships and Related Person Transactions</u>	36
<u>Item 2 Ratification of Appointment of the Independent Auditor</u>	38
<u>Equity Compensation Plan Information</u>	40
<u>Additional Information</u>	40

Table of Contents

Information About the 2010 Annual Meeting and Proxy Voting

Even though you may plan to attend the meeting in person, please mark, date, and execute the enclosed proxy and mail it promptly. A postage-paid return envelope is enclosed for your convenience.

1370 Timberlake Manor Parkway
Chesterfield, Missouri 63017-6039

**Proxy Statement
for the
Annual Meeting of the Shareholders
To Be Held May 19, 2010
at RGA's Offices in Chesterfield, Missouri**

This Proxy Statement is furnished to the holders of common stock of Reinsurance Group of America, Incorporated (the Company or RGA) in connection with the solicitation of proxies for use in connection with the Annual Meeting of the Shareholders to be held at 2:00 p.m. May 19, 2010, and all adjournments and postponements thereof, for the purposes set forth in the accompanying Notice of the Annual Meeting of the Shareholders. Such holders are hereinafter referred to as the Shareholders. The Company is first mailing this Proxy Statement and the enclosed Annual Report to Shareholders for the fiscal year ended December 31, 2009, on or about April 8, 2010.

Whether or not you expect to be present in person at the meeting, you are requested to complete, sign, date, and return the enclosed form of proxy. If you attend the meeting, you may vote by ballot. If you do not attend the meeting, your shares of common stock can be voted only when represented by a properly executed proxy.

Any person giving such a proxy has the right to revoke it at any time before it is voted by giving written notice of revocation to the Secretary of the Company, by duly executing and delivering a proxy bearing a later date, or by attending the Annual Meeting and voting in person.

The close of business on March 18, 2010 has been fixed as the record date for the determination of the Shareholders entitled to vote at the Annual Meeting of the Shareholders. As of the record date, approximately 73,096,349 shares of common stock were outstanding and entitled to be voted at such meeting. Shareholders will be entitled to cast one vote on each matter for each share of common stock held of record on the record date.

The Board of Directors of the Company makes this proxy solicitation. The solicitation will primarily be by mail and the expense thereof will be paid by the Company. In addition, proxies may be solicited by telephone or telefax by directors, officers, or regular employees of the Company.

Important Notice Regarding the Availability of Proxy Materials for the Shareholders Meeting to be held May 19, 2010: This Proxy Statement and our 2009 Annual Report to Shareholders are available at www.rgare.com.

Table of Contents

Item 1 Election of Directors

The first item to be acted upon at the Annual Meeting is (a) the election of Rachel Lomax, William J. Bartlett and Alan C. Henderson as directors of the Company for terms expiring at the Annual Meeting in 2013, and (b) the election of Fred Sievert as a director of the Company for a term expiring at the Annual Meeting in 2012, or until their respective successors have been elected and have qualified. Proxies cannot be voted for a greater number of persons than the number of nominees named.

Nominees and Continuing Directors

The Board of Directors is divided into three classes, each of which contains three directors, with the terms of office of each class ending in successive years. Currently, the Board has nine directors. Certain information with respect to the nominees for election as directors proposed by the Company and the other directors whose terms of office as directors will continue after the Annual Meeting is set forth below. Each of the directors has served in his or her principal occupation for the last five fiscal years, unless otherwise indicated.

Should any one or more of the nominees be unable or unwilling to serve (which is not expected), the proxies (except proxies marked to the contrary) will be voted for such other person or persons as the Board of Directors of the Company may recommend. All of the nominees are currently directors of the Company. All of the nominees for director have agreed to serve if elected.

New Directors

On July 23, 2009 and on January 28, 2010, in accordance with the terms and conditions expressed in the Company's Amended and Restated Articles of Incorporation, the Board elected Rachel Lomax and Fred Sievert respectively, as new Directors by the affirmative vote of a majority of the entire Board of Directors.

Vote Required

If a quorum is present, the vote required to approve this Item 1 is a majority of the common stock represented in person or by proxy at the Annual Meeting. The Company recommends a vote **FOR** the nominees for election to the Board.

**To Be Elected as Directors for Terms Ending in 2013:
William J. Bartlett, 60**

**Director Since
2004**

Retired partner, Ernst & Young Australia. Mr. Bartlett was an accountant and consultant with Ernst & Young for over 35 years and advised numerous clients in the global insurance industry. Mr. Bartlett was appointed a partner of Ernst & Young in Sydney, Australia in July 1980, a position he held until his retirement in June 2003. He served as chairman of the firm's global insurance practice from 1991 to 2000, and was chairman of the Australian insurance practice group from 1989 to 1998. He holds several professional memberships in Australia (ACPA and FCA), South Africa (CASA), and the United Kingdom (FCMA). Mr. Bartlett previously served as a member of the Australian Life Insurance Actuarial Standards Board and a consultant to the Australian Financial Reporting Council on Auditor Independence.

Table of Contents**To Be Elected as Directors for Terms Ending in 2013:****Alan C. Henderson, 64****Director Since
2002**

Retired President and Chief Executive Officer of RehabCare Group, Inc. (RehabCare) from June 1998 until June 2003. Prior to becoming President and Chief Executive Officer, Mr. Henderson was Executive Vice President, Chief Financial Officer and Secretary of RehabCare from 1991 through May 1998. Mr. Henderson was a director of RehabCare from June 1998 to December 2003, Angelica Corporation from March 2001 to June 2003, and General American Capital Corp., a registered investment company, from October 1989 to April 2003.

Rachel Lomax, 64**2009**

Former Deputy Governor, Monetary Stability at the Bank of England from 2003 to 2008, where she was responsible for monetary assessment and money market operation. Prior to joining the Bank, Ms. Lomax served as Permanent Secretary for the Department of Transport and held the same position at the Department for Work and Pensions (1999 to 2002) and the Welsh Office (1996 to 1999). She served as Vice President and Chief of Staff to the President of the World Bank from 1995 to 1996, and was Head of the Economic and Domestic Secretariat at the Cabinet Office in 1994. Ms. Lomax is an independent, non-executive director of HSBC Holdings plc, and The Scottish American Investment Company PLC.

To Be Elected as Director for Term Ending in 2012:**Fred Sievert, 62****Director Since
2010**

Retired President of New York Life Insurance Company from 2002 through 2007. Mr. Sievert shared responsibility for overall company management in the Office of the Chairman, from 2004 until his retirement in 2007. Mr. Sievert joined New York Life in 1992 as senior vice president and chief financial officer. In 1995, Mr. Sievert was promoted to executive vice president and was elected to the Board of Directors in November 1996. In addition, he was president and a member of the board of New York Life Insurance and Annuity Corporation, served as chairman of the board of NYLIFE Insurance Company of Arizona, and served on the Board of Directors for Max New York Life, the company's joint venture in India, Siam Commercial New York Life, the joint venture in Thailand, and the company's South Korea operation. Prior to joining New York Life, Mr. Sievert was a senior vice president for Royal Maccabees Life Insurance Company, a subsidiary of the Royal Insurance Group of London, England.

To Continue in Office Until 2012:**Stuart I. Greenbaum, 73****Director Since
1997**

Professor emeritus at the John M. Olin School of Business at Washington University since January 2007. Mr. Greenbaum served as Dean of the Olin School of Business from July 1995 to July 2005 and as professor from July 1995 to January 2007. Prior to joining the Olin School of Business, he spent 20 years at the Kellogg Graduate School of Management at Northwestern University where he was Director of the Banking Research Center and Norman Strunk Distinguished Professor of Financial Institutions. Mr.

Greenbaum has served on the Federal Savings and Loan Advisory Council and the Illinois Task Force on Financial Services, and has been a consultant for the American Bankers Association, the Bank Administration Institute, the Comptroller of the Currency, the Federal Reserve System, and the Federal Home Loan Bank System, among others.

Table of Contents**To Continue in Office Until 2012:
A. Greig Woodring, 58****Director Since
1993**

President and Chief Executive Officer of the Company since 1993. Mr. Woodring headed the reinsurance business at General American Life Insurance Company (General American) from 1986 until the Company's formation in December 1992. He also serves as a director and officer of a number of subsidiaries of the Company.

**To Continue in Office Until 2011:
John F. Danahy, 63****Director Since
2009**

Retired Chairman and Chief Operating Officer of May Merchandising Company and May Department Stores International, subsidiaries of The May Department Stores Company (MDSC). Mr. Danahy served in various positions within MDSC for 38 years until his retirement in 2006. Mr. Danahy previously served as corporate-wide Senior Vice President of Information Technology and as Chairman and Chief Operating Officer of The Famous-Barr Co. for five years. Mr. Danahy has an Executive Master of Business Administration degree from Washington University's Olin Business School.

Arnoud W.A. Boot, 50**2009**

Professor of Corporate Finance and Financial Markets at the University of Amsterdam and director of the Amsterdam Center for Law & Economics since 2002. Mr. Boot is the Founder and Director of the Amsterdam Center for Corporate Finance. Prior to his current positions, Mr. Boot was a partner in the Finance and Strategy Practice at McKinsey & Company from 2000 through 2001 and was the Vice Dean, Faculty of Economics and Econometrics at the University of Amsterdam from 1998 through 2000. Mr. Boot serves as a member of the Dutch Social Economic Council and the Bank Council of the Dutch Central Bank. He is an advisor to the Riksbank (Central Bank of Sweden). He is also a research fellow at the Centre for Economic Policy Research in London and the Davidson Institute of the University of Michigan.

J. Cliff Eason, 62**1993**

Retired President and CEO of Southwestern Bell Telephone, SBC Communications, Inc. (SBC), a position he held from September 2000 through January 2001. Mr. Eason served as President, Network Services from 1999 through 2000; President, SBC International of SBC, from 1998 until 1999; President and CEO of Southwestern Bell Telephone Company (SWBTC) from 1996 until 1998; President and CEO of Southwestern Bell Communications, Inc. from 1995 through 1996; President of Network Services of SWBTC from 1993 through 1995; and President of Southwestern Bell Telephone Company of the Midwest from 1992 to 1993. He held various other positions with SBC and its subsidiaries prior to 1992. Mr. Eason was a director of Williams Communications Group, Inc. until his retirement in January 2001.

Corporate Governance

We have adopted an Employee Code of Business Conduct and Ethics (the Employee Code), a Directors' Code of Conduct (the Directors' Code), and a Financial Management Code of Professional Conduct (the Financial Management Code). The Employee Code applies to all employees and officers of RGA and its subsidiaries. The Directors' Code

applies to directors of RGA and its subsidiaries. The Financial Management Code applies to our chief executive officer, chief financial officer, corporate controller, primary financial officers in each business unit, and all professionals in finance and finance-related

Table of Contents

departments. We intend to satisfy any disclosure obligations under Item 5.05 of Form 8-K by posting on our website information about amendments to, or waivers from, any provision of the Financial Management Code that applies to our chief executive officer, chief financial officer, and corporate controller.

In March 2004, the Board of Directors adopted Corporate Governance Guidelines (revised February 2009), a revised Audit Committee Charter, charters for the Compensation Committee and Nominating and Corporate Governance Committee and in July 2009, the Board adopted a charter for the Finance, Investment and Risk Management Committee (collectively Governance Documents). The Codes and Governance Documents referenced above are available on our website at www.rgare.com. Information on our website does not constitute part of this Proxy Statement. We will provide without charge, upon written or oral request, a copy of any of the Codes of Conduct or Governance Documents. Requests should be directed to Investor Relations, Reinsurance Group of America, Incorporated, 1370 Timberlake Manor Parkway, Chesterfield, Missouri 63017 by electronic mail (investrelations@rgare.com), or by telephone (636-736-7243).

Qualifications of Directors

Our Board of Directors is made up of nine individuals, each with a valuable core set of skills, talents and attributes that make them a good fit for our Company's Board as a whole. When searching for new Board candidates, the Nominating and Corporate Governance Committee considers the evolving needs of the Board and searches for candidates that fill any current or anticipated future gap. As determined by our Board and the Nominating and Corporate Governance Committee, all of our directors possess the following qualifications: financial literacy; leadership experience; commitment to the Company's values; absence of conflicting commitments; and knowledge and experience that will complement that of other directors and promote the creation of shareholder value. Other areas of expertise or experience are desirable given our Company's industry and the current make-up of the Board, such as expertise or experience in: life insurance, information technology, international markets, operations, capital markets, banking, risk management, public company service and actuarial science. The process undertaken by the Nominating and Corporate Governance Committee in recommending qualified director candidates is described under Shareholder Nominations and Proposals.

All of our directors bring significant executive leadership derived from their careers and professions. When considering whether our current directors had the experience, qualifications, attributes and skills, taken as a whole, to enable the Board of Directors to satisfy its oversight responsibilities effectively in light of the Company's business and structure, the Nominating and Corporate Governance Committee and the Board of Directors focused primarily on the information discussed in each of the Directors' individual biographies described above.

Director Independence

In accordance with the Corporate Governance Guidelines, the Board undertook reviews of director independence in February 2009 and February 2010. During each of these reviews, the Board received a report from our Law Department noting that there were no transactions or relationships between RGA or its subsidiaries and any of Messrs. Bartlett, Eason, Greenbaum, Henderson, Danahy, Boot, nor any member of such director's immediate family. The Board received similar reports regarding Ms. Lomax in July 2009 and Mr. Sievert in January 2010. The purpose of this review was to determine whether any of those directors had a material relationship with us that would preclude such director from being independent under the listing standards of the New York Stock Exchange (NYSE) or our Corporate Governance Guidelines.

As a result of this review, the Board affirmatively determined, in its judgment, that each of the eight directors named above are independent of us and our management under the applicable standards. Mr. Woodring is a non-independent director because he is our Chief Executive Officer.

Board Diversity

Although we do not have a formal policy with respect to diversity, the Nominating and Corporate Governance Committee believes that it is essential that the Board members represent diverse viewpoints,

Table of Contents

skills and experience. When considering Board candidates, the Committee focuses on various aspects of diversity, such as diversity of gender, race, national origin, education, professional experience, geographic representation and differences in viewpoints and skills.

Board Leadership Structure

In recognition of the differences between the two roles and in order to maximize effective board leadership, our Company separates the position of CEO and Chairman of the Board. The CEO is responsible for setting the strategic direction for the Company and the day to day leadership and performance of the Company, while the Chairman of the Board provides guidance to the CEO and sets the agenda for Board meetings and presides over meetings of the full Board.

The Board's Role in Risk Oversight

The Board has an active and ongoing role, as a whole and also at the committee level, in overseeing management of the Company's risks. In April 2009, the Board of Directors established a Finance, Investment and Risk Management (FIRM) Committee to assist the Board with its oversight responsibilities and strengthen and support efforts to promote best practices in the Company's enterprise risk management activities. The FIRM Committee reviews, monitors, and when appropriate, approves the Company's programs, policies and strategies relating to financial and investment risks and overall enterprise risk management. In addition, the Audit Committee oversees management of risks related to accounting and financial reporting and reviews reports on ethics and compliance matters each quarter. The Compensation Committee is responsible for overseeing the management of risks relating to the Company's employee compensation policies, practices, plans and arrangements. The Nominating and Corporate Governance Committee manages risks associated with the independence of the Board of Directors and potential conflicts of interest. While each committee is responsible for evaluating certain risks and overseeing the management of such risks, Committee meetings are scheduled so the entire Board of Directors (including directors who are not actual committee members) are able to participate in Committee meetings and stay apprised of the risks monitored and discussed by each Committee. In addition, each Committee provides quarterly committee reports and committee recommendations as required or appropriate.

