VAALCO ENERGY INC /DE/

Form 4/A January 23, 2015

FORM 4

Check this box

if no longer

subject to

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

OMB Number:

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OMB APPROVAL

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Section 16. Form 4 or Form 5 obligations

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

See Instruction

1(b).

Stock

(Print or Type Responses)

may continue.

1. Name and A SCHEIRMA	2. Issuer Name and Ticker or Trading Symbol VAALCO ENERGY INC /DE/ [EGY]					5. Relationship of Reporting Person(s) to Issuer (Check all applicable)					
(Month/				ate of Earliest Transaction nth/Day/Year) 12/2015				X Director 10% OwnerX Officer (give title Other (specify below) President and COO			
	(Street)			ndment, Date Original th/Day/Year))14				6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting			
HOUSTON						Person					
(City)	(State)	(Zip)	Tabl	e I - Non-l	Derivative	Securit	ties Acq	uired, Disposed o	f, or Beneficial	ly Owned	
1.Title of Security (Instr. 3)	2. Transaction Da (Month/Day/Year	r) Execution	med on Date, if Day/Year)	3. Transactic Code (Instr. 8)	4. Secur. or (A) or D (Instr. 3,	sposed 4 and 5 (A) or	of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
Common Stock	08/12/2014			M	208,50) A	\$ 4.28	326,165 (2)	D		
Common Stock	08/12/2014			F(1)	150,41	2 D	\$ 7 99	175,753	D		

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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7.99

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of	2.	3. Transaction Date	3A. Deemed	4.	5.	6. Date Exerc	cisable and	7. Title	and	8. Price of	9. Nu
Derivative	Conversion	(Month/Day/Year)	Execution Date, if	Transactio	onNumber	Expiration D	ate	Amoun	t of	Derivative	Deriv
Security	or Exercise		any	Code	of	(Month/Day/	Year)	Underly	ying	Security	Secui
(Instr. 3)	Price of		(Month/Day/Year)	(Instr. 8)	Derivative	e		Securit	ies	(Instr. 5)	Bene
	Derivative				Securities			(Instr. 3	3 and 4)		Own
	Security				Acquired						Follo
	•				(A) or						Repo
					Disposed						Trans
					of (D)						(Instr
					(Instr. 3,						
					4, and 5)						
									A manuat		
									Amount		
						Date	Expiration		Or Number		
						Exercisable	Date		Number		
				C + V	(A) (D)				of		
				Code V	(A) (D)				Shares		

Reporting Owners

Reporting Owner Name / Address	Relationships						
·F. · · · · · · · · · · · · · · · · · ·	Director	10% Owner	Officer	Other			
SCHEIRMAN W RUSSELL II 9800 RICHMOND AVE. SUITE 700 HOUSTON, TX 77042	X		President and COO				

Signatures

/s/ W. Russell

Scheirman 01/23/2015 **Signature of Reporting Date

Explanation of Responses:

- If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- The Reporting Person exercised 208,500 non-statutory options. The Reporting Person executed a cashless exercise to effectuate the (1) transaction. The cashless exercise resulted in a net gain of 58,088 shares of directly held common stock. To cover the cost of the options and associated taxes the Issuer withheld 150,412 shares.
- The amount of securities beneficially owned following the reported transaction on the reporting person's original Form 4 omitted 17,500 common shares previously owned and reported.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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