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| GRUBER S Form 4 | COTT L | | | | | | | | | | | |
|--|------------------------------|----------------------------|---|---|---|---------------------------------------|---|--|--|---|--|--|
| May 03, 20 | | | | | | | | | OME | 3 APPROVAL | | |
| FORM 4 UNITED STATES SECURITIES AND EXCHANGE COMMISSION | | | | | | | | | N OMB | 3235-0287 | | |
| Check this box Washington, D.C. 20549 | | | | | | | | Number Expires: | : January 31, | | | |
| if no lor subject Section Form 4 Form 5 obligation may cor | rsuant to So (a) of the P | ection 1 ublic U | SECUI 16(a) of th Itility Hol | RITIES he Secur lding Co | ities mpai | Exchang ny Act c | NERSHIP OF Estimate burden l respons ge Act of 1934, if 1935 or Section | | ed average hours per | | | |
| <i>See</i> Inst 1(b). | ruction | 50(II) (| n the fi | nvestmen | t Compa | пу А | Ct 01 19 | 40 | | | | |
| (Print or Type | Responses) | | | | | | | | | | | |
| | | | 2. Issuer Name and Ticker or Trading Symbol TOMPKINS FINANCIAL CORP [TMP] | | | | | 5. Relationship of Reporting Person(s) to Issuer (Check all applicable) | | | | |
| (Last) (First) (Middle) | | | | 3. Date of Earliest Transaction (Month/Day/Year) 05/01/2019 | | | | | Director 10% Owner Officer (give title Other (specify below) below) below) EVP, Pres. & CEO, VIST Bank | | | |
| | | | | endment, D onth/Day/Yea | - | al | | 6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting | | | | |
| (City) | (State) | (Zip) | | | ~ • • | a | | Person | | | | |
| 1.Title of Security (Instr. 3) | | ransaction Date 2A. Deemed | | | 4. Securit on(A) or Di (Instr. 3, | ties A spose 4 and (A) or | cquired d of (D) 5) | Beneficially Owned Following Reported | 6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4) | 7. Nature of Indirect Beneficial Ownership (Instr. 4) | | |
| Common Stock | 05/01/2019 | | | Code V M | Amount 759 | (D) A | Price \$ 56.29 | 11,836.182 | D | | | |
| Common Stock | 05/01/2019 | | | F | 600 <u>(1)</u> | D | \$ 80.65 | 11,236.182 | D | | | |
| Common Stock | | | | | | | | 752.02 | Ι | by 401(K) ESOP | | |
| Common Stock | | | | | | | | 3,679.701 | Ι | by 401(k)/ISOP | | |

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

 (e.g., puts, calls, warrants, options, convertible securities)

| 1. Title of Derivative Security (Instr. 3) | 2. Conversion or Exercise Price of Derivative Security | 3. Transaction Date (Month/Day/Year) | 3A. Deemed Execution Date, if any (Month/Day/Year) | 4. Transacti Code (Instr. 8) | | | 6. Date Exercisable and Expiration Date (Month/Day/Year) | | 7. Title and Amount of Underlying Securities (Instr. 3 and 4) | |
|---|---|---|---|---------------------------------------|-----|-----|--|--------------------|---|--|
| | | | | Code V | (A) | (D) | Date Exercisable | Expiration Date | Title | Amount or Number of Shares |
| Stock Appreciation Rights (SAR) | \$ 56.29 | 05/01/2019 | | М | | 759 | (2) | 11/04/2025 | Common Stock | 759 |

Reporting Owners

| Reporting Owner Name / Address | Relationships | | | | | | |
|---|---------------|-----------|-----------------------------|-------|--|--|--|
| | Director | 10% Owner | Officer | Other | | | |
| GRUBER SCOTT L C/O TOMPKINS FINANCIAL CORPORATION ITHACA, NY 14851 | | | EVP, Pres. & CEO, VIST Bank | | | | |
| Signatures | | | | | | | |
| /s/ Scott L. 05/02/2019 | | | | | | | |

<u>**</u>Signature of Reporting Person Date

on

Explanation of Responses:

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Shares withheld for option cost and taxes.

Stock Appreciation Rights (SARs) were granted pursuant to the Tompkins Financial Corporation 2009 Equity Plan. SARs have a seven
(2) year vesting schedule with 0% vesting in year one, 17% vesting in years two through six, and 15% vesting in year seven. When exercised, the SARs will be settled in Common Stock of the Company. The grant will expire ten years from the date of the grant.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

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