Risk Considerations in our Compensation Program

The Compensation Committee continually considers the Company's long-standing culture which emphasizes incremental continuous improvement and sustained shareholder value creation, and ensures that these factors are reflected in the design of the Company's compensations plans. Our program is structured so that a considerable amount of our incentive eligible employees' compensation is tied to the long-term health of the Company. We avoid the type of disproportionately large short-term incentives that could encourage employees to take risks that may not be in RGA shareholder's long-term interests, and we weight our management's incentive compensation toward profitability and long-term performance. We believe this combination of factors encourages our executives and other employees to manage RGA in a prudent manner with a focus on increasing shareholder value over the long-term. Furthermore, as described in our Compensation Discussion and Analysis, the Compensation Committee may exercise full discretion and include subjective considerations in its incentive compensation decisions, which restrains the influence of formulae or objective factors on excessive risk taking.

While a significant portion of our executive compensation plan is performance-based, we do not believe that our program encourages excessive or unnecessary risk-taking. While risk-taking is a fundamental and necessary part of our business, the Compensation Committee has focused on aligning the Company's compensation policies with the Company's long-term interests and avoiding short-term rewards for management decisions that could pose long-term risks to the Company as follows:

Management Incentive Plan. Our Management Incentive Plan (MIP) is designed to reinforce our pay for performance culture by making a significant portion of management's annual bonus compensation variable and based solely or on a combination of Company business unit or individual

Table of Contents

(except for the NEOs) performance. The MIP aligns annual cash bonus compensation with our short-term business strategies and the targets reflect our short-term goals for operating earnings per share and revenue growth. The Compensation Committee sets award levels with a minimum level of performance that must be met before any payment can be made. To further ensure that there is not a significant incentive for unnecessary risk-taking, we cap the payout of these awards at 200% of target. We measure Company performance under the MIP based 75% on annual operating earnings (net income from continuing operations less realized capital gains and losses and certain other non-operating items) per share and 25% on annual consolidated revenues, which helps weight the incentive toward actual profitability as compared to pure revenue growth.

Intermediate Term Bonus Program. Our Intermediate Term Bonus (ITB) program is a three year performance-driven incentive program which reinforces our intermediate-term strategic, financial and operating goals. The measures used for ITB awards are an important means of aligning the economic interests of management and shareholders. Annual grants of performance contingent restricted stock (PCRS) are designed to reward the achievement of specific intermediate-term corporate financial performance goals. The Compensation Committee sets award levels with a minimum level of performance that must be met before any payment can be made. To further ensure that there is not a significant incentive for unnecessary risk-taking, we cap the payout of these awards at 200% of target. We measure performance for the 2007 ITB awards based 67% on a compound annual growth rate for operating earnings per share and 33% on a compound annual growth rate for revenue, both calculated as of the end of the three-year performance period. Commencing with the 2008 ITB awards, operating return on average equity (ROE) replaced growth in operating earnings as an ITB measure, and for the 2010 ITB award we added a measure for relative return on average equity, which the Compensation Committee believes helps weight the incentive further toward risk-adjusted profitability.

Long Term Incentive Compensation. Our Flexible Stock Plan provides for the award of various types of long-term equity incentives, including stock options, to officers at the vice president level and above who have the ability to favorably affect our business and financial performance. We believe that stock options provide the most appropriate vehicle for providing long-term value to management because of the economic tie to shareholder value. Annual grants of stock options allow us to reward the achievement of long-term goals and are based on our desire to achieve an appropriate balance between the overall risk and reward for short, intermediate and long-term incentive opportunities.

Share Ownership Guidelines. Our share ownership guidelines require officers at the level of Senior Vice President and higher to hold a specified value of Company stock which is based on a multiple of their annual salary. This ensures that our senior management will have a significant amount of value tied to long-term holdings in RGA stock.

Communications with the Board of Directors

The Board of Directors has posted the process whereby interested parties and shareholders can communicate with our directors and the Board on our website at www.rgare.com. Information on our website does not constitute part of this Proxy Statement. Interested parties and shareholders may communicate directly with our presiding director, Mr. Eason, by sending a written communication as follows:

General Counsel
Reinsurance Group of America, Incorporated
1370 Timberlake Manor Parkway
Chesterfield, MO 63017

The process for communicating with the Board provides that the General Counsel will make a record of the receipt of any such communications. All properly addressed communications will be delivered to the

Table of Contents

specified recipient(s) not less than once each calendar quarter, and will not be directed to or reviewed by management prior to receipt by such persons.

Board of Directors and Committees

The Board of Directors held a total of six regular meetings and no special meetings during 2009. Each incumbent director attended at least 75% of the meetings of the Board and committees on which he or she served during 2009. We do not have a policy with regard to attendance by Directors at the annual meeting of shareholders. The Chairman of the Board attended the 2009 annual meeting of shareholders. The Board of Directors has an Audit Committee established in accordance with Section 3(a)(58)(A) of the Securities Exchange Act of 1934, as amended (Exchange Act), a Compensation Committee, a Nominating and Corporate Governance Committee, and a Finance, Investment and Risk Management Committee.

Audit Committee

The Audit Committee met eight times in 2009. From January 1, 2009 until April 15, 2009, the Committee consisted of Messrs. Bartlett (Chairman), Eason, Greenbaum, and Henderson. As of April 15, 2009, the Committee consisted of Messrs. Bartlett (Chairman), Boot and Danahy. Ms. Lomax joined the Committee on July 23, 2009. The Committee is directly responsible for the appointment, compensation, retention and oversight of the work of our independent auditor. The Committee oversees our accounting and financial reporting processes, the adequacy of our internal controls over financial reporting and disclosure controls and procedures, the integrity of our financial statements, pre-approves all audit and non-audit services to be provided by the independent auditor, reviews reports concerning significant legal and regulatory matters, and reviews the plans and performance of our internal audit function. The Committee also reviews and discusses our filings on Forms 10-K and 10-Q, including the financial information in those filings. The Audit Committee works closely with management as well as our independent auditor and internal auditor. A more detailed description of the role and responsibilities of the Audit Committee is set forth in a written charter, adopted by the Board of Directors, which is available on our website (www.rgare.com). The Audit Committee has established procedures for the receipt, retention, and treatment of complaints regarding accounting, internal accounting controls, or auditing matters. Please see the process regarding contacting the Audit Committee on our website.

The Board of Directors has determined, in its judgment, that all of the members of the Audit Committee are independent within the meaning of Securities and Exchange Commission (SEC) regulations applicable to audit committees and the NYSE listing standards. The Board of Directors has determined, in its judgment, that Messrs. Bartlett, Boot, Danahy and Ms. Lomax are qualified as audit committee financial experts within the meaning of SEC regulations, and the Board has determined that each of them has accounting and related financial management expertise within the meaning of the NYSE listing standards. The Audit Committee Charter provides that members of the Audit Committee may not simultaneously serve on the audit committee of more than two other public companies, unless he or she satisfactorily demonstrates that they have the ability to devote the time and attention required to serve on multiple audit committees.

Compensation Committee

The Compensation Committee met six times during 2009. From January 1, 2009 until April 15, 2009, the Committee consisted of Messrs. Henderson (Chairman), Bartlett, Eason and Greenbaum. As of April 15, 2009, the Committee consisted of Messrs. Danahy (Chairman), Eason and Boot. The Committee meets as often as necessary to perform its duties and responsibilities, which include establishing and overseeing our general compensation policies, reviewing and approving the performance and compensation of the CEO, other named executive officers and members of our senior management. A more detailed description of the role and responsibilities of the Compensation Committee is set forth in a written charter adopted by the Board of Directors, which is available on our website (www.rgare.com). Information on our website does not constitute part of this Proxy Statement. The Board of Directors has determined, in its judgment, that all of the Committee's members are independent within the meaning of the NYSE listing standards.

Table of Contents

Compensation Committee Interlocks and Insider Participation

The members of the Compensation Committee are not and have never been officers or employees of RGA or any of its subsidiaries. No directors or executive officers of our Company serve on the compensation committee of another company of which a member of our Compensation Committee is an officer.

Nominating and Corporate Governance Committee

The Nominating and Corporate Governance Committee met three times in 2009. From January 1, 2009 until April 15, 2009, the Committee consisted of Messrs. Greenbaum (Chairman), Bartlett, Eason and Henderson. As of April 15, 2009, the Committee consisted of Messrs. Henderson (Chairman), Eason and Greenbaum. This Committee is responsible for developing and implementing policies and practices relating to corporate governance, including reviewing and monitoring implementation of our Corporate Governance Guidelines. In addition, the Committee identifies individuals qualified to become members of the Board, consistent with the criteria established by the Board; develops and reviews background information on candidates for the Board; and makes recommendations to the Board regarding such candidates. The Committee also will prepare and supervise the Board's annual review of director independence and the performance of self-evaluations to be conducted by the Board and Committees. A more detailed description of the role and responsibilities of the Nominating and Corporate Governance Committee is set forth in a written charter adopted by the Board of Directors, which is available on our website (www.rgare.com). The Board of Directors has determined, in its judgment, that all of the Committee's members are independent within the meaning of the NYSE listing standards. Shareholders wishing to propose nominees to the Committee for consideration should notify in writing our Secretary in accordance with the process described in Additional Information Shareholder Nominations and Proposals. The Secretary will inform the members of the Committee of such nominees.

Finance, Investment and Risk Management Committee

The Board of Directors formed a Finance, Investment and Risk Management Committee in April 2009. This Committee met four times in 2009. From inception, the Committee consisted of Messrs. Greenbaum (Chairman), Bartlett, Henderson and Woodring. On July 23, 2009, Ms. Lomax joined the Committee. This Committee is responsible for assisting the Board in connection with its oversight responsibilities for the Company's risk, investment and finance policies, programs, procedures and strategies. In addition, the Committee reviews, monitors, and when appropriate, approves the Company's programs, policies and strategies relating to financial and investment risks and overall enterprise risk management. A more detailed description of the role and responsibilities of the Finance, Investment and Risk Management Committee is set forth in a written charter adopted by the Board of Directors, which is available on our website (www.rgare.com).

Compensation Discussion and Analysis

Our Board of Directors has delegated to the Compensation Committee (the Committee) the authority to establish and oversee our general compensation policies, review the performance and approve the compensation of our CEO, other named executive officers and members of our senior management. The Committee also produces this annual report on executive compensation for inclusion in our Proxy Statement (the CD&A). From January 1, 2009 until April 15, 2009, the Committee consisted of Messrs. Henderson (Chairman), Bartlett, Eason and Greenbaum. As of April 15, 2009, the Committee consisted of Messrs. Danahy (Chairman), Eason, and Boot. The Board of Directors has determined that for fiscal year 2009, Messrs. Woodring, Lay, Schuster, Watson, Nitsou and Neemeh are the named executive officers or NEOs to be included in this proxy statement.

Table of Contents

Compensation Philosophy and Objectives

We design our compensation philosophy and objectives to:

provide competitive total compensation opportunities that will attract, retain and motivate high-performing executives;

align the compensation plans to our business strategies;

reinforce our pay for performance culture by making a significant portion of compensation variable and based on company and business unit performance; and

align the financial interests of our executives and shareholders through stock-based incentives and by building executive ownership in the Company.

We use two key financial performance measures and weights designed to add emphasis to operating earnings to align our compensation plans to our business strategies, reinforce our pay for performance culture using variable compensation based on performance, and align the financial interests of our executives with our shareholders. We measure Company performance under our Management Incentive Plan (or MIP) based 75% on annual operating earnings per share and 25% on annual consolidated revenues. Operating earnings is our net income from continuing operations less realized capital gains and losses and certain other non-operating items. We use operating earnings, which is a non-GAAP financial measure, as a basis for analyzing and reporting financial results and as a basis for establishing target levels and awards under our incentive compensation plans. For our 2007 Intermediate Term Bonus (ITB) program, we measure performance based 67% on a compounded annual growth rate for operating earnings per share and 33% on a compounded annual growth rate for revenue, both calculated as of the end of the three-year performance period. Commencing with the 2008 ITB awards, operating return on average equity replaced growth in operating earnings as an ITB measure, and for the 2010 ITB award we added a measure for relative return on average equity.

Elements of Compensation

Our compensation program consists of base salary, MIP, ITB, stock options, and retirement and pension benefits. Our base salaries are designed to provide part of a competitive total compensation package that will attract, retain and motivate high-performing executives. The MIP is designed to reinforce our pay for performance culture by making a significant portion of an executive s compensation variable and based on Company business unit and individual (except for the NEOs) performance, which aligns compensation with our short-term business strategies. Our ITB and stock options are designed to reinforce our pay for performance culture, align the financial interests of our executives and shareholders, align compensation with our intermediate and long-term business strategies, and provide a significant equity component as part of the total compensation package. Finally, our retirement and pension benefits are designed to provide another part of a competitive total compensation package that permits us to attract and retain key members of our management team.

Compensation Consultant

In forming its recommendations on our overall compensation program, the Committee has, from time to time, engaged an independent consulting firm to provide advice about competitive compensation practices and determine how our executive compensation compares to that of other comparable companies, including publicly held insurance and reinsurance companies. Following a selection and interview process, in January 2007 the Committee directly engaged Hewitt Associates to advise and assist us with decisions relating to our executive compensation program, including providing advice regarding incentive plan design, annual comprehensive competitive market studies, competitive compensation data for directors, technical advice on disclosure requirements relating to executive compensation, and to apprise the Committee of compensation best practices. Hewitt Associates initial work consisted of a review of the elements and

Table of Contents

structure of our total compensation program, analyzing the performance measures used for the MIP and ITB, reviewing executive retirement plans and evaluating alternative peer groups.

The initial results of Hewitt Associates' review were discussed in January 2008, and the Committee used input from Hewitt Associates to help the Committee establish executive compensation for 2008. The Hewitt analysis that was used to establish 2008 executive compensation also served as the basis for decisions we made to establish 2009 executive compensation, which are disclosed and discussed in this CD&A.

Management Participation and Involvement in Compensation Decisions

Pursuant to the Compensation Committee charter, the Committee makes all compensation decisions and approves the compensation of our CEO, other named executive officers and senior management. Management plays a significant role in the compensation-setting process for the named executive officers (other than the CEO), senior management and all other employees. The most significant aspects of management's role are:

evaluating employee performance;

recommending business performance targets, goals and objectives; and

recommending salary levels, cash bonus and equity incentive awards.

Our chief executive officer works with the Committee chair to establish the agenda for Committee meetings. Management also prepares relevant information and reports for each Compensation Committee meeting. Our chief executive officer also participates in Committee meetings at the Committee's request to provide:

background information regarding our strategic objectives;

his evaluation of the performance of the executive officers; and

compensation recommendations as to executive officers (other than himself).

Our executive officers and other members of management are also available to Hewitt Associates or any other compensation consultant to provide information regarding position descriptions, compensation history and other information as requested, and to review draft results provided by the Committee's compensation consultant.

Benchmarking of Compensation

In 2007, Hewitt Associates performed an analysis of all elements of our executive compensation program and total direct compensation for RGA's top five named executive officers. The analysis studied national compensation surveys of executive compensation practices and included publicly available information relating to a peer group of 17 publicly traded insurance companies. In addition, an analysis of only the six life insurance companies within the peer group was conducted as an additional reference point. Also in 2007, Towers Perrin was engaged by management to conduct a competitive market assessment of total direct compensation levels for the top executive positions at the Senior Vice President level and above, which at that time included 35 positions. The analysis of the 35 top executive positions was based on survey data from Towers Perrin's 2007 Financial Services Executive Compensation Survey and Towers Perrin's 2007 Canadian Executive Compensation data base. Market data provided for each RGA executive was a composite of market data representative of the executive's scope of responsibility (in terms of assets and revenues) as well as the specific roles of their position at RGA. The analysis also considered company size in terms of premiums, revenues, assets and other similar measures.

Table of Contents

The study of our peers focused on publicly-available information, and thus focused on pay levels for each peer company's top five executives. Pay levels for our top five executives were compared to peers based on highest-paid ranking, using total cash compensation. When available, position-specific comparisons were also made.

