

AMERUS GROUP CO/IA
Form 4
February 24, 2006

FORM 4 UNITED STATES SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549

OMB APPROVAL
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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person *
BROOKS ROGER K

(Last) (First) (Middle)
699 WALNUT STREET
(Street)

DES MOINES, IA 50309

(City) (State) (Zip)

2. Issuer Name and Ticker or Trading Symbol
AMERUS GROUP CO/IA [AMH]

3. Date of Earliest Transaction
(Month/Day/Year)
01/13/2006

4. If Amendment, Date Original Filed(Month/Day/Year)

5. Relationship of Reporting Person(s) to Issuer

(Check all applicable)

Director 10% Owner
 Officer (give title below) Other (specify below)

6. Individual or Joint/Group Filing(Check Applicable Line)
 Form filed by One Reporting Person
 Form filed by More than One Reporting Person

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)			
			Code	V	Amount	(A) or (D)	Price			
Common Stock	01/13/2006	01/13/2006	M		23,669.46	A	Ⓛ	50,134.15	I	Roger K Brooks Revocable Trust
Common Stock	01/13/2006	01/13/2006	F		8,089.69	D	\$ 56.6	42,044.46	I	Roger K Brooks Revocable Trust
Common Stock	01/13/2006	01/13/2006	D		0.77	D	\$ 56.6	42,043.69	I	Roger K Brooks Revocable Trust

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Common Stock	02/13/2006	02/13/2006	M	7,334	A	\$ 0	49,377.69	I	Roger K Brooks Revocable Trust
Common Stock	02/13/2006	02/13/2006	F	3,114	D	\$ 60.28	46,263.69	I	Roger K Brooks Revocable Trust
Common Stock							7,089.287	I	By 401(k) Plan
Common Stock							9,000	I	By Spouse
Common Stock							15,000	I	RKB Partnership, L.P. ⁽²⁾
Common Stock							46,200	D	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
(e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)	7. Title and Amount of Underlying Security (Instr. 3 and 4)
				Code	V (A) (D)	Date Exercisable Expiration Date	Title Amount
Performance Rights ⁽³⁾	\$ 25.68	01/13/2006	01/13/2006	M	3,894.08	⁽⁴⁾ ⁽⁴⁾	Common Stock 3,894.08
Performance Rights ⁽³⁾	\$ 37.16	01/13/2006	01/13/2006	M	6,862.22	⁽⁴⁾ ⁽⁴⁾	Common Stock 6,862.22
Performance Rights ⁽³⁾	\$ 39.08	01/13/2006	01/13/2006	M	4,350.05	⁽⁴⁾ ⁽⁴⁾	Common Stock 4,350.05

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