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BENSTOCK MIC Form 4/A	HAEL									
February 09, 2006										
FORM 4 Check this box UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549								OMB Number:	PROVAL 3235-0287 January 31,	
if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. <i>See</i> Instruction 1(b).		suant to S a) of the F	ection 1 Public U	SECUE	RITIES le Securit ding Con	ties Excha		934,	Expires: Estimated burden hou response	2005 average urs per
(Print or Type Respons	ses)									
1. Name and Address BENSTOCK MIC		Person <u>*</u>	Symbol	r Name and NOR UNI GC]		-	5. Relatior Issuer	-	Reporting Per	
(Last) (F C/O SUPERIOR I GROUP INC, 100 BLVD	UNIFORM	fiddle) OLE		f Earliest Tr Day/Year) 2006	ransaction		X Dire X Offi below)	cer (give		% Owner ler (specify cer
(Street) SEMINOLE, FL 33772			4. If Amendment, Date Original Filed(Month/Day/Year) 02/09/2006			6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person				
(City) (S	tate) ((Zip)	Tab	le I - Non-I	Derivative	Securities A	cquired, Disp	osed of,	or Beneficia	lly Owned
			ed Date, if	3. Transactio Code (Instr. 8) Code V	4. Securit nAcquired Disposed (Instr. 3, 4	ies (A) or of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s (Instr. 3 and 4)	E 6. Fc (D (I) (I) (I)	Ownership orm: Direct O) or Indirect	7. Nature of Indirect

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

 (e.g., puts, calls, warrants, options, convertible securities)

1. Title of 3. Transaction Date 3A. Deemed 5. Number of 6. Date Exercisable and 7. Title and Amount of 2. 4. Derivative Conversion (Month/Day/Year) Execution Date, if TransactionDerivative Expiration Date Underlying Securities Security or Exercise any Code Securities (Month/Day/Year) (Instr. 3 and 4) (Instr. 3) Price of (Month/Day/Year) (Instr. 8) Acquired (A) Derivative or Disposed of Security (D) (Instr. 3, 4, and 5) Title Code V (A) (D) Date Expiration Amount Exercisable Date or Number of Shares Employee Stock Common 11,750 02/13/2001 02/12/2006 Option \$ 8.5 02/08/2006 Μ 11,750 (1) Stock (right to buy)

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Reporting Owners

Reporting Owner Name / Address	Relationships					
	Director	10% Owner	Officer	Other		
BENSTOCK MICHAEL C/O SUPERIOR UNIFORM GROUP INC 10055 SEMINOLE BLVD SEMINOLE, FL 33772	Х		Chief Executive Officer			
Signatures						

Joan Petronella, POA	02/08/2006		
**Signature of Reporting Person	Date		

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Exercise of stock options was inadvertently reported as an acquisition instead of a disposition.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.