The peer companies studied in 2007 included:

Conseco Inc. (Life & Health Insurance)

Nationwide Financial Services, Inc. (Life & Health Insurance)

Phoenix Companies Inc. (Life & Health Insurance)

Protective Life Corp. (Life & Health Insurance)

StanCorp Financial Group, Inc. (Life & Health Insurance)

Torchmark Corporation (Life & Health Insurance)

Unum Group (Life & Health Insurance)

Arch Capital Group Ltd. (Reinsurance)

Aspen Insurance Holdings Limited. (Property & Casualty)

AXIS Capital Holdings (Property & Casualty Insurance)

W. R. Berkley Corporation (Property & Casualty Insurance)

Endurance Specialty Holdings Ltd. (Reinsurance)

Everest Re Group, Ltd. (Reinsurance)

PartnerRe Ltd. (Reinsurance)

RenaissanceRe Holdings Ltd. (Reinsurance)

Transatlantic Holdings, Inc. (Reinsurance)

XL Capital Ltd. (Property & Casualty Insurance)

Some of the peer companies from our prior compensation review in 2005 (the last 10 listed above) were included in the 2007 review to provide continuity of data between 2007 and earlier compensation studies.

The Committee defined the peer group based on various metrics, including industry and size. The Committee determined that the peer companies should consist of publicly-traded reinsurers (life and property-casualty) and financial services companies, including direct competitors, which were approximately one-half to 2.5 times our size (based on revenues, assets, and other similar measures). We expect to update the peer company list periodically in order to maintain an appropriate list of companies for pay comparisons as a result of mergers and acquisitions, divestitures, growth in our size and the size of those companies in the peer group, and other changes.

We used the analyses of Hewitt Associates and Towers Perrin as the reference point for our compensation determinations in 2009 relating to base salary, total cash compensation, long-term incentives and total direct compensation. We considered individual performance, internal pay equity among positions and levels, and the relative importance of positions. We also considered our financial performance as demonstrated by revenue and earnings per

share and various other factors that differentiate us from our peers.

For 2009, the Committee determined a total compensation package for each of the six executives identified in the Summary Compensation Table (whom we refer to as our named executive officers or NEOs) that includes base salary, MIP bonus, equity awards, and pension benefits. In determining the targeted overall compensation for our chief executive officer, we considered not only the factors described above, but also our performance over the previous two years. We used a similar analysis to establish the targeted overall compensation for our other named executive officers for 2009.

For each individual named executive officer position benchmarked, we target the median of the peer companies pay for each element of compensation. The elements of compensation we targeted consist of base salary, total cash compensation (base salary + annual incentives), long-term incentive awards (equity grants) and total direct compensation as reported by companies in the peer group (base salary + annual incentives + long-term incentive awards). The review provided by Hewitt Associates in 2007 indicated that across the named executive officer positions, in aggregate our 2007 salaries were at 85% of the peer group

Table of Contents

medians; our total cash compensation was at 74% of the peer group median; our long-term incentive award levels were at 73% of the peer group median; and our aggregate total direct compensation was at 82% of the peer group median. The following table illustrates the peer company median data compared to RGA target data for the last three years.

	Base Salary	Total Cash Compensation	Long-Term Incentives	Total Direct Compensation¹
<i>Peer Company Median (2007)</i>	\$ 3,006	\$ 6,445	\$ 4,061	\$ 9,426
RGA Named Executive Officer Aggregate (2007)	\$ 2,560 (85.2%)	\$ 4,768 (74.0%)	\$ 2,960 (72.9%)	\$ 7,728 (82.0%)
RGA Named Executive Officer Aggregate (2008)	\$ 2,631 (87.5%)	\$ 4,871 (75.6%)	\$ 3,615 (89.0%)	\$ 8,486 (90.0%)
RGA Named Executive Officer Aggregate (2009)	\$ 2,728 (90.7%)	\$ 5,045 (78.3%)	\$ 4,450 (109.5%)	\$ 9,495 (100.6%)

All dollars in thousands

1. The Total Direct Compensation of the peer group is not an arithmetic total of the elements presented in this table, but instead reflects the median Total Direct Compensation of the peer group. The Total Direct Compensation amounts for RGA represent the sum of Total Cash Compensation (which includes Base Salary) and Long-Term Incentives.

Company Compensation Policies**Base Salaries**

In determining the base salaries of our named executive officers, the Committee considers our compensation compared to that of the relevant market, as determined by a review of published surveys and compensation data of the peer companies. The Committee also considers recommendations submitted to it by our chief executive officer for the other NEOs, and he provides the Committee with details as to executive performance as compared to Company performance and each executive's individual and divisional results.

2009 Salaries. In February 2009, based on our compensation strategy, our goals for and analysis of targeted overall compensation, and Company performance during the previous two years, we increased the 2009 base salary for Greig Woodring, our chief executive officer, by 3% to \$875,500. This amount reflects a level that we concluded was appropriate based on our review of his performance and leadership, and our consideration of factors relating to motivation and retention. Based upon the recommendations of our chief executive officer and our subjective evaluation of individual performance, we approved the following base salary increases for 2009 for the other named executive officers: Jack Lay, Senior Executive Vice President and Chief Financial Officer \$463,500; Paul Schuster, Senior Executive Vice President, U.S. Operations \$463,500; Graham Watson, Senior Executive Vice President, International \$525,300; Paul Nitsou, President, RGA International \$400,000, and Alain Neemeh, President and CEO, RGA Canada, who is compensated in Canadian dollars CAD 381,615 (\$360,000)

2010 Salaries. In February 2010, we established base salaries for 2010 for the named executive officers, as follows: Greig Woodring, Chief Executive Officer \$925,000; Jack Lay, Senior Executive Vice President and Chief Financial Officer \$519,120; Paul Schuster, Senior Executive Vice President, U.S. Operations \$482,040; Graham Watson, Senior Executive Vice President, International \$577,830; Paul Nitsou, President, RGA International \$452,400, and Alain Neemeh, President and CEO, RGA Canada, who is compensated in Canadian dollars CAD 412,145 (\$364,246).

Annual Management Incentives

Our management and professional level associates are eligible to participate in our MIP, which provides annual cash incentive compensation based on one or more of the following factors: our overall

Table of Contents

performance, the performance of the participant's division or business unit, and individual performance during the previous year. Under the MIP, participants may receive a cash bonus each year.

We generally set MIP objectives during February of each year, and determine results and awards the following February. MIP objectives are not tied to our peer group, and are instead tied solely to our financial performance. Our results in 2009 were measured 75% on annual operating earnings (net income from continuing operations less realized capital gains and losses and certain other non-operating items) per share and 25% on annual consolidated revenues. Divisional results are based on each division's revenues and operating earnings. Individual performance results are measured by progress on major projects, productivity, client development, personal development or similar-type goals in which the employee played a major role. While we intend to tie individual performance to clearly articulated and objective measures, it is necessary, and at times prudent, for management to use a certain degree of discretion in evaluating individual results. Based on these criteria, the Committee approves a schedule of participants, which includes individual incentive allocations, a minimum performance level that must be met before any payment to the individual can be made, as well as a target and a maximum. In addition, overall Company performance must meet certain minimum levels, which we refer to as the trigger, as determined in advance by the Committee, before any awards (including any portion of an award based solely on individual performance) are made under the MIP. Awards are based on a specified percentage of salary, which varies for each participant.

The MIP award is designed to serve as a short-term incentive. Targets reflect our short-term goals for operating earnings per share and revenue growth. The allocation of MIP awards between individual, divisional and company-wide performance varies for each participant based on his or her job responsibilities. In general, allocations for divisional and individual performance are weighted more heavily for employees with less company-wide responsibility, and allocations for company-wide performance are weighted more heavily for executives with more company-wide responsibility. The MIP allocations for Messrs. Woodring, Lay, Schuster and Watson are based solely on overall company results with no specific allocation for divisional or individual performance; accordingly, divisional and individual performance do not affect the size or payout of individual awards to named executive officers. The MIP allocations for Messrs. Nitsou and Neemeh are evenly split between overall Company results and their respective divisions' performance.

We consider divisional and individual performance when evaluating total compensation and may, from time to time, establish a specific MIP allocation for a particular business objective or project. The types of individual performance that may be taken into consideration include contributions toward revenue growth, earnings per share, return on equity capital, expense management, or product or client development, as well as, in certain cases, intangible items such as progress toward achievement of strategic goals, leadership capabilities, development of staff, or progress on major projects in which the officer played a key role. The Company has not adopted any policies (e.g. claw-back) regarding the adjustment or recovery of awards or payments if the relevant performance measures upon which they are based are restated or otherwise adjusted in a manner that would reduce the size of an award or payment.

2009 MIP Awards. In February 2009, the Compensation Committee approved the performance goals and business criteria for the named executive officers under the MIP for 2009, including the minimum, target and maximum bonus opportunities, as a percentage of base salary. The targets we established were meant to require substantial efforts by our management team toward our strategic goals, but at the same time they are intended to be within reach if such efforts are made, and also provide significant rewards for extraordinary achievement. We believe that goals that are viewed as too difficult to attain would not have the effect of providing appropriate incentive.

Table of Contents

Performance Measure	Weight	Minimum	Target	Maximum	Actual Result	Applicable Percentage Achieved
Revenues (dollars in millions)	25%	\$6,282	\$6,883	\$7,296	\$7,067	145%
Operating Earnings Per Share	75%	\$ 5.75	\$ 6.00	\$ 6.25	\$ 5.98	92%
Weighted Average						105%

In February 2010, the Committee approved the MIP awards for our named executive officers for 2009 performance. The Committee determined that our operating earnings in fiscal 2009 exceeded the amount for threshold bonus awards but did not reach the amount for target bonus awards. Revenue growth exceeded the target amount but did not reach the amount for maximum bonus awards. For Messrs. Woodring, Lay, Schuster and Watson, who have MIP allocations based solely on overall company results, the weighted average of the two MIP measures for 2009 performance was 105%. For Mr. Neemeh, who has a MIP allocation based evenly on results for the Company (105%) and RGA Canada (137%), the weighted average for his two MIP measures for 2009 performance was 121%. For Mr. Nitsou, who has a MIP allocation based evenly on results for the Company (105%) and RGA International (166%), the weighted average for his two MIP measures for 2009 performance was 136%. The average MIP award for 2009 performance as a percentage of salary for our named executive officers was approximately 90%.

The following table describes the minimum, target and maximum bonus opportunities for the named executive officers, as a percentage of base salary, as approved by the Committee in February 2009, and the actual MIP payments for 2009 performance, as approved by the Committee in February 2010:

Name	2009 Bonus at Minimum	2009 Bonus at Target	2009 Bonus at Maximum	Actual MIP Payment for 2009
Greig Woodring	0%	100%	200%	\$920,377
Jack Lay	0%	80%	160%	\$389,807
Paul Schuster	0%	80%	160%	\$389,807
Graham Watson	0%	80%	160%	\$441,781
Paul Nitsou	0%	70%	140%	\$379,336
Alain Neemeh	0%	70%	140%	\$301,807

2010 MIP Program and Opportunities. In February 2010, the Compensation Committee approved the performance measures and bonus opportunities for the 2010 MIP, as described in the table below. The design of our fiscal year 2010 annual incentive plan, including the performance period and the incentive opportunities, are substantially the same as for our fiscal year 2009 annual incentive plan. Financial goals were set in the same manner and with the same weightings as described for fiscal year 2009. The 2010 MIP objectives for Messrs. Woodring, Lay, Schuster and Watson are tied solely to overall company performance, measured 75% on annual operating earnings per share and 25% on annual consolidated revenues, with awards based on a specified percentage of salary. The MIP allocations for Messrs. Nitsou and Neemeh are evenly split between overall company performance and their respective divisions performance. The targets we established are meant to require substantial efforts by our management toward our strategic goals, but at the same time they are intended to be within reach if such efforts are made, and also provide significant rewards for extraordinary achievement. We believe that goals that are viewed as too difficult to attain would not have the effect of providing appropriate incentive.

Table of Contents

	2010 Bonus at Minimum	2010 Bonus at Target	2010 Bonus at Maximum
Greig Woodring	55%	110%	220%
Jack Lay	40%	80%	160%
Paul Schuster	40%	80%	160%
Graham Watson	40%	80%	160%
Paul Nitsou	35%	70%	140%
Alain Neemeh	35%	70%	140%

Intermediate and Long-Term Incentives

Our Flexible Stock Plan, which was established in 1993, provides for the award of various types of long-term equity incentives, including stock options, stock appreciation rights, restricted stock, performance shares, and other stock-based awards, to officers at the vice president level and above who have the ability to favorably affect our business and financial performance. The face value of the annual award varies depending on the individual's position, and ranges from 20% to 170% of base salary. The value of each annual equity incentive grant is evenly split between grants of stock options and performance contingent restricted stock (PCRS). We believe this allocation allows us to reward the achievement of intermediate and long-term goals equally, and was based both on comparisons to the market and our desire to achieve an appropriate balance between the overall risk and reward for incentive opportunities.

The PCRS grants are designed to allow us to reward the achievement of specific intermediate-term corporate financial performance goals with equity that is earned on the basis of performance. The stock options are designed to focus attention on accomplishment of long-term goals and do not have performance criteria. We implemented the PCRS program because we believe it is consistent with our pay-for-performance compensation philosophy and focuses on financial performance. We continue to evaluate the appropriate mix of long-term pay elements (i.e., stock options vs. PCRS or restricted shares) in comparison to the market and to best support our strategy. We believe that stock options provide the most appropriate vehicle for providing long-term value to management because of the tie to shareholder value, while the PCRS grants add an additional performance expectation for our management to focus on growth in earnings per share (operating return on average equity starting in 2008 and adding relative return on average equity in 2010) and revenue over the intermediate-term.

As discussed above under *Benchmarking of Compensation*, the Committee determines a total compensation package for our named executive officers based on an analysis of competitive market conditions and overall company performance. Accordingly, the Committee does not consider individual performance to a material extent in determining the size of PCRS and stock option awards, however, the named executive officers are expected to maintain an acceptable level of performance to retain award eligibility.

Intermediate-Term Bonus Program

Our ITB program is a performance-driven incentive program implemented in January 2004 under our Flexible Stock Plan. We believe this program reinforces our strategic and intermediate-term financial and operating goals. Incentive awards are intended to reflect management's involvement in our performance and to encourage their continued contribution to our future. We view incentive awards as an important means of aligning the economic interests of management and shareholders.

Our management employees are eligible to participate in this program. The purpose of the ITB is to reward participants if we achieve the rate of growth in revenue and earnings per share (operating return on average equity starting in 2008, and in 2010 also including relative return on average equity) that is approved each year by the Compensation Committee when it considers annual grants. The ITB is an ongoing program with three-year performance periods. Each year, a new three-year cycle begins, giving us the opportunity to alter ITB performance measures as appropriate. The three-year performance and reward period shifts attention toward intermediate and longer-term sustained results.

Table of Contents

The ITB consists of PCRS units that are granted at the beginning of the performance period at target. The Compensation Committee also sets award levels with a minimum level of performance that must be met before any payment to the individual can be made, as well as a target and a maximum. If we do not meet certain performance goals, the awards will not be made, and if we exceed those performance goals, the award can be as much as 200% of the targeted award opportunity. PCRS grants are not treated as outstanding shares until the performance goals are met and awards are made, as determined and approved by the Compensation Committee. Awards are made in units of fully vested, unrestricted common stock. The awards are also contingent upon the participant's employment status with us at the end of the three-year performance period.

We use compounded annual growth rates for revenue and operating earnings per share (operating return on average equity starting in 2008, and in 2010 also including relative return on average equity) as the performance measures for the ITB, calculated at the end of the three-year performance period. When we establish the ITB targets for a particular performance period, we may adjust those targets up or down so they are set at amounts or ranges that are generally consistent with our publicly disclosed intermediate-term growth rate goals.

The grants were made pursuant to the terms of the Flexible Stock Plan and award agreements. Upon retirement of a holder of a PCRS grant made pursuant to this plan, provided that the holder has attained age 55 and a combination of age and service that equals at least 65, the units will be pro-rated based on the number of months of the holder's participation during the three-year performance period and the number of shares earned.

2007-2009 ITB Results. In February 2007, we established the minimum, target and maximum annual growth rate goals for revenue and operating earnings per share for the 2007 ITB grant (2007-2009 performance period). We established the ITB target and range for revenue and earnings per share growth for the period beginning in 2007 at levels that are generally consistent with our goals for those measures. As a result, we believe that achievement of the target earnings per share growth rate required a high level of financial and operating performance.

In January 2010, we reviewed the results for the 2007-2009 performance period and determined that our operating earnings and revenue growth for the three-year performance period attained the level for minimum awards but did not reach the respective targets. The weighted average of the two measures for the period was 68% of target, and we approved payouts on that basis. Actual results are interpolated to determine the performance level achieved among the threshold, target and maximum goals established by the Compensation Committee. The following table describes the growth goals established in February 2007 and actual results determined in January 2010:

Performance Measure	Weight	Threshold	Target	Maximum	Actual	Applicable Percentage Achieved
Revenues	33%	8%	12%	16%	10.8%	85.1%
Operating Earnings Per Share	67%	8%	12%	16%	8.8%	59.4%
Weighted Average						68.0%

See Option Exercises and Stock Vested During Fiscal 2009 for a description of the share amount and value of the PCRS awards we approved for the 2007 ITB grants.

2009-2011 ITB Awards. In February 2009, we established the ITB target and range for revenue and operating return on average equity (operating earnings divided by average adjusted equity) (ROE). The performance period for the 2009 PCRS grant began on January 1, 2009 and will end on December 31, 2011.

Table of Contents

The ROE measure includes capital efficiency in addition to a pure profit metric. We also continued our use of cumulative average growth in revenue over the three-year period because it serves as a better measure of revenue over the long run. We believe the change in the ITB measures reflects a stronger framework to enhance shareholder value. We established the ITB target and range for revenue and return on average equity for the period beginning in 2009 at levels that are consistent with our intermediate-term goals for those measures. As a result, we believe that achievement of the target revenue amount and return on average equity growth rate will require a high level of financial and operating performance.

Performance

Measure	Weight	Threshold	Target	Maximum
Revenues	33%	9%	13%	19%
ROE	67%	11%	13%	17%

See Grants of Plan-Based Awards in 2009 for a description of the 2009 PCRS grants.

2010-2012 ITB Awards. In February 2010, we established the ITB targets and ranges for the 2010 PCRS grants. The performance period for the 2010 PCRS grant began on January 1, 2010 and will end on December 31, 2012. We continued the use of ROE for the earnings component in the 2010 PCRS grants but split the remaining 67% allocation equally between the existing ROE measure and a new measure for relative ROE performance against an established peer group.

We established the ITB targets and ranges for revenue, ROE and relative ROE for the period beginning in 2010 at levels that are consistent with our intermediate-term goals for those measures. As a result, we believe that achievement of the ITB targets will require a high level of financial and operating performance.

We approved the 2010 PCRS grants for the named executive officers, as follows (number of shares represents the target award): Greig Woodring, Chief Executive Officer 18,047 shares; Jack Lay, Senior Executive Vice President and Chief Financial Officer 6,815 shares; Paul Schuster, Senior Executive Vice President, U.S. Operations 6,815 shares; Graham Watson, Senior Executive Vice President, International 7,838 shares; Paul Nitsou 4,565 shares; and Alain Neemeh 4,565 shares.

Stock Options

Stock options are granted annually, and the number of options granted is based on position level. Stock options are granted as part of a total compensation package for our management. The Committee considers compensation data of the peer group in determining the amount of options granted to our named executive officers and considers market data from published surveys in determining the amount of options granted to other employees.

The vesting schedule for recent grants of stock options is five years, no portion of which vests in the first year, and 25% of which vests at the end of each of the four remaining years. Upon retirement of a holder of stock options pursuant to this plan, provided that the holder has attained age 55 and a combination of age and service that equals at least 65, the options continue to vest in accordance with the vesting schedule.

Since 2006, our Compensation Committee has made the annual stock option grants at its February meeting. The options are granted with an exercise price equal to the fair market value on the grant date, which is the date of the Committee meeting. The fair market value of a share of our common stock on a particular date is the closing price of the shares on the NYSE on the given date. The options expire 10 years after grant.

Table of Contents

2009 Option Grant. In February 2009, we approved the 2009 stock option grants for our named executive officers. We made these grants because we believe that stock options provide the most appropriate vehicle for providing long-term value to management because of the tie to shareholder value. The options have a strike price of \$32.20, which is the closing price of our stock on February 18, 2009, the date the grants were approved. The vesting schedule, expiration and other terms are described above under Stock Options. The grants were made pursuant to the terms of the Flexible Stock Plan and award agreements. See Grants of Plan-Based Awards in 2009 for a description of the 2009 option grants.

2010 Option Grant. In February 2010, we approved the 2010 stock option awards for the named executive officers, as follows: Greig Woodring, Chief Executive Officer 46,392 shares; Jack Lay, Senior Executive Vice President and Chief Financial Officer 13,743 shares; Paul Schuster, Senior Executive Vice President, U.S. Operations 13,743 shares; Graham Watson, Senior Executive Vice President, International 15,805 shares; Paul Nitsou 9,205 shares; and Alain Neemeh 9,205 shares. We made these grants because we believe that stock options provide the most appropriate vehicle for providing long-term value to management because of the tie to shareholder value. The options have a strike price of \$47.10, which is the closing price of our stock on February 19, 2010, the date the grants were approved. The vesting schedule, expiration and other terms are described above under Stock Options. The grants were made pursuant to the terms of the Flexible Stock Plan and award agreements.

Executive Stock Ownership Guidelines

In order to further align the interests of our management and our shareholders, our executive stock ownership guidelines provide that our senior executives should seek to hold a market value of our shares, which is based on a multiple of the executive's base salary, as follows: our Chief Executive Officer (four times), Senior Executive Vice Presidents and Executive Vice Presidents (three times), and Senior Vice Presidents (two times). The market value of shares includes only those shares of common stock that are directly or beneficially owned by the executive. Executives who are subject to the guidelines must retain the net shares (net of applicable taxes and, for options, the exercise cost) from any stock option exercise or award of PCRS until they satisfy their respective stock ownership requirement.

As of February 2010, Messrs. Woodring, Lay, Schuster and Watson have met the stock ownership requirements through holdings of shares of our common stock.

Timing of Regular Equity Grants

We typically release earnings for the fourth quarter in late January of the following year. The Compensation Committee meets in mid-February of each year to approve regular grants of stock options and PCRS awards. Equity grants are effective on and have a grant date of the same day as the Committee meeting, and the exercise price for the stock option grants is the closing price of our common stock on the NYSE on the day of the Committee meeting in February. This timing and process is designed to ensure that our fourth-quarter earnings information is fully disseminated to the market by the time the stock option grants and related exercise price are determined. The PCRS awards are measured by financial performance over a three-year period and the market price of our common stock is not a factor in those calculations or measures. Prior to 2006, we made annual equity incentive grants on the date of the board and committee meetings in late January.

Perquisites

We compensate our executive officers in the form of cash, equity, equity-based awards and retirement benefits. Accordingly, we do not provide executive officers or their families with perquisites such as planes, cars, or apartments, and we do not reimburse executive officers or any of our employees for personal-benefit perquisites such as club dues or other social memberships. Executive officers and other employees may seek reimbursement for business-related expenses in accordance with our business expense reimbursement policy.

Table of Contents***Profit Sharing Plan***

All employees of RGA Reinsurance Company who meet the eligibility requirements participate in the profit sharing plan. Effective January 1, 2001, we adopted a safe harbor design for the plan that provides for a match of up to 4% of compensation. All eligible employees are also entitled to receive a profit sharing award ranging from 0% to 6% of compensation depending on whether we meet or exceed our minimum performance level and targets, regardless of their 401(k) participation. A minimum performance level must be met before the profit sharing award can be made. The minimum performance level and targets for each year are established at the beginning of the year. To the extent that the participant's cash compensation is less than limits set by the IRS (\$245,000 for 2009), a participant may elect to defer up to one-half of his profit sharing award to the plan, while the other one-half is automatically contributed to the plan.

As described above under *Annual Management Incentives*, in fiscal 2009 we attained the target amount for revenue growth but fell slightly short of the target amount for operating earnings per share. Based on these results, in January 2010, the Board of Directors approved a profit sharing award of 3.25% for 2009.

Retirement Plans

Some of our employees, including our executive officers, participate in the RGA Performance Pension Plan (or the Pension Plan), a qualified defined benefit plan. The Pension Plan is a broad-based retirement plan that is intended to provide a source of income during retirement for full-time employees in the U.S. Some of our employees, including certain executive officers, also participate in the RGA Reinsurance Company Augmented Benefit Plan (or the RGA Augmented Plan), a non-qualified plan under which eligible employees are entitled to additional retirement benefits not paid under the Pension Plan and the RGA Reinsurance Company Profit Sharing Plan (or the RGA Profit Sharing Plan) due to Internal Revenue Code (the Code) limits on the amount of benefits that may accrue and be paid under the Pension Plan and the RGA Profit Sharing Plan. The RGA Augmented Plan provides benefits based on an employee's annual cash compensation and without regard to certain limitations that apply to broad-based, qualified retirement plans, in order for a participant's retirement income provided under the plans to be based on his or her total eligible cash compensation. The Augmented Plan is generally only available to the associates at the vice president level and above who earn more than the compensation limits under the qualified plans (\$245,000 for 2009).

Additionally, employees at the vice president level and above are eligible to participate in our Executive Deferred Savings Plan, a non-qualified plan which allows participants to defer income, including bonuses and incentive compensation, and to defer matching contributions without regard to qualified plan limitations. Base pay and regular annual incentive awards, but not long-term compensation, are treated as eligible pay under the terms of our retirement plans. We sponsor tax-qualified pension and savings plans, as well as non-qualified parity pension and savings plans providing benefits to all employees whose benefits under the tax-qualified plans are limited by the Code. The Committee periodically reviews our retirement benefits to ensure that the benefits are appropriate and cost effective as part of an overall compensation program intended to provide basic economic security for our highly skilled and qualified workforce and at a level consistent with competitive practices.

Messrs. Woodring, Lay and Schuster participate in the Pension Plan and the RGA Augmented Plan. Messrs. Watson, Nitsou and Neemeh are not eligible to participate in the U.S. pension plans. To provide a similar retirement benefit, Messrs. Watson and Nitsou participate in a supplemental executive retirement plan sponsored by RGA International Corporation, which has the same benefit structure as the related plan for our executives at RGA Canada, our Canadian operating company. Mr. Neemeh participates in a supplemental executive retirement plan sponsored by RGA Canada. For additional details regarding executive participation in our retirement plans, see Pension Benefits in Fiscal 2009.

No Employment and Severance Agreements

Consistent with our pay-for-performance compensation philosophy, we do not provide employment or severance agreements to any of our named executive officers.

Table of Contents***Deductibility of Compensation***

The goal of the Committee is to comply with the requirements of Code Section 162(m), to the extent deemed practicable, with respect to annual and long-term incentive programs to avoid losing the deduction for non-performance-based compensation in excess of \$1,000,000 paid to our chief executive officer, chief financial officer and three other most highly-compensated executive officers (other than the CEO and CFO). We generally structure our performance-based compensation plans with the objective that amounts paid under those plans and arrangements are tax deductible, including having the plans approved by our shareholders.

Compensation Committee Report

The Compensation Committee has reviewed and discussed the Compensation Discussion and Analysis with management. Based on its review and discussions with management, the Compensation Committee recommended to the Board of Directors that the Compensation Discussion and Analysis be included in our Annual Report on Form 10-K for 2009 and our 2010 Proxy Statement. This report is provided by the following independent directors, who comprise the Committee:

John F. Danahy, Chairman
Arnoud W.A. Boot
J. Cliff Eason
Fred J. Sievert

Executive Compensation

Summary Compensation Table
Fiscal Years 2009, 2008 and 2007 Compensation

Name and Principal Position	Year	Salary ¹	Bonus	Stock Awards ²	Option Awards ³	Non- Equity Incentive Plan Compen- sation ⁴	Change in Pension Value and Nonqualified	All Other Compen- sation ⁶	Total
							Deferred Compen- sation ⁵		
A. Greig Woodring President and CEO	2009	\$872,558	0	\$671,306	\$450,642	\$924,358	\$580,714	\$46,609	\$3,546,187
	2008	\$844,231	0	\$650,004	\$451,795	\$307,150	\$787,138	\$32,488	\$3,072,806
	2007	\$788,462	0	\$579,663	\$581,406	\$1,368,825	\$718,975	\$92,648	\$4,129,979
Jack B. Lay Sr. EVP and CFO	2009	\$461,942	0	\$311,986	\$209,449	\$393,788	\$119,051	\$38,989	\$1,535,205
	2008	\$446,538	0	\$303,010	\$210,608	\$130,750	\$217,882	\$50,085	\$1,358,873
	2007	\$417,115	0	\$207,512	\$208,148	\$578,169	\$187,931	\$49,769	\$1,648,644
Paul A. Schuster Sr. EVP U.S. Operations	2009	\$461,942	0	\$311,986	\$209,449	\$393,788	\$120,925	\$35,172	\$1,533,262
	2008	\$446,538	0	\$303,010	\$210,608	\$130,750	\$223,412	\$29,591	\$1,343,909
	2007	\$417,115	0	\$207,512	\$208,148	\$578,169	\$179,906	\$52,723	\$1,643,573
Graham Watson Sr. EVP International	2009	\$522,652	0	\$358,805	\$240,860	\$469,126	\$260,544	\$187,979	\$2,039,966
	2008	\$505,000	0	\$392,210	\$210,608	\$157,892	\$137,347	\$9,905	\$1,412,962
	2007	\$475,000	0	\$417,410	\$208,148	\$703,005	\$57,091	\$10,016	\$1,870,670
Paul Nitsou	2009	\$394,782	0	\$210,008	\$140,972	\$451,344	\$341,658	\$300,972	\$1,839,736

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President International	2008	\$365,472	0	\$204,005	\$141,798	\$307,542		\$9,905	\$1,028,722
Alain Neemeh	2009	\$336,131	0	\$210,008	\$140,972	\$301,807	\$194,605	\$11,439	\$1,194,962
President and CEO Canada	2008	\$346,732	0	\$204,005	\$141,798	\$242,575		\$9,905	\$ 945,015

Table of Contents

1. For Messrs. Woodring, Lay and Schuster, this column includes any amounts deferred at the election of the executive officers under the RGA Reinsurance Company Executive Deferred Savings Plan. Messrs. Watson, Nitsou and Neemeh are not U.S. citizens and are not eligible to participate in the deferred savings plan. Mr. Neemeh's salary is paid in Canadian dollars and is converted to U.S. dollars for presentation purposes in this table.

2. This column represents the grant date fair value of PCRS units granted in such year, using probable outcomes of performance conditions, in accordance with SFAS 123R. For additional information on the valuation assumptions, refer to note 18 of the RGA financial statements in the Form 10-K for the year ended

December 31, 2009, as filed with the SEC. See also Grants of Plan-Based Awards in 2009 for information on awards made in 2009. These amounts reflect the grant date fair value for these awards, and do not correspond to the actual value that will be recognized by the named executive officers. The amounts in this column would double if the PCRS performance measures attain the maximum amount payout level of 200%.

3. This column represents the grant date fair value of stock options granted in such year, in accordance with SFAS 123R. For additional information on the valuation assumptions, refer to note 18 of the RGA financial statements in the Form 10-K for the year ended December 31, 2009, as filed with the SEC. See also Grants of Plan-Based Awards in 2009 for information on options granted in

2009. These amounts reflect the grant date fair value for these awards, and do not correspond to the actual value that will be recognized by the named executive officers.

4. Includes, for all named executive officers, cash incentives earned for performance during each fiscal year and paid in March of the following year (including any incentives deferred at the election of the executive officers) under the cash incentive portion of the MIP, which we describe in the Compensation Discussion and Analysis (CD&A). The cash incentive payments for 2009 performance were \$920,377 for Mr. Woodring, \$389,807 for Mr. Lay, \$389,807 for Mr. Schuster, \$441,781 for Mr. Watson, \$379,336 for Mr. Nitsou and \$301,807 for Mr. Neemeh.

The cash incentive payments for 2008 performance were \$306,000 for

Mr. Woodring,
\$129,600 for
Mr. Lay, \$129,600
for Mr. Schuster,
\$146,880 for
Mr. Watson,
\$264,818 for
Mr. Nitsou and
\$242,575 for
Mr. Neemeh. Also
includes for
Mr. Nitsou a
retention bonus of
\$35,700. The cash
incentive payments
for 2007
performance were
\$1,363,200 for
Mr. Woodring,
\$572,544 for
Mr. Lay, \$572,544
for Mr. Schuster,
and \$654,336 for
Mr. Watson.

Also includes
amounts paid in
cash or deferred at
the officer's election
each year under the
RGA Profit
Sharing Plan for
Messrs. Woodring,
Lay, and Schuster,
which totaled
\$3,981 for 2009,
\$1,150 for 2008,
and \$5,625 for
2007. Also includes
\$27,345 paid to
Mr. Watson in
2009, \$11,012 in
2008, and \$48,669
in 2007, and
\$31,669 paid to
Mr. Nitsou in 2009
and \$7,024 in 2008,
in lieu of awards
under the RGA
Profit Sharing Plan,
in which they are

not eligible to participate. Also, this amount includes a retention bonus of \$40,339 for Mr. Nitsou in 2009.

5. This column represents the sum of the change in pension value in each fiscal year for each of the named executive officers. We do not pay above-market or preferential earnings on any account balances; therefore, this column does not reflect any amounts relating to nonqualified deferred compensation earnings. See the Pension Benefits and Nonqualified Deferred Compensation tables for additional information. In 2008 and 2009, the changes in the pension values for Messrs. Watson, Nitsou and Neemeh were primarily because of a change in the applicable interest rate. In 2008, the changes were negative for Mr. Nitsou (\$146,584) and Mr. Neemeh (\$226,744). The

amounts for
Messrs. Watson,
Nitsou and Neemeh
represent the
amount in
Canadian dollars as
converted to U.S.
dollars using an
annualized
currency exchange
rate of 0.883782.

6. Amount includes contributions for Messrs. Woodring, Lay and Schuster by RGA Reinsurance Company to the officers' accounts in qualified and non-qualified plans for the 2009 plan year. Amounts for Messrs. Watson and Nitsou represent contributions made to their accounts for the 2009 plan year by RGA International under its retirement plan, and one-time payments made in connection with a change in company policy for accrued vacation of \$177,656 for Mr. Watson and \$290,649 for Mr. Nitsou. Amount for Mr. Neemeh represents contributions made to his account for the 2009 plan year by RGA Canada under its retirement

plan. The amounts
for Messrs.
Watson, Nitsou and
Neemeh represent
the amount of
Canadian dollars
paid converted to
U.S. dollars using
an annualized
currency exchange
rate of 0.883782.

Grants of Plan-Based Awards in 2009

This table provides the following information about equity and non-equity awards granted to the named executive officers in 2009: (1) the grant date; (2) the estimated future payouts under non-equity incentive plan awards, which consist of potential payouts under the MIP award granted in 2009 for the 2009 performance period; (3) estimated future payouts under equity incentive plan awards, which consist of potential payouts under the PCRS grants in 2009 for the 2009-2011 performance period; (4) all other option

Table of Contents

awards, which consist of the number of shares underlying stock options granted to the named executive officers in 2009; (5) the exercise price of the stock options granted, which reflects the closing price of RGA stock on the date of grant, and (6) the grant date fair value of each equity grant calculated under SFAS 123R.

Name	Grant Date	Estimated Future Payouts Under Non-Equity Incentive Plan Awards ¹			Estimated Future Payouts Under Equity Incentive Plan Awards (Number of Shares) ²			All Other Stock Awards: Number of Shares of Stock or Units	All Other Option Awards: Number of Securities Underlying Options ³	Exercise or Base Option Awards ⁴	Grant Date Fair Value of Stock and Option Awards ⁵
		Threshold	Target	Maximum	Threshold	Target	Maximum				
Woodring	2/18/2009	0	\$875,500	\$1,751,000	10,424	20,848	41,696		50,127	\$32.20	\$671,300 \$450,642
Lay	2/18/2009	0	\$370,800	\$741,600	4,845	9,689	19,378		23,298	\$32.20	\$311,980 \$209,449
Chuster	2/18/2009	0	\$370,800	\$741,600	4,845	9,689	19,378		23,298	\$32.20	\$311,980 \$209,449
Watson	2/18/2009	0	\$420,240	\$840,480	5,572	11,143	22,286		26,792	\$32.20	\$358,800 \$240,860
Nitsou	2/18/2009	0	\$280,000	\$560,000	3,261	6,522	13,044		15,681	\$32.20	\$210,000 \$140,972
Teemeh	2/18/2009	0	\$252,000	\$504,000	3,261	6,522	13,044		15,681	\$32.20	\$210,000 \$140,972

1. These columns reflect the potential value of the payment for 2009 performance under the MIP for each named executive if the threshold, target or maximum goals are satisfied for both performance measures. The potential payments

are performance-driven and are therefore completely at risk. The performance measurements, salary and bonus multiples for determining the payments are described in the CD&A. The bonus amount for actual 2009 performance was determined in February 2010 based on the metrics described in the CD&A, and is included in the Summary Compensation Table in the column titled Non-Equity Incentive Plan Compensation.

2. This column reflects the number of PCRS units granted in 2009 under our Flexible Stock Plan, which will convert into shares of RGA stock at the end of the three-year performance period if the specified performance levels are achieved. The performance period commenced January 1, 2009 and ends December 31, 2011. If the threshold level of performance is met, the award of shares starts at 50% (target is 100% and maximum is 200%).

See discussion of ITB awards in the CD&A.

3. This column reflects the number of stock options granted in 2009 to the named executive officers. These options vest and become exercisable in four equal annual installments of 25%, beginning on December 31, 2010.
4. This column reflects the exercise price per share of common stock for the stock options granted, which is the closing price of the common stock on February 18, 2009, the date the Compensation Committee approved the grant.
5. This column reflects the full grant date fair value of PCRS units under SFAS 123R and the full grant date fair value of stock options under SFAS 123R granted to the named executive officers in 2009. See note 2 of the Summary Compensation Table for a discussion of fair value calculation related to the PCRS. For PCRS units, fair value is calculated

using the closing price of RGA stock on the grant date of \$32.20. For stock options, fair value is calculated using the Black-Scholes value on the date of grant of \$8.99. For additional information on the valuation assumptions, refer to note 18 of RGA's financial statements in the Form 10-K for the year ended December 31, 2009, as filed with the SEC. These amounts reflect the grant date fair value, and do not correspond to the actual value that will be recognized by the named executive officers. For example, the PCRS units are subject to specified performance objectives over the performance period, with one-third tied to growth in revenue and two-thirds tied to growth in operating return on equity. The grant date fair value is calculated assuming a target payout. In addition, the value of options, if any, realized by the optionee will not be determined until exercise.

Table of Contents

Intermediate-Term Incentive Awards

The Compensation Committee approved grants of target awards of PCRS on February 18, 2009. The grants were made pursuant to the terms of the Flexible Stock Plan and a grant agreement. The Compensation Committee has established as performance goals annual operating return on equity and annual consolidated revenues. At the beginning of each three-year performance period, the Compensation Committee grants to each named executive officer a target PCRS award that is payable in shares of our common stock. The Compensation Committee also sets performance levels with minimum, target and maximum levels of performance. If we do not meet the minimum performance goals, the PCRS awards will not be earned and no common stock will be paid out, and if we exceed those performance goals, the award can be as much as 200% of the targeted award opportunity. Grants of performance-contingent restricted stock are not treated as outstanding shares until the performance goals are met and awards are made, as determined and approved by the Compensation Committee. Awards are made in units of fully vested, unrestricted common stock. The awards are pro-rated for recipients who die, become disabled or retire during the three-year performance period.

Stock Options

The options become exercisable in 25% increments on each of December 31, 2010, 2011, 2012 and 2013. Vesting will be accelerated upon the officer's death or disability and upon a change in control of us (as such terms are defined in the Flexible Stock Plan and option agreements). All stock option grants were approved by the Compensation Committee on February 18, 2009.

Employment Agreements

None of the named executive officers have written employment agreements with us. For additional information see CD&A.

Outstanding Equity Awards at 2009 Fiscal Year-End

The following table provides information on the 2009 year-end holdings of stock options, restricted stock and PCRS by our named executive officers. This table includes unexercised and unvested option awards and unvested PCRS grants with performance conditions that have not yet been satisfied. Each equity grant is shown separately for each named executive. The vesting schedule for each grant is described in the footnotes following this table, based on the option or stock award grant date. The market value of the stock awards is based on the closing market price of RGA stock as of December 31, 2009, the last business day of the year, which was \$47.65. The PCRS grants are subject to specified performance objectives over the performance period, with 67% tied to operating return on average equity and 33% tied to the cumulative average growth rate in revenues. For additional information about the option awards and stock awards, see the description of equity incentive compensation in the CD&A.

Table of Contents

A. Greig Woodring, *President and CEO*

Option Awards				Stock Awards		Equity Incentive Plan Awards
Equity Incentive						
Plan Awards: Number				Market Value of		Number of Unearned Shares, Units or Other Rights That Have Not Vested ²
Number of Securities Underlying Unexercised Options	Underlying Unexercised Options	Option Exercise Price	Option Expiration Date	Number of Shares or Units of Stock That Have Not Vested	Shares or Units of Stock That Have Not Vested	
67,086		\$29.81	1/1/2011			
70,197		\$31.91	1/1/2012			
82,081		\$27.29	1/29/2013			
34,335		\$39.61	1/28/2014			
29,492		\$47.47	1/27/2015			
28,433	9,478	\$47.48	2/21/2016			
15,529	15,529	\$59.63	2/20/2017			
8,056	24,169	\$56.03	2/20/2018			11,601
	50,127	\$32.20	2/18/2019			20,848

Jack B. Lay, *Senior Executive Vice President and CFO*

Option Awards				Stock Awards		Equity Incentive Plan Awards
Equity Incentive						
Plan Awards: Number				Market Value of		Number of Unearned Shares, Units or Other Rights That Have Not Vested ²
Number of Securities Underlying Unexercised Options	Underlying Unexercised Options	Option Exercise Price	Option Expiration Date	Number of Shares or Units of Stock That Have Not Vested	Shares or Units of Stock That Have Not Vested	
27,025		\$27.29	1/29/2013			

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4	12,150		\$39.61	1/28/2014	
5	10,533		\$47.47	1/27/2015	
6	8,490	2,831	\$47.48	2/21/2016	
7	5,559	5,560	\$59.63	2/20/2017	
8	3,755	11,267	\$56.03	2/20/2018	
8					5,408 \$
9	23,298		\$32.20	2/18/2019	
9					9,689 \$

Table of Contents

Paul A. Schuster, Senior Executive Vice President U.S. Operations

Option Awards				Stock Awards		Equity Incentive Plan Awards
Equity Incentive						
Plan Awards: Number						
of Securities				Market Value of		
Number of Securities Underlying Unexercised Options	Underlying Unexercised Options	Option Exercise Price	Option Expiration Date	Number of Shares or Units of Stock That Have Not Vested	Shares or Units of Stock That Have Not Vested	Number of Unearned Shares, Units or Other Rights That Have Not Vested ²
3	25,192	\$27.29	1/29/2013			
4	12,150	\$39.61	1/28/2014			
5	10,533	\$47.47	1/27/2015			
6	8,490	2,831	\$47.48	2/21/2016		
7	5,559	5,560	\$59.63	2/20/2017		
8	3,755	11,267	\$56.03	2/20/2018		5,408
9		23,298	\$32.20	2/18/2019		9,689

Graham Watson, Senior Executive Vice President International

Option Awards				Stock Awards		Equity Incentive Plan Awards
Equity Incentive						
Plan Awards: Number						
of Securities				Market Value of		
Number of Securities Underlying Unexercised Options	Underlying Unexercised Options	Option Exercise Price	Option Expiration Date	Number of Shares or Units of Stock That Have Not Vested	Shares or Units of Stock That Have Not Vested	Number of Unearned Shares, Units or Other Rights That Have Not Vested ²
17,778		\$29.81	1/1/2011			
17,236		\$31.91	1/1/2012			
31,577		\$27.29	1/29/2013			

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12,150		\$39.61	1/28/2014	
10,533		\$47.47	1/27/2015	
8,490	2,831	\$47.48	2/21/2016	
5,559	5,560	\$59.63	2/20/2017	
3,755	11,267	\$56.03	2/20/2018	
	26,792	\$32.20	2/18/2019	7,000
				11,143

Table of Contents**Paul Nitsou, President International**

Grant Date	Option Awards			Stock Awards Equity Incentive Plan Awards				
	Number of Securities Underlying Unexercised Options	Equity Incentive Plan Awards: Number of Securities Underlying Unexercised Options	Exercise Price	Expiration Date	Number of Shares or Units of Stock That Have Not Vested	Market Value of Shares or Units of Stock That Have Not Vested ²	Unearned Shares, Units or Rights That Have Not Vested ²	Market or Payout Value of Unearned Shares, Units or Rights That Have Not Vested ²
1/1/2001	8,302		\$29.81	1/1/2011				
1/1/2002	8,221		\$31.91	1/1/2012				
1/29/2003	12,697		\$27.29	1/29/2013				
1/28/2004	10,320		\$39.61	1/28/2014				
1/27/2005	8,953		\$47.47	1/27/2015				
2/21/2006	7,305	2,436	\$47.48	2/21/2016				
2/20/2007	3,993	3,994	\$59.63	2/20/2017				
2/20/2008	2,528	7,586	\$56.03	2/20/2018				
2/20/2008							3,641	\$173,494
2/18/2009		15,681	\$32.20	2/18/2019				
2/18/2009							6,522	\$310,773

Alain Neemeh, President and CEO Canada

Grant Date	Option Awards			Stock Awards Equity Incentive Plan Awards			
	Number of Securities Underlying Unexercised Options	Equity Incentive Plan Awards: Number of Securities Underlying Unexercised Options	Exercise Price	Expiration Date	Number of Shares or Units of Stock That Have Not Vested	Market Value of Shares or Units of Stock That Have Not Vested ²	Unearned Shares, Units or Rights That Have Not Vested ²

Grant Date	Exercisable	Unexercisable	Unearned Options	Exercise Price	Expiration Date	Have Not Vested	Stock That Have Not Vested	Rights That Have Not Vested²	Have Not Vested²
1/1/2001	3,247			\$29.81	1/1/2011				
1/1/2002	5,416			\$31.91	1/1/2012				
1/29/2003	6,994			\$27.29	1/29/2013				
1/28/2004	3,600			\$39.61	1/28/2014				
1/27/2005	3,160			\$47.47	1/27/2015				
2/21/2006	3,554	1,185		\$47.48	2/21/2016				
2/20/2007	3,993	3,994		\$59.63	2/20/2017				
2/20/2008	2,528	7,586		\$56.03	2/20/2018				
2/20/2008								3,641	\$173,494
2/18/2009		15,681		\$32.20	2/18/2019				
2/18/2009								6,522	\$310,773

Table of Contents

1. Options with a grant date through 2003 vested and became exercisable in five equal annual installments of 20%, on December 31 of the first, second, third, fourth and fifth years. Options granted in 2004 and subsequent years vest and become exercisable in four equal annual installments of 25%, on December 31 of the second, third, fourth and fifth years.

