

RYANAIR HOLDINGS PLC  
Form 6-K  
April 17, 2012

SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

FORM 6-K

Report of Foreign Private Issuer

Pursuant to Rule 13a-16 or 15d-16  
of the Securities Exchange Act of 1934

For the month of April 2012

RYANAIR HOLDINGS PLC  
(Translation of registrant's name into English)

c/o Ryanair Ltd Corporate Head Office  
Dublin Airport  
County Dublin Ireland  
(Address of principal executive offices)

Indicate by check mark whether the registrant files or will file annual  
reports under cover Form 20-F or Form 40-F.

Form 20-F..X.. Form 40-F.....

Indicate by check mark whether the registrant by furnishing the information  
contained in this Form is also thereby furnishing the information to the  
Commission pursuant to Rule 12g3-2(b) under the Securities Exchange  
Act of 1934.

Yes ..... No ..X..

If "Yes" is marked, indicate below the file number assigned to the registrant  
in connection with Rule 12g3-2(b): 82- \_\_\_\_\_



Standard Form TR-1

Voting rights attached to shares- Article 12(1) of directive 2004/109/EC

Financial instruments - Article 11(3) of the Commission Directive 2007/14/EC i

1. Identity of the issuer or the underlying issuer of existing shares to which voting rights are attachedii:

Ryanair Holdings plc

2. Reason for the notification (please tick the appropriate box or boxes):

an acquisition or disposal of voting rights

an acquisition or disposal of financial instruments which may result in the acquisition of shares already issued to which voting rights are attached

an event changing the breakdown of voting rights

3. Full name of person(s) subject to the notification obligationiii:

Capital Research and Management Company

4. Full name of shareholder(s) (if different from the person mentioned in point 3.)iv:

5. Date of the transaction and date on which the threshold is crossed or reachedv:

12 April 2012

6. Date on which issuer is notified: 13 April 2012

7. Threshold(s) that is/are crossed or reached: 17%

8. Notified details:

A) Voting rights attached to shares

Class/type of shares (if possible using the ISIN CODE)	Situation previous to the Triggering transactionvi Number of Sharesviii	Number of Voting rightsix	Resulting situation after the triggering transactionvii			
			Number of sharesx Direct	Number of voting rightsxi Direct xii Indirect xiii		% of voting rights Direct Indirect
Ordinary Shares (ISIN: IE00B1GKF381) American	508,100	508,100		508,100		0.0349%
Depository Shares (ISIN: US7835131043)	49,403,799	247,018,995		246,739,995		16.9512%
<b>SUBTOTAL A</b> (based on aggregate voting rights)		247,527,095		247,248,095		16.9861%

B) Financial Instruments

Type of financial instrument	Expiration Date xv	Exercise/Conversion Period/ Date xvi	Number of voting rights that may be acquired if the instrument is exercised/converted	% of voting rights
N/A				

**SUBTOTAL B** (in relation to all expiration dates)

Total (A+B) [where applicable in accordance with national law]  
 number of voting rights 247,248,095  
 % of voting rights 247,248,095 16.9861%

9. Chain of controlled undertakings through which the voting rights and/or the financial instruments are effectively held, if applicable xvii:

n/a

10. In case of proxy voting: [name of the proxy holder] will cease to hold [number] voting rights as of [date].

n/a

11. Additional information:

Done at Los Angeles, California on 13 April 2012

Annex to the standard form TR-1 xviii

a) Identity of the person or legal entity subject to the notification obligation:

Full name (including legal form for legal entities)	Capital Research and Management Company
Contact address (registered office for legal entities)	333 South Hope Street, 55th Floor Los Angeles, California 90071 U.S.A.
Phone number	(213) 615-0469
Other useful information (at least a contact person for legal persons)	Christopher Aquino Email: GRGroup@capgroup.com

b) Identity of the notifier xix:

Full name	
Contact address	333 South Hope Street, 55th Floor Los Angeles, California 90071 U.S.A.
Phone number	(213) 615-0469
Other useful information (e.g. functional relationship with the person or legal entity subject to the notification obligation)	Fax: (213) 615-4056

c) Additional information

SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the Registrant has duly caused this report to be signed on its behalf by the undersigned, hereunto duly authorized.

RYANAIR HOLDINGS PLC

Date: 16 April, 2012

By: \_\_\_/s/ Juliusz Komorek\_\_\_

Juliusz Komorek  
Company Secretary