CROUSE LAWRENCE D

Form 5

February 10, 2010

Reported

FORM 5

OMB UNITED STATES SECURITIES AND EXCHANGE COMMISSION 3235-0362 Number: Washington, D.C. 20549 Check this box if January 31, Expires: no longer subject 2005 to Section 16. Estimated average ANNUAL STATEMENT OF CHANGES IN BENEFICIAL Form 4 or Form burden hours per OWNERSHIP OF SECURITIES 5 obligations response... 1.0 may continue. See Instruction Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, 1(b). Form 3 Holdings Section 17(a) of the Public Utility Holding Company Act of 1935 or Section Reported 30(h) of the Investment Company Act of 1940 Form 4 Transactions

1. Name and Address of Reporting Person * CROUSE LAWRENCE D			2. Issuer Name and Ticker or Trading Symbol HEARTLAND EXPRESS INC [HTLD]				5. Relationship of Reporting Person(s) to Issuer (Check all applicable)				
(Last)	(First) (N	(Mont	3. Statement for Issuer's Fiscal Year Ended (Month/Day/Year) 12/31/2009				_X_ Director 10% Owner Officer (give title below) Other (specify below)				
PO BOX 48	30										
(Street)			4. If Amendment, Date Original				6. Individual or Joint/Group Reporting				
		Filed(d(Month/Day/Year)				(check applicable line)				
DIIDKE Î	ap î 57500										
BURKE,Â	SDA 57523					_	X_ Form Filed by Form Filed by Person	1 0			
(City)	(State)	(Zip) T	able I - Non-De	rivative Sec	urities	s Acqui	ired, Disposed o	f, or Beneficial	lly Owned		
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	e 2A. Deemed Execution Date, any (Month/Day/Ye:	Code	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5) (A) or		l of 5)	5. Amount of Securities Beneficially Owned at end of Issuer's Fiscal Year (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)			
Common Stock	12/14/2009	Â	G	14,994	A	\$ 0	14,994	I	Trustee for Trust (1)		
Common Stock	12/29/2009	Â	G	1,666	A	\$0	16,660	I	Trustee for Trust		
Common Stock	Â	Â	Â	Â	Â	Â	47,565	D	Â		
Common Stock	Â	Â	Â	Â	Â	Â	1,936,276	I	Voting Trustee (2)		

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Common Stock	Â	Â	Â	Â	Â	Â	762,674	I	Voting Trustee (3)
Common Stock	Â	Â	Â	Â	Â	Â	1,710,373	I	Trustee for Shares (4)

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

SEC 2270 (9-02)

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		ate	7. Titl Amou Under Secur (Instr.	nt of lying	8. Price of Derivative Security (Instr. 5)
					(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares	

Reporting Owners

Reporting Owner Name / Address	Relationships						
1 0	Director	10% Owner	Officer	Other			
CROUSE LAWRENCE D PO BOX 480 BURKE, SD 57523	ÂΧ	Â	Â	Â			

Signatures

Lawrence D.
Crouse

**Signature of Reporting Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- The reporting person serves as one of the trustees for shares held by trusts for the benefit of the grandchildren of Russel and Ann Gerdin in which the reporting person has no pecuniary interest in such shares. The reporting person has shared voting and dispositive power with respect to each trust. Beneficial ownership is disclaimed.
- (2) The reporting person serves as voting trustee for shares represented by a voting certificate held by Gerdin Family Investments, LP. Beneficial ownership is disclaimed.

Reporting Owners 2

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- The reporting person is the voting trustee for shares represented by a voting trust certificate held by a grantor retained annuity trust for the benefit of Ann Gerdin. The reporting person has no investment control, dispositive power, or pecuniary interest in shares held by such trust. Beneficial ownership is disclaimed.
- (4) The reporting person serves as trustee for shares held by the 2005 Gerdin Children's Trust but has no pecuniary interest in such shares. Beneficial ownership is disclaimed.

Note: File three copies of this Form, one of which must be manually signed. If space provided is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.