2. These columns reflect the number of shares and estimated market value of grants of PCRS. On February 4, 2010, the Compensation Committee determined that the 2007 PCRS award would be paid at 68% of target. See Option Exercises and Stock Vested

During Fiscal 2009 for more information on the payout of those awards. SEC rules require disclosure of the number of shares and estimated market value of PCRS grants based on a level equal to or the next level higher (e.g., target or maximum) than the prior year's award. As noted, the 2007 PCRS award paid out at 68%. Accordingly, the number of shares and estimated market value for the PCRS grants made in 2008 are disclosed assuming they are awarded at the target (100%) level. The amounts for the PCRS grants made in 2009 are disclosed assuming they are awarded at the target (100%) level. The market or payout value is estimated using the closing price, \$47.65, of our common stock on

December 31, 2009, the last business day of the year. The performance period for the 2008 PCRS grant is January 1, 2008 through December 31, 2010. The performance period for the 2009 PCRS grant is January 1, 2009 through December 31, 2011.

Option Exercises and Stock Vested During Fiscal 2009

The following table provides information for the named executive officers on (1) stock option exercises during 2009, including the number of shares acquired upon exercise and the value realized, and (2) the number of shares awarded in settlement of the 2007 PCRS grants (three-year performance period ending December 31, 2009) and the value realized, each before payment of any applicable withholding tax and broker commissions.

Name	Option Awards		Stock Awards	
	Number of Shares Acquired on Exercise	Value Realized on Exercise	Number of Shares Acquired on Vesting	Value Realized on Vesting
Woodring ¹	49,596	\$1,116,376	6,610	\$318,602
Lay ²			8,917	\$394,571
Schuster ³	20,762	\$326,215	2,369	\$114,186
Watson ⁴			4,760	\$229,432
Nitsou ⁵	9,843	\$242,596	1,701	\$81,988
Neemeh ⁶			1,701	\$81,988

1. Mr. Woodring exercised 49,596 options on November 3, 2009, with an exercise price of \$23.19. He acquired 6,610 shares with a market price of \$48.20 on

- January 28,
2010, the award
date for the
2007-2009
PCRS grant.
2. Mr. Lay
acquired 2,369
shares with a
market price of
\$48.20 on
January 28,
2010, the award
date for the
2007-2009
PCRS grant. He
acquired 6,548
shares with a
market price of
\$42.82 on
January 1, 2009,
the vesting date
of his restricted
stock granted on
January 1, 1999.
3. Mr. Schuster
exercised
20,762 options
on
November 13,
2009 with an
exercise price of
\$31.91. He
acquired 2,369
shares with a
market price of
\$48.20 on
January 28,
2010, the award
date for the
2007-2009
PCRS grant.
4. Mr. Watson
acquired 4,760
shares with a
market price of
\$48.20 on
January 28,
2010, the award

date for the
2007-2009
PCRS grant.

5. Mr. Nitsou exercised 9,843 options on October 29, 2009, with an exercise price of \$23.19. He acquired 1,701 shares with a market price of \$48.20 on January 28, 2010, the award date for the 2007-2009 PCRS grant.
6. Mr. Neemeh acquired 1,701 shares with a market price of \$48.20 on January 28, 2010, the award date for the 2007-2009 PCRS grant.

Table of Contents**Pension Benefits in Fiscal 2009**

Some of our employees participate in the RGA Performance Pension Plan (the Pension Plan), a qualified defined benefit plan. Some of our employees also participate in the RGA Reinsurance Company Augmented Benefit Plan (the RGA Augmented Plan), a non-qualified plan under which eligible employees are entitled to receive retirement benefits not paid under the Pension Plan and the RGA Profit Sharing Plan due to Internal Revenue Code (the Code) limits on the amount of benefits that may accrue and be paid under the Pension Plan and the RGA Profit Sharing Plan.

Messrs. Woodring, Lay and Schuster participate in the Pension Plan and the RGA Augmented Plan. The monthly benefit payable for life at age 65 for each individual is the sum of (a) and (b) below:

- (a) The sum of (1) 1.05% of Final Average Monthly Compensation (as defined below), multiplied by the number of years of service earned as of December 31, 1995, plus (2) 0.65% of the excess, if any, of Final Average Monthly Compensation minus one-twelfth of the Social Security Maximum Wage Average (as defined below), multiplied by the number of years of service earned as of December 31, 1995; plus
- (b) The actuarial equivalent of a lump sum benefit equal to the sum of the amounts determined below for each full year of service completed after December 31, 1995:

Age on January 1 of the Plan Year in Which the Year of Service is Earned	Percentage of Final Average Annual Compensation Credited	Percentage of Excess Compensation Credited
Up to 35	2%	1%
35 - 44	4%	2%
45 - 54	6%	3%
55 or over	8%	4%

Social Security Maximum Wage Average means the average of the Social Security Wage Base in effect for each calendar year during the 35-year period ending with the calendar year in which a participant attains the Social Security retirement age. *Social Security Wage Base* means the maximum amount of compensation that may be considered wages for FICA tax, or \$106,800 for 2009. *Breakpoint* means 60% of the Social Security Wage Base raised to the next highest \$100 increment. *Excess Compensation* means the excess, if any, of Final Average Annual Compensation minus the Breakpoint. *Final Average Annual Compensation* means the highest average Benefit Salary for the five consecutive years during the preceding ten years. *Benefit Salary* means actual base salary, eligible bonuses and pre-tax salary deferrals made to the profit sharing plan or a cafeteria plan and the CODA portion of the profit sharing award.

Final Average Monthly Compensation is one-twelfth of Final Average Annual Compensation.

Payment of the specified retirement benefits is contingent upon continuation of the plans in their present form until the officer retires. RGA International Corporation and RGA Canada maintain Canadian Supplemental Executive Retirement Plans, which are non-qualified defined benefit plans pursuant to which eligible executive officers are entitled to receive additional retirement benefits. Messrs. Watson, Nitsou and Neemeh participate in these plans and are not eligible to participate in the Pension Plan or the RGA Augmented Plan.

Until January 1, 1994, we also maintained an Executive Supplemental Retirement Plan (the RGA Supplemental Plan), a non-qualified defined benefit plan pursuant to which eligible executive officers are entitled to receive additional retirement benefits. Benefits under the RGA Supplemental Plan were frozen as of January 1, 1994. The frozen annual benefit payable upon retirement at age 65 is \$3,060 for Mr. Woodring. Retirement benefits under the RGA Supplemental Plan are payable at age 65 in the form of a 15-year certain life annuity, with no direct or indirect integration with Social Security benefits.

Table of Contents

Name	Plan Name	Number of Years Credited Service	Present Value of Accumulated Benefit¹	Payments During Last Fiscal Year
Woodring	Performance Pension Plan	29	\$ 668,715	
	Augmented Benefit Plan	29	\$4,178,820	
	Supplemental Plan	15	\$ 273,243	
Lay	Performance Pension Plan	17	\$ 316,964	
	Augmented Benefit Plan	17	\$ 750,513	
Schuster	Performance Pension Plan	17	\$ 317,747	
	Augmented Benefit Plan	17	\$ 747,404	
Watson	RGA International Supplemental Executive Retirement Plan	13	\$ 1,607,955 ₂	
Nitsou	RGA International Supplemental Executive Retirement Plan	13	\$ 952,482 ₃	
Neemeh	RGA Canada Supplemental Executive Retirement Plan	13	\$ 585,446 ₄	

1. The accumulated benefit for the U.S. plans is based on service and compensation (as described above) considered by the plans for the period through December 31, 2009. The present value has been calculated assuming the earliest retirement age

at which the participant can elect an unreduced benefit. For additional discussion of the assumptions, see note 10 of RGA's financial statements in the Form 10-K for the year ended December 31, 2009, as filed with the SEC. As described in such note, the interest assumption is 6.01%.

2. Represents Canadian \$1,819,402 converted to U.S. dollars using an annualized currency exchange rate of 0.883782.
3. Represents Canadian \$1,077,734 converted to U.S. dollars using an annualized currency exchange rate of 0.883782.
4. Represents Canadian \$662,433 converted to U.S. dollars using an

annualized
currency
exchange rate of
0.883782.

Nonqualified Deferred Compensation in Fiscal 2009

The table below provides information on the non-qualified deferred compensation arrangements in which our U.S. named executive officers were eligible to participate during 2009. Messrs. Watson, Nitsou and Neemeh are not U.S. citizens and therefore are not eligible to participate in these deferred compensation arrangements, nor are there any similar arrangements available to our Canadian employees. Employees in the U.S. who hold the office of vice president and above are able to defer up to 50% of their base salary and up to 100% of their cash bonus payments under our Executive Deferred Savings Plan (EDSP). With respect to distributions, participants may elect to receive either a lump sum payment or 1 to 15 annual installments. In addition, we also maintain the RGA Augmented Plan, a non-qualified plan under which eligible employees are entitled to receive profit sharing and matching contributions not paid to the employee under the RGA Profit Sharing Plan, due to Code limits or a reduction in compensation pursuant to the employee s participation in the EDSP. The contributions made into the employee s non-qualified deferred compensation account are based upon the maximum matching contribution rate we provide to other employees in connection with the RGA Profit Sharing Plan.

The investment fund alternatives under the RGA Augmented Plan and EDSP are identical to those in the RGA Profit Sharing Plan, and we credit the participant s non-qualified deferred compensation account(s) with the returns he or she would have received in accordance with the investment alternatives selected from time to time by the participant. We do not pay above-market or preferential earnings, compensation or returns under the EDSP or Augmented Plan, or any other plan.

Table of Contents

The named executive officers cannot withdraw any amounts from their deferred compensation balances until they either terminate employment or reach the designated distribution date selected by the executive at the time of their deferral election (in the case of benefits held in the executive's EDSP account).

Name	Executive Contributions in Last FY¹	Registrant Contributions in Last FY²	Aggregate Earnings in Last FY³	Aggregate Withdrawals/Distributions	Aggregate Balance at Last FYE⁴
Woodring		\$22,138	\$ 83,106		\$341,653
Lay	\$26,818	\$39,735	\$129,658		\$653,625
Schuster		\$19,241	\$ 47,896		\$177,847
Watson	N/A	N/A	N/A	N/A	N/A
Nitsou	N/A	N/A	N/A	N/A	N/A
Neemeh	N/A	N/A	N/A	N/A	N/A

1. The amounts in this column are also included in the Summary Compensation Table in the salary column (i.e., contributions to the EDSP).

2. The amounts in this column reflect 2008 contributions credited to the participant's account during fiscal year 2009. For reasons related to the timing of the contributions, the amounts will not match the amounts in the Summary Compensation Table's All Other Compensation column, which are

contributions for the 2009 fiscal year credited in 2010. All amounts represent contributions in the Augmented Plan except for Mr. Lay, for which \$31,788 represents contributions to the EDSP.

3. Reflects earnings credited to the participant s account during 2009 in connection with the investment selections chosen from time to time by the participant. All amounts represent earnings in the Augmented Plan except for Messrs. Lay (\$120,007) and Schuster (\$11,218), which amounts represent earnings in the EDSP.
4. The aggregate balance at last fiscal year-end column reflects the following amounts that were reported in the Summary Compensation Table in

previous years:
Woodring,
\$236,409; Lay,
\$457,413; and
Schuster,
\$110,709.

Potential Payments Upon Termination or Change of Control

As described in the CD&A, our named executive officers do not have employment, severance or change of control agreements with our Company. The information below describes and quantifies certain compensation that may or will become payable under existing plans and agreements if the named executive officer's employment had terminated on December 31, 2009, due to a change of control, disability or death, given his or her compensation and service levels as of such date and, where applicable, based on our closing stock price on that date. These benefits are in addition to benefits available generally to salaried employees such as distributions under the 401(k) and pension plans, retiree medical benefits, disability benefits and accrued vacation pay.

Change of Control. Upon the occurrence of a change of control (as defined below), any unvested stock options granted before the date of that event could become exercisable if the Compensation Committee decided to maintain the named executive officer's rights following a change in control. Our Flexible Stock Plan and stock option grant agreements provide that the Compensation Committee may accelerate the vesting periods or arrange for us to purchase the options so the named executive officer receives the value that he or she would have attained had the option been currently exercisable. In addition, our Flexible Stock Plan and PCRS grant agreements provide that upon a change of control, as soon as practicable following the end of the applicable three-year performance period, we must deliver to the named executive officer the number of shares that coincides with the target award for each outstanding grant of PCRS.

Disability or Death. If one of the named executive officers were to become disabled or die, any unvested stock options granted before the date of such event would immediately vest and become

Table of Contents

exercisable. In addition, he or she would receive a pro rata proportion of the shares of common stock that would have been issued under any award of PCRS at the end of the three-year performance period. The pro rata proportion is determined based on the number of calendar months in the performance period during which he or she was employed, divided by 36 months (the total number of months in the three-year performance period).

Retirement. Upon the retirement (as defined below) of a named executive officer, unvested stock options do not accelerate but continue to vest in accordance with the vesting schedule and provisions specified in the respective option grant agreement(s). Upon his or her retirement, the pro rata distribution provisions described above under Disability or Death apply to any PCRS grants. Due to the number of factors that affect the nature, amount and timing of the vesting and exercise of stock options, or the actual award following a PCRS performance period, the amounts paid to or received by the named executive officer may differ and are undeterminable until actually realized.

The named executive officers may participate in deferred compensation plans that permit deferral of certain compensation. They also participate in our defined contribution and defined benefit retirement plans. The last column of the Nonqualified Deferred Compensation table reports each named executive's aggregate balance at December 31, 2009, under each nonqualified deferred compensation or defined contribution plan. The named executive officers are entitled to receive the amount in their deferred compensation account in the event of termination of employment or retirement. The Pension Benefits table describes the general terms of each pension plan in which the named executive officers participate, the years of credited service and the present value of each named executive officer's accumulated pension benefit.

Definitions. Change of Control is defined in our Flexible Stock Plan and, for this discussion, means (i) the acquisition, without Board approval, of more than twenty percent (20%) of our outstanding common shares through a tender offer, exchange offer or otherwise, (ii) our liquidation or dissolution following a sale or other disposition of all or substantially all of our assets, (iii) a merger or consolidation involving us which results in us not being the surviving corporation, or (iv) a change in the majority of the members of our Board of Directors during any two-year period not approved by at least two-thirds of the Directors who were members at the beginning of the two-year period.

Retirement is defined in the respective equity incentive grant agreements and means disability, death or termination of employment due to retirement of a named executive officer who has attained age 55 and a combination of age and service that equals at least 65. Thus, named executive officers who attain age 55 and have 10 years of service (which at December 31, 2009 includes Messrs. Woodring, Lay, Schuster and Watson) satisfy the definition and are eligible for the benefits described above associated with retirement.

The following table provides the value of equity awards that would accelerate and become exercisable or vested upon the occurrence of a change of control or if the named executive officer had become disabled or died as of December 31, 2009. The value calculations are based upon our stock price as of December 31, 2009 (\$47.65), the last business day of the year, and in the case of options reflect the payment of the respective option exercise price.

