

CALAMOS CONVERTIBLE & HIGH INCOME FUND
Form N-23C-2
May 19, 2008

**Securities and Exchange Commission
Washington, DC 20549
Rule 23c-2 Notice of Intention to
Redeem Securities**

of
Calamos Convertible and High Income Fund
2020 Calamos Court
Naperville, Illinois 60563
under the
Investment Company Act of 1940
Securities Act File No. 333-146947
Investment Company Act File No. 811-21319

The undersigned registered closed-end investment company hereby notifies the Securities and Exchange Commission that it intends to redeem securities of which it is the issuer, as set forth below in accordance with the requirements of Rule 23c-2 under the Investment Company Act of 1940 (the "Act"), and states that it is filing this notice with the Commission pursuant to permission granted by the Commission staff fewer than 30 days prior to the date set for the redemption.

(1) Title of the class of securities of Calamos Convertible and High Income Fund (the "Trust") to be redeemed. Auction Rate Cumulative Preferred Shares, Liquidation Preference \$25,000 per share, Series M (CUSIP #12811P207), Series TU (CUSIP #12811P306), Series W (CUSIP #12811P405), Series TH (CUSIP #12811P504) and Series F (CUSIP #12811P603), and Series A (CUSIP #12811P702) (the "ARCPS").

(2) The securities are to be called or redeemed no earlier than on the following dates:

Series	Date
M	June 2, 2008
TU	June 3, 2008
W	June 4, 2008
TH	June 5, 2008
F	June 8, 2008
A	June 25, 2008

(3) Applicable provisions of the governing instrument pursuant to which the securities are to be redeemed: The ARCPS are to be redeemed pursuant to Section 3(a)(i) of the Calamos Convertible and High Income Fund Statement of Preferences of Auction Rate Cumulative Preferred Shares.

(4) The number of shares to be redeemed and the basis upon which the shares to be redeemed are to be selected: The Trust intends to redeem, by lot (as determined by The Depository Trust Company), the number of outstanding ARCPS set forth below:

Series	Number of Shares
M	3,000
TU	3,000
W	3,000
TH	3,000
F	3,000
A	2,200
<i>[Remainder of Page Left Blank]</i>	

Pursuant to the requirements of Rule 23c-2 under the Investment Company Act of 1940, the Trust has duly caused this Notice of Intention to Redeem Securities to be signed on its behalf by the undersigned on this 19th day of May, 2008.

CALAMOS OPPORTUNITIES AND HIGH INCOME
FUND

By: /s/ Stathy Darcy
Name: Stathy Darcy
Title: Secretary