Name	Change of Control		Disability or Death	
	Options	PCRS (full award at target)	Options	PCRS (pro rata)
Woodring	\$776,073	\$1,546,195	\$776,073	\$699,661
Lay	\$360,435	\$ 719,372	\$360,435	\$325,688
Schuster	\$360,435	\$ 719,372	\$360,435	\$325,688
Watson	\$414,418	\$ 864,514	\$414,418	\$399,355
Nitsou	\$242,686	\$ 484,267	\$242,686	\$219,254
Neemeh	\$242,473	\$ 484,267	\$242,473	\$219,254

Table of Contents**Director Compensation**

Directors who also serve as officers of our Company or any subsidiary do not receive any additional compensation for serving our Company as members of the Board of Directors or any of our committees. During 2009, this group of directors consisted of Mr. Woodring, and the group of directors who are not employees of our Company or any subsidiary (non-employee directors) consisted of Messrs. Bartlett, Boot, Danahy, Eason, Greenbaum, Henderson, and Ms. Lomax. Effective January 1, 2005, the Board revised the compensation for non-employee directors, and that compensation arrangement continued in 2009. In 2009, non-employee directors were paid an annual retainer fee of \$50,000 (except the chair of the Audit Committee, who received an annual retainer fee of \$62,000 and the chair of any other Committee, who received an annual retainer fee of \$58,000). Non-employee directors were paid \$3,000 for each Board and Committee meeting attended in person, and \$1,500 for participating in a telephonic Board or Committee meeting. A non-employee director serving as Chairman of the Board (e.g., Mr. Eason) receives an annual retainer of \$83,000, a \$4,000 fee for each Board meeting attended in person and \$2,000 for participating in a telephonic Board meeting, and an annual grant of 1,600 shares of stock. Each non-employee director is issued 1,200 shares of stock effective on the date of the February Board meeting. Mr. Eason was elected Chairman in October 2008, and received a pro-rated annual retainer and meeting fees after that date as a non-employee Chairman. We also reimburse directors for out-of-pocket expenses incurred in connection with attending and participating in Board and Committee meetings and director education programs. Mr. Bartlett also serves as a director of our Australian holding and operating companies, and receives an annual retainer of \$65,985 and superannuation pension benefits of \$5,939 for those services.

The following table illustrates the compensation earned in 2009 for all directors:

Name	Fees Earned or Paid		Change in Pension Value and Nonqualified Non-Equity Deferred Incentive				Total
	in Cash ¹	Stock Awards ²	Option Award	Plan Compensation	Earnings	All Other Compensation	
William J. Bartlett	\$ 117,500	\$38,640				\$ 71,924 ⁴	\$ 228,064
Arnoud W.A. Boot	\$ 87,500	\$38,640					\$ 126,140
John F. Danahy	\$ 87,500	\$38,640					\$ 126,140
J. Cliff Eason	\$ 115,250	\$51,520					\$ 166,770
Stuart I. Greenbaum	\$ 110,500	\$38,640					\$ 149,140
Alan C. Henderson	\$ 110,500	\$38,640					\$ 149,140
Rachel Lomax	\$ 43,000	\$19,320					\$ 62,320

- This column reflects the retainer and fees earned in 2009 for Board and committee service. The 2009 retainer is

paid in
January 2009
and the 2009
board and
committee
meeting fees are
paid in
January 2010.
Ms. Lomax
received a
prorated amount
since she joined
the Board in
July 2009.

2. This column reflects the award of 1,200 shares (and 1,600 shares in the case of Mr. Eason) of common stock on February 18, 2009, at a closing market price of \$32.20. The stock is issued as part of the directors annual compensation. For additional information on the valuation assumptions, refer to note 18 of the RGA financial statements in the Form 10-K for the year ended December 31, 2009, as filed with the SEC. Pursuant to SEC rules, the amounts shown exclude the impact of

estimated forfeitures related to service-based vesting conditions. Stock awards are made pursuant to the Flexible Stock Plan for Directors, which was amended and restated at the annual meeting held May 28, 2003.

3. We ceased granting stock options to directors in 2003. The following directors have outstanding vested options at 2009 fiscal year-end: Greenbaum 11,250; and Henderson - 6,000.
4. Represents compensation for services as a director of our Australian holding and operating companies. Converted to U.S. dollar amount using the average AUD/USD exchange rate for 2009.

Table of Contents**Securities Ownership of Directors, Management and Certain Beneficial Owners**
Ownership of Shares of RGA

The following table sets forth, as of February 1, 2010, certain information with respect to: (1) each person known by us to be the beneficial owner of 5% or more of our outstanding common stock, and (2) the ownership of common stock by (i) each of our directors and nominees, (ii) each of our named executive officers, and (iii) all directors, nominees, and executive officers as a group.

Beneficial Owner²	Amount and Nature of Beneficial Ownership¹	Percent of Class²
<i>Significant Shareholders:</i>		
FMR/Johnson 82 Devonshire Street Boston, MA 02109	5,376,412 ³	7.37%
Neuberger Berman 605 Third Avenue New York, NY 10158	7,093,768 ⁴	9.72%
<i>Directors, Nominees and Named Executive Officers:</i>		
William J. Bartlett, Director	6,700	*
Arnoud W.A. Boot, Director	1,200	*
John F. Danahy, Director	1,200	*
J. Cliff Eason, Director	12,100	*
Stuart I. Greenbaum, Director	23,650 ⁵	*
Alan C. Henderson, Director	17,196 ⁶	*
Rachel Lomax, Director	0	*
Fred J. Sievert, Director	5,000	*
A. Greig Woodring, Director, President and Chief Executive Officer	457,055 ⁷	*
Jack B. Lay Senior Executive Vice President and Chief Financial Officer	110,183 ⁸	*
Paul A. Schuster Senior Executive Vice President U.S. Operations	100,305 ⁹	*
Graham Watson		

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Senior Executive Vice President	International	148,043 ₁₀	*
Paul Nitsou			
President	International	99,180 ₁₁	*
Alain Neemeh			
President and CEO	Canada	43,426 ₁₂	*
All directors and executive officers as a group (14 persons)		1,100,813 ₁₃	1.5%

* Less than one percent.

** Not applicable.

Table of Contents

1. Unless otherwise indicated, each named person has sole voting and investment power over the shares listed as beneficially owned and none of the shares listed are pledged as security.
2. For purposes of this table, beneficial ownership is determined in accordance with Rule 13d-3 under the Exchange Act, pursuant to which a person or group of persons is deemed to have beneficial ownership of any shares of common stock that such person has the right to acquire within 60 days. For computing the percentage of the class of securities held by each person or group of persons named above, any shares which such person or persons has the right to acquire within 60 days (as well as the shares of common stock underlying fully vested stock options) are deemed to be outstanding for the purposes of computing the percentage ownership of such person or group but are not deemed to be outstanding for the purposes of computing the percentage ownership of any other person or group. No director, nominee or named executive officer owns more than one percent of our outstanding common stock.
3. As reported on a Schedule 13G/A filed February 16, 2010, FMR LLC is a holding company for Fidelity Management & Research Company, a registered investment advisor. Edward C. Johnson III, Chairman of FMR LLC and FMR LLC have sole voting power of 212,079 shares and sole dispositive power over all the beneficially owned shares.
4. As reported on Schedule 13G/A filed February 16, 2010, Neuberger Berman, Inc. is the holding company for Neuberger Berman, LLC, a broker-dealer and investment advisor. The two entities have sole voting power over 4,424,738 shares, and shared dispositive power over all the beneficially owned shares.
5. Includes for Mr. Greenbaum 11,250 shares of common stock subject to stock options that are exercisable within 60 days.
6. Includes for Mr. Henderson 6,000 shares of common stock subject to stock options that are exercisable within 60 days and 3,000 shares owned by Bess L. Henderson Trust, of which Mr. Henderson is trustee and primary beneficiary. Mr. Henderson has pledged 11,196 shares as security.
7. Includes for Mr. Woodring 335,209 shares of common stock subject to stock options that are exercisable within 60 days.
8. Includes for Mr. Lay 67,512 shares of common stock subject to stock options that are exercisable within 60 days, and Mr. Lay shares voting and investment power for all of the shares with his spouse.
9. Includes for Mr. Schuster 65,679 shares of common stock subject to stock options that are exercisable within 60 days, and 22,238 shares for which Mr. Schuster shares voting and investment power with his spouse.
10. Includes for Mr. Watson 107,078 shares of common stock subject to stock options that are exercisable within 60 days and 6,187 shares owned by Intercedent Limited, a Canadian corporation of which Mr. Watson has a majority ownership interest.
11. Includes for Mr. Nitsou 62,319 shares of common stock subject to stock options that are exercisable within 60 days.
12. Includes for Mr. Neemeh 32,492 shares of common stock subject to stock options that are exercisable within 60 days. Mr. Neemeh has pledged 10,934 shares as security.
13. Includes a total of 741,869 shares of common stock subject to stock options that are exercisable within 60 days.

Directors Phantom Shares

Non-employee directors may elect to receive phantom shares by deferring their annual retainer (including the stock portion) and meeting fees. A phantom share is a hypothetical share of our common stock based upon the fair market value of the common stock at the time of the grant. Phantom shares are not distributed until the director ceases to be a director by reason of retirement as a director, at which time we will issue cash or shares of common stock in an amount equal to the value of the phantom shares. Phantom shares are granted under the Phantom Stock Plan for Directors, which was last amended at the annual meeting held May 28, 2003.

Because phantom shares can be distributed in cash instead of stock, they are not included as shares beneficially owned by the directors under the Ownership of Shares of RGA table above. However, several directors have elected to participate in the deferral option, and the following table illustrates their accumulated phantom share balance as of February 1, 2010:

Table of Contents

Name	Phantom Shares
William J. Bartlett	5,631
J. Cliff Eason	16,383
Stuart I. Greenbaum	14,598
Alan C. Henderson	1,086
Total	37,698

Section 16(a) Beneficial Ownership Reporting Compliance

Section 16(a) of the Exchange Act requires our directors, executive officers, and persons who beneficially own more than ten percent of a registered class of our equity securities, to file reports of ownership and changes in ownership on Forms 3, 4 and 5 with the SEC and the NYSE. Directors, executive officers, and greater than 10% shareholders are required by SEC regulation to furnish us with copies of all Forms 3, 4, and 5 they file.

Based solely on our review of the copies of such forms we have received or that were filed with the SEC, or written representations from certain reporting persons, we believe that all our directors, executive officers, and greater than 10% beneficial owners complied with all filing requirements applicable to them with respect to transactions during 2009.

Certain Relationships and Related Person Transactions

Review and Approval of Related Person Transactions. We do not have any agreements, transactions or relationships with related persons such as directors, nominees, executive officers, or immediate family members of such individuals. At least annually we review all relationships between our Company and our directors and executive officers and their immediate family members to determine whether such persons have a direct or indirect material interest in any transaction with us. Our legal staff is primarily responsible for the development and implementation of processes and controls to obtain information from the directors, nominees and executive officers with respect to related person transactions. If such a transaction arose, our legal staff would determine, based on the facts and circumstances, whether we or a related person has a direct or indirect material interest in the transaction. As required under SEC rules, related person transactions that are determined to be directly or indirectly material to us are disclosed in our Proxy Statement and other SEC filings.

The current related person transactions to which we or our subsidiaries are parties are reinsurance agreements, administrative service agreements, a product license and a registration rights agreement, all of which are with MetLife, our former majority shareholder. The charges for reinsurance, administrative and corporate services and the license fee are based on arms-length negotiations and pricing that we believe is comparable to the fees that would be charged to our other clients or incurred for services provided by a third party vendor. Any agreements between RGA Reinsurance Company, our primary operating company, or Reinsurance Company of Missouri, Inc., both of which are Missouri insurance companies, and another subsidiary or affiliate of the Company must be filed for review and approval by the Missouri Department of Insurance (MDOI). The MDOI requires that the fees be fair, reasonable and less than or equal to the cost for such services from a third party.

In July 2007, our board of directors adopted a policy as part of its corporate governance guidelines that requires advance approval by our board of directors before any of the following persons knowingly enter into any transaction with our company or any of our subsidiaries or affiliates through which such person receives any direct or indirect financial, economic or other similar benefit or interest. The individuals covered by the policy include:

Table of Contents

any director

any nominee for director

any executive officer

any holder of more than five percent of our voting securities

any immediate family member of such a person, as that term is defined in the policy, and

any charitable entity or organization affiliated with such person or any immediate family member of such person.

Transactions covered by the policy include any contract, arrangement, understanding, relationship, transaction, contribution or donation of goods or services, but exclude transactions with any of the following:

MetLife, our former majority shareholder, if the transaction is entered into in the ordinary course of our business and the terms are comparable to those that are or would be negotiated with an unrelated client or vendor, or

any charitable entity or organization affiliated with a director, nominee for director, executive officer, or any immediate family member of such a person if the amount involved is \$2,500 or less.

Each of the transactions below that commenced in or after July 2007 was ratified or pre-approved in accordance with the foregoing policy, other than reinsurance agreements that fall within the exception described above.

During 2007 and until September 12, 2008, MetLife beneficially owned 32,243,539 shares, or approximately 51.7%, of the outstanding shares of common stock of RGA. On September 12, 2008, MetLife disposed of the majority of its interest in RGA by exchanging 29,243,539 of its shares of RGA common stock to MetLife shareholders for shares of MetLife common stock (the MetLife Divestiture).

Reinsurance Business. We have arms-length direct policies and reinsurance agreements with MetLife and some of its affiliates. Under these agreements, we had net premiums of approximately \$163.5 million in 2008 through the MetLife Divestiture and \$250.9 million in 2007. The net premiums reflect the net business assumed from and ceded to such affiliates of MetLife. Our pre-tax income (loss), excluding interest income allocated to support the business, was approximately \$15.8 million in 2008 through the MetLife Divestiture and \$16.0 million in 2007. Our reinsurance treaties with MetLife are generally terminable by either party on 90 days written notice, but only with respect to future new business; existing business generally is not terminable, unless the underlying policies terminate or are recaptured. Under these treaties, MetLife is permitted to reassume all or a portion of the risk formerly ceded to us after an agreed-upon period of time, or in some cases, due to changes in our financial condition or ratings. Recapture of business previously ceded does not affect premiums ceded prior to the recapture of such business, but would reduce premiums in subsequent periods.

Registration Rights. On November 24, 2003, our Company entered into a registration rights agreement with MetLife and its subsidiaries, whereby MetLife and its affiliates were entitled, subject to certain limitations and conditions, to piggyback and demand registration rights and we were required to bear certain expenses associated with the registration of any shares held by MetLife or its affiliates. Pursuant to the MetLife Divestiture, the registration rights agreement between MetLife and RGA was terminated. However, under the terms of the recapitalization and distribution agreement, MetLife may make one written request to RGA that RGA register, after the expiration of the lock-up period and prior to the first anniversary of the completion of the MetLife Divestiture, the offer and sale of all or any part of the recently acquired stock. On November 18, 2008, MetLife made such a written request and RGA registered MetLife's 3.0 million shares under a shelf registration statement on Form S-3, filed by RGA on December 10, 2008.

Table of Contents

MetLife and RGA agreed that if, during the 36 months following the earlier of the distribution of all of MetLife's shares of RGA class B common stock or the first anniversary of the recapitalization, RGA conducts a registered offering of any RGA class A common stock (subject to certain exceptions), MetLife will have certain rights to participate and sell all or a portion of its recently acquired stock in such offering.

Administrative Services. MetLife and its subsidiaries have historically provided our Company and its subsidiaries with certain limited administrative services, such as corporate risk management and corporate travel services. The cost of these services was approximately \$1.8 million in 2008 through the MetLife Divestiture and \$2.8 million in 2007.

Product License Agreement. RGA Reinsurance Company has a product license and service agreement with MetLife, which is terminable by either party on 30 days notice. Under this agreement, we have licensed the use of our electronic underwriting product to MetLife and provide Internet hosting services, installation and modification services for the product. Revenue under this agreement from MetLife was approximately \$0.6 million in 2008 through the MetLife Divestiture and \$0.6 million in 2007.

Audit Committee Report

The Audit Committee has reviewed and discussed our 2009 audited financial statements with management. The Audit Committee also discussed with the independent registered public accounting firm the matters required to be discussed by SAS 114 (Codification of Statements on Auditing Standard, AU 380). The Audit Committee has received the written disclosures and the letter from the independent registered public accounting firm required by Independence Standards Board Standard No. 1, and has discussed with those accountants their independence. Based on those reviews and discussions, the Audit Committee recommended to our Board of Directors that the audited financial statements be included in our Annual Report on Form 10-K for the fiscal year ended December 31, 2009, for filing with the SEC. This report is provided by the following independent directors, who comprise the Committee:

William J. Bartlett, Chairman

Arnoud W.A. Boot

John F. Danahy

Rachel Lomax

Item 2 Ratification of Appointment of the Independent Auditor

The second item to be acted upon at the Annual Meeting is the ratification of the appointment of Deloitte & Touche LLP, the member firms of Deloitte Touche Tohmatsu, and their respective affiliates (collectively, Deloitte) as the Company's independent auditor for the fiscal year ending December 31, 2010. The Audit Committee has appointed Deloitte, subject to shareholder ratification. Deloitte has served as independent auditor of the Company since the 2000 fiscal year. Its long term knowledge of the RGA group of companies, combined with its insurance industry expertise, has enabled it to carry out its audits of the Company's financial statements with effectiveness and efficiency.

In considering Deloitte's appointment, the Audit Committee reviewed the firm's qualifications and competencies, including the following factors:

Deloitte's status as a registered public accounting firm with the Public Company Accounting Oversight Board (United States) (PCAOB) as required by the Sarbanes-Oxley Act of 2002 (Sarbanes-Oxley) and the Rules of the PCAOB;

Deloitte's independence and its processes for maintaining its independence;

the results of the independent review of the firm's quality control system;

Table of Contents

the key members of the engagement team for the audit of the Company's financial statements;

Deloitte's approach to resolving significant accounting and auditing matters including consultation with the firm's national office; and

Deloitte's reputation for integrity and competence in the fields of accounting and auditing.

The Audit Committee assures the regular rotation of the audit engagement team partners as required by law. The Audit Committee approves Deloitte's audit and non-audit services in advance as required under Sarbanes-Oxley and SEC rules. Under procedures adopted by the Audit Committee, the Audit Committee reviews, on an annual basis, a schedule of particular audit services that the Company expects to be performed and an estimated amount of fees for each particular audit service. The Audit Committee also reviews a schedule of audit-related, tax and other permitted non-audit services that the Company may engage the independent auditor to perform and an estimated amount of fees for each of those services.

All audit related services, tax services and other services were pre-approved by the Audit Committee, which concluded that the provision of such services by Deloitte was compatible with the maintenance of that firm's independence in the conduct of its auditing functions. The Audit Committee has adopted a Pre-Approval Policy which provides for pre-approval of audit, audit-related and tax services on an annual basis and, in addition, individual engagements anticipated to exceed pre-established thresholds must be separately approved. The policy authorizes the Committee to delegate to one or more of its members pre-approval authority with respect to permitted services.

Representatives of Deloitte will attend the 2010 Annual Meeting. They will have an opportunity to make a statement if they desire to do so, and they will be available to respond to appropriate questions.

The aggregate fees billed to us for the fiscal years ending December 31, 2009 and 2008 by Deloitte are set forth below. These fees have been pre-approved by the Company's Audit Committee in accordance with its Pre-Approval Policy.

	<i>Fiscal Year</i>	
	<i>2009</i>	<i>2008</i>
Audit Fees ¹	\$ 3,697,450	\$ 4,185,139
Audit Related Fees ²	\$ 219,468	\$ 413,623
Total audit and audit-related fees	\$ 3,916,918	\$ 4,598,762
Tax Fees ³	\$ 200,162	\$ 184,369
All Other Fees ⁴		
Total Fees	\$ 4,117,080	\$ 4,783,131

1. Includes fees for the audit of our Company's and its subsidiaries annual financial statements, reviews of our quarterly financial statements, and Sarbanes-Oxley

Section 404
attestation.

2. Includes fees for services rendered by the Deloitte Entities for matters such as employee benefit plan audits, assistance with internal control reporting requirements, and services associated with SEC registration statements, periodic reports and securities offerings.
3. Includes fees for tax services rendered by the Deloitte Entities, such as consultation related to tax planning and compliance.
4. De minimis fees for other types of permitted services.

Table of Contents**Vote Required**

If a quorum is present, the vote required to approve this Item 2 is a majority of the common stock represented in person or by proxy at the Annual Meeting.

Recommendation of the Board of Directors

The Board of Directors has approved the proposal regarding the appointment of Deloitte and recommends that shareholders vote **FOR** the proposal.

Equity Compensation Plan Information

The following table presents Equity Compensation Plan information as of December 31, 2009:

Plan Category	Number of Securities to be Issued Upon Exercise of Outstanding Options, Warrants and Rights	Weighted-Average Exercise Price of Outstanding Options, Warrants and Rights	Number of Securities Remaining Available for Issuance Under Equity Compensation Plans
Equity Compensation Plans Approved by Security Holders	3,794,553 ¹	\$39.96 _{2,3}	1,733,826 ₄
Equity Compensation Plans Not Approved by Security Holders			
Total	3,794,553 ¹	\$39.96 _{2,3}	1,733,826 ₄

- Includes the number of securities to be issued upon exercises under the following plans: Flexible Stock Plan 3,739,605; Flexible Stock Plan for Directors 17,250; and Phantom Stock Plan for Directors 37,698.
- Does not include 556,216 PCRS units to be issued under the Flexible Stock Plan, or 37,698 phantom units outstanding under the Phantom Stock Plan for Directors

because those securities do not have an exercise price (i.e., a unit is a hypothetical share of our common stock with a value equal to the fair market value of our common stock).

3. Reflects the blended weighted-average exercise price of outstanding options under the Flexible Stock Plan (\$40.01) and Flexible Stock Plan for Directors (\$30.66).
4. Includes the number of securities remaining available for future issuance under the following plans:
Flexible Stock Plan 1,625,200;
Flexible Stock Plan for Directors 90,653; and
Phantom Stock Plan for Directors 17,973.

Additional Information

Voting

If a quorum is present, the affirmative vote of the holders of a majority of the shares of our common stock entitled to vote which are present in person or represented by proxy at the 2010 Annual Meeting is required to approve Items 1 and 2 and to act on any other matters properly brought before the meeting (other than the other specified proposals). Voting results will be disclosed in our Form 8-K filed within four business days following the Annual Meeting. Shares represented by proxies which are marked `withhold authority` with respect to the election of any one or more nominees for election as directors and proxies which are marked `abstain` or which deny discretionary authority on other matters will be counted for the purpose of determining the number of shares represented by proxy at the meeting. Such proxies will thus have the same effect as if the shares represented thereby were voted against such nominee or nominees and against such other matters, respectively.

Under the current rules of the New York Stock Exchange, or NYSE, if you do not give instructions to your brokerage firm, it will still be able to vote your shares with respect to certain discretionary items, but will not be allowed to vote your shares with respect to certain non-discretionary items. The ratification of Deloitte as our independent registered public accounting firm (Item 2) is considered to be a discretionary

Table of Contents

item under the NYSE rules and your brokerage firm will be able to vote on that item even if it does not receive instructions from you, so long as it holds your shares in its name. **Starting this year, the election of directors (Item 1) is a non-discretionary item. If you do not instruct your broker how to vote with respect to this item, your broker may not vote with respect to this proposal and those votes will be counted as broker non-votes.** Therefore, we urge you to give voting instructions to your broker on both voting items.

We know of no other matters to come before the meeting. If any other matters properly come before the meeting, the proxies solicited hereby will be voted on such matters in accordance with the judgment of the persons voting such proxies.

Shareholder Nominations and Proposals

As described in our Corporate Governance Guidelines, the Nominating and Corporate Governance Committee will consider shareholder nominations for Directors that meet the notification, timeliness, consent and information requirements of our Articles of Incorporation. The Committee makes no distinctions in evaluating nominees for positions on the Board based on whether or not a nominee is recommended by a shareholder, provided that the procedures with respect to nominations referred to above are followed. Potential candidates for nomination as Director candidates must provide written information about their qualifications and participate in interviews conducted by individual Board members, including the Chairs of the Audit or Nominating and Governance Committees. Candidates are evaluated using the criteria adopted by the Board to determine their qualifications based on the information supplied by the candidates and information obtained from other sources. The Committee will recommend candidates for election as Director only if the Committee determines, in its judgment, that they have the following specific, minimum qualifications that have been recommended by the Nominating and Governance Committee to, and approved by, the Board:

Financial Literacy. Such person should be financially literate as such qualification is interpreted by the Board of Directors in its business judgment.

Leadership Experience. Such person should possess significant leadership experience, such as experience in business, finance/accounting, law, education or government, and shall possess qualities reflecting a proven record of accomplishment and ability to work with others.

Commitment to Our Values. Such person shall be committed to promoting our financial success and preserving and enhancing our business and ethical reputation, as embodied in our Codes of Conduct.

Absence of Conflicting Commitments. Such person should not have commitments that would conflict with the time commitments of a Director of RGA.

Reputation and Integrity. Such person shall be of high repute and recognized integrity and not have been convicted in a criminal proceeding (excluding traffic violations and other minor offenses). Such person shall not have been found in a civil proceeding to have violated any federal or state securities or commodities law, and shall not be subject to any court or regulatory order or decree limiting his or her business activity, including in connection with the purchase or sale of any security or commodity.

Other Factors. Such person shall have other characteristics considered appropriate for membership on the Board of Directors, including an understanding of marketing and finance, sound business judgment, significant experience and accomplishments and educational background.

Shareholder proposals submitted under the process prescribed by the SEC (in Rule 14a-8 of the Exchange Act) for presentation at the 2011 Annual Meeting must be received by us by December 10, 2010, for inclusion in our Proxy Statement and proxy relating to that meeting. Upon receipt of any such proposal,

Table of Contents

we will determine whether or not to include such proposal in the Proxy Statement and proxy in accordance with regulations governing the solicitation of proxies.

In order for a Shareholder to nominate a candidate for director, under our Restated Articles of Incorporation, timely notice of the nomination must be given to us in advance of the meeting. Ordinarily, such notice must be given not less than 60 nor more than 90 days before the meeting (but if we give less than 70 days notice of the meeting, or prior public disclosure of the date of the meeting, then the Shareholder must give such notice within 10 days after notice of the meeting is mailed or other public disclosure of the meeting is made, whichever occurs first). The shareholder filing the notice of nomination must describe various matters as specified in our Amended and Restated Articles of Incorporation, including such information as name, address, occupation, and number of shares held.

In order for a shareholder to bring other business before a Shareholder meeting, timely notice must be given to us within the time limits described above. Such notice must include a description of the proposed business, the reasons therefore, and other matters specified in our Amended and Restated Articles of Incorporation. The Board or the presiding officer at the Annual Meeting may reject any such proposals that are not made in accordance with these procedures or that are not a proper subject for shareholder action in accordance with applicable law. The foregoing time limits also apply in determining whether notice is timely for purposes of rules adopted by the SEC relating to the exercise of discretionary voting authority. These requirements are separate from and in addition to the requirements a shareholder must meet to have a proposal included in our Proxy Statement.

In each case, the notice must be given to our Secretary, whose address is 1370 Timberlake Manor Parkway, Chesterfield, Missouri 63017-6039. Any Shareholder desiring a copy of our Restated Articles of Incorporation or Bylaws will be furnished a copy, without charge, upon written request to the Secretary.

Householding of Proxy Materials

The SEC has adopted rules that permit companies and intermediaries such as brokers to satisfy delivery requirements for proxy statements with respect to two or more shareholders sharing the same address by delivering a single proxy statement addressed to those shareholders. This process, which is commonly referred to as householding, potentially provides extra convenience for shareholders and cost savings for companies. Some brokers household proxy materials, delivering a single proxy statement to multiple shareholders sharing an address unless contrary instructions have been received from the affected shareholders. Once you have received notice from your broker that they will be householding materials to your address, householding will continue until you are notified otherwise or until you revoke your consent. If, at any time, you no longer wish to participate in householding and would prefer to receive a separate proxy statement or if your household currently receives multiple copies and would like to participate in householding in the future, please notify your broker.

Access to Proxy Materials and Annual Report

This Proxy Statement and our 2009 Annual Report to Shareholders may be viewed online at www.rgare.com. You may request a physical copy of this Proxy Statement, form of proxy card and our Annual Report to Shareholders, without charge, by writing to us at 1370 Timberlake Manor Parkway, Chesterfield, Missouri 63017-6039, Attention Secretary.

Table of Contents

YOUR VOTE IS IMPORTANT. PLEASE VOTE TODAY. We encourage you to take advantage of Internet or telephone voting. Both are available 24 hours a day, 7 days a week. Internet and telephone voting is available through 11:59 PM Eastern Time the day prior to the shareholder meeting date. INTERNET REINSURANCE GROUP <http://www.proxyvoting.com/rga> Use the Internet to vote your proxy. OF AMERICA, INCORPORATED Have your proxy card in hand when you access the web site. OR TELEPHONE 1-866-540-5760 Use any touch-tone telephone to vote your proxy. Have your proxy card in hand when you call. If you vote your proxy by Internet or by telephone, you do NOT need to mail back your proxy card. To vote by mail, mark, sign and date your proxy card and return it in the enclosed postage-paid envelope. Your Internet or telephone vote authorizes the named proxies to vote your shares in the same manner as if you marked, signed and returned your proxy card. 70672 FOLD AND DETACH HERE Please mark your votes as MANAGEMENT RECOMMENDS A VOTE FOR THE FOLLOWING: indicated in this example X Election of Directors FOR WITHHOLD *EXCEPTIONS ALL FOR ALL FOR AGAINST ABSTAIN 1. To elect three directors for 2. To ratify the appointment of Deloitte & Touche LLP terms expiring in 2013; as the Company's independent auditor for the fiscal year ending December 31, 2010. 01 William J. Bartlett 02 Alan C. Henderson 03 Rachel Lomax The undersigned hereby acknowledges receipt of the Notice of the To elect one director for 2010 Annual Meeting of Shareholders and the accompanying Proxy terms expiring in 2012; Statement. 04 Fred J. Sievert This proxy will be voted as specified. If no specification is made, this proxy will be voted FOR Items 1 and 2. (INSTRUCTIONS: To withhold authority to vote for any individual nominee, mark the Exceptions box above and strike through the nominee's name.) Mark Here for Address Change or Comments SEE REVERSE Signature Signature Date NOTE: Please sign as name appears hereon. Joint owners should each sign. When signing as attorney, executor, administrator, trustee or guardian, please give full title as such.

Table of Contents

April 8, 2010 Dear Shareholder: We invite you to attend the 2010 Annual Meeting of Shareholders of Reinsurance Group of America, Incorporated, to be held on May 19, 2010 at the Company's offices at 1370 Timberlake Manor Parkway, Chesterfield, Missouri 63017 at 2:00 p.m. It is important that your shares are represented at the meeting. Whether or not you plan to attend the meeting, please review the enclosed proxy materials, complete the proxy form below, detach it, and return it promptly in the envelope provided. The proxy statement and our 2009 Annual Report to Shareholders may be viewed online at www.rgare.com. Choose MLinkSM for fast, easy and secure 24/7 online access to your future proxy materials, investment plan statements, tax documents and more. Simply log on to Investor ServiceDirect[®] at www.bnymellon.com/shareowner/isd where step-by-step instructions will prompt you through enrollment. Important notice regarding the Internet availability of proxy materials for the Annual Meeting of Shareholders. The Proxy Statement and the 2009 Annual Report to Shareholders are available at: <http://www.rgare.com> FOLD AND DETACH HERE REINSURANCE GROUP OF AMERICA, INCORPORATED This Proxy is Solicited on Behalf of the Board of Directors The undersigned does hereby appoint Jack B. Lay, James E. Sherman and William L. Hutton, or any of them, the true and lawful attorneys-in-fact, agents and proxies of the undersigned to represent the undersigned at the Annual Meeting of the Shareholders of REINSURANCE GROUP OF AMERICA, INCORPORATED to be held May 19, 2010, commencing at 2:00 p.m., St. Louis time, at the Company's offices at 1370 Timberlake Manor Parkway, Chesterfield, Missouri 63017, and at any and all adjournments and postponements of said meeting, and to vote all the shares of Common Stock of the Company standing on the books of the Company in the name of the undersigned as specified and in their discretion on such other business as may properly come before the meeting. Address Change/Comments (Mark the corresponding box on the reverse side) BNY MELLON SHAREOWNER SERVICES P.O. BOX 3550 SOUTH HACKENSACK, NJ 07606-9250 (Continued and to be marked, dated and signed, on the other side